

Email and Text (SMS) Messaging Informed Consent

In order to communicate with you by email or text message, Coffee with Casey Counseling needs to inform you of any confidentiality risks and ensure you agree to this communication method.

I understand that my e-mail communications with my therapist will NOT be encrypted and, therefore, my therapist can NOT guarantee the confidentiality and security of any information I send to him or that he sends to me via e-mail. I understand that Short Message Service (SMS) messages are even less secure than e-mail, and the same conditions apply.

I understand that for this reason my therapist has advised me to not send sensitive information such as complete SSN via email or SMS message.

I hereby give permission for my therapist to reply to my messages via e-mail, including any information that he deems appropriate, that would otherwise be considered confidential. I agree that Coffee with Casey Counseling shall not be liable for any breach of confidentiality that may result from this use of e-mail via the Internet.

I understand that my therapist will limit SMS messages to brief inquiries or responses regarding scheduling.

I understand that my therapist may at times e-mail me information about resources that I can use as part of my treatment. I hereby consent to receive such information via e-mail.

I understand that e-mail and SMS communication should not be used for urgent or sensitive matters since technical or other factors may prevent a timely answer. I understand that if I use email or SMS to make or request scheduling changes it is my responsibility to confirm that my therapist has received my communication more than 24 hours before scheduled appointment. If I believe I need a response within 48 hours, I will call my therapist instead of email.

Client's Signature

Parent/Guardian (if client is a minor)

Therapist Signature

Email: coffeewithcaseycounseling@gmail.com Phone: 314-502-1103