

## THE MALAYSIA SINGAPORE & BRUNEI CULTURAL ASSOCIATION

Unit 238-2680 Shell Road, Richmond, British Columbia, V6X 4C9, CANADA

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### EVENTS TO WATCH.....

Annual Summer Picnic— July 06, 2019  
MSB Social Night—Sept 14, 2019  
Christmas Party—Dec 07 2019  
New Year's Eve Dinner—Dec 31, 2019  
Chinese New Year— Feb 2020

TBA—To Be Announced  
(Above dates are subject to change)

Refer to Page 3 for Monthly Clubhouse Activities.



Master of Ceremony: Director Sophia Chiam and Richard Liew

### Message from the President....

Dear Members,

Firstly, I was saddened by the passing of three Life Members of our club in February. My condolences to the families for their loss.

Spring is here again and hope all of you will enjoy it. I look forward to our summer barbeque in South Arm Park again. If you want to help out, please register with me or with any of the directors.

From our last Board meeting, the report on our Chinese New Year party was good. I would like to thank all our volunteers, prize donors and all who attended the party. Director Fanny Chua reported that the ballroom classes are exploding, meaning, at its full capacity. That is great and her hard work is paying off.

Lastly, we are making plans to get the walls painted to give the clubhouse a new life.

Meantime, enjoy the spring months and see you again soon.

Sincerely,  
Stanley Low,  
President (2018-2019)



Looking after the registration, L-R, Kaleen Ng, Hong Nee Lim and Aster Liew





## Acknowledgement

Deepest sympathy to the Bal family in Malaysia for the passing of Mohd Hassan Bal. He was very supportive of our club and attended many of our functions in 2008-2009 when he was the Consul General of Malaysia here in Vancouver. From the Board of Directors and members.



## **From Richard's desk...**

Hello Members,

Like I said in my last issue, the format in organizing the newsletter is going to be different. Yes, starting from the front page it is different. The President's message is upfront. Why not? He is the most important person of the club.



My take on the Zen of Driving is on next page. If you have more to contribute on this subject, please send it along. Likewise, I welcome any topics or subjects or nice photos of your pets or sceneries you might have to offer.

Many of my classmates from All Saints' School in Koto Kinabalu, Sabah celebrated their 70th birthday last year and also this year and I am one in the whole bunch. So, I take this opportunity to wish them all a 'Happy 70th Birthday'. Keep reading my newsletter. Terima Kaseh!



How is my plug-in Hybrid Electric car doing over the winter months? Next issue.

Till then. Enjoy the spring season!

Best,  
**Richard Liew, Newsletter-in-Charge**

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### **Board of Directors (2018-2019)**

**President:** *Mr. Stanley Low,*  
(604.889.9288)

**VP Malaysia:** *Mr. George Yee,*  
(604.790.2468)

**VP Singapore:** *Mrs. Fanny Chua*  
(604.222.2323)

**VP Brunei:** *Mr. Danny Thong,*  
(604.649.2931)

**Hon. Treasurer:** *Ms. Rosemary Lai,* (604.649.2006)

**Hon. Secretary:** *Mr. S.K. Chin*  
(604.862.1887)

**Director:** *Mr. Albert Ng,*  
(604.600.7186)

**Director (Membership):**  
*Mrs. Sophia Chiam,*  
(778.840.9479)

**Director:** *Mr. Michael Mok,*  
(604.323.0178)

**Immediate Past President:**  
*Mr. Richard Liew,* (604.377.1201)

**Editor:** *Mr. Richard Liew*

### **Honorary Advisors:**

*Mr. Yeo Sing Lim, OBC*  
*Ms. Polly Voon*

## Annual Summer Picnic

Come and join us on July 6th for our Annual Summer Picnic at the South Arm Park in Richmond. It is located at 8880 Williams Road (intersection of Williams Road and Garden City Road). It starts at 12 noon and we recommend that you get there at 11.30 am.

There will be Char Kway

Teow and Barbeque Chicken. It is FREE for members and you are required to register prior and sign in when you arrive. You will be given coupons to pick up the various food. A bottle of water comes complimentary of the club. Non-members will be \$12.00 each for adult and \$6.00 for children. Bring a lawn chair and enjoy the food!!.



## ASEAN GOLF TOURNAMENT

This year, the tournament will be chaired by the **Malaysia Consulate**. Please write or call one of the Directors for more information.

Chair: Malaysia Consulate  
Golf Course: University Golf Course  
Date: August 9th, 2019, Friday  
Format: Shot Gun Start  
Entry Fee: &180.00  
Time: 1.00 pm tee off



GOLF

Please inform us by email at  
 msbcahq@gmail.com  
 if you are moving or have moved or  
 have changed your email address.  
 Also, inform us if you like your email  
 address removed from our list.

**IMPORTANT:** There are members not receiving notices about events, etc. Either their email addresses are out of date or they do not have a computer altogether. Therefore it would be the member's responsibility to notify us as to how we can best communicate with them. Take a minute to send us a note or call any of the directors. Thank you.

## The Zen of Driving ...by Richard Liew

To me, Zen of Driving is an art.

Determine your route before you step into your car and stick with it. The stress steps right in when you change it.

Zen emphasizes rigorous [self-control](#) (Wikipedia).

When you are late, you are already late. So what is the hurry? Know the bottleneck and take a longer way around it. Miss a turn? Take the next one and you will get there. Bear with it when you hit the road late because traffic volume and pattern changes.

Some signals only function with minimum number of cars over the induction loops buried in the pavement. The loops are also controlled by the rush hour time frame. Know how to use it.



Here is an excerpt by K.T. Berger (Author): Published May 12, 1988.

**Zen Driving can make each driving experience enjoyable, whether it's a daily hour-long drive to work, or a ten-minute run to the local Safeway.**

You may well ask, what *is* Zen driving? The Japanese word *zen* literally means meditation, and meditation means being fully aware, fully in touch with your surroundings. When you are in a meditative state, you are in your natural self, your Buddha self—and you can do it while driving.

But *why* Zen driving? The purpose of *Zen Driving*, the book, is to introduce you to your natural self, which is what remains when you still your mind and ignore your chattering ego. When you do this, you gain confidence in your ability, and finally you *are* that ability. The frustrations of other drivers cutting you off or causing you to sit through two red lights because they're too timid to make a left turn on yellow will no longer make your blood pressure explode.

*Zen Driving* will teach you to look, simply observe without qualification, and *then* make your move. Zen driving is effortless, spontaneous, nondeliberate. It is being one with the road. And in turn, driving becomes a pathway to consciousness, an activity that clears the mind and soothes the soul, something to take with you all those other times when you're not behind the wheel.

## Web Advertising Rate



Business Card Size: \$25 per month or \$250 per year with link to your webpage included.

Our Webmaster is Mr. Christopher Liang

## The Link Newsletter Advertising Rate

Full Page	\$ 75
1/2 Page	\$ 50
Business card	\$ 25

Advertisers wanted. Please call 604-377-1201

## Functions & Activities. (Effective Jan 01, 2019)

The following functions and activities are on at the clubhouse:

Ballroom Lessons for members only—Intermediate. And Advanced. Every Sunday starting at 4pm. Please call Director Fanny Chua to register or for more information. \$10.00 per person.

Zumba Gold Lessons— Every Friday, 6.30 pm to 7.30 pm!!!\$5.00 per person

## Clubhouse Rental Rates (Effective Jan. 01, 2019)

Members —\$20 per hour

Definition: Private use by members for family parties and gatherings; not to be rented for second party use. Renter must be present for that period for time.

Community —\$25 per hour, min.4hrs; \$180.00/day.

Definition: Non-business type Social Group Meetings, Church Groups, Community Groups. *Members and non-members.*

Business/Corporate—\$30.00 per hour, min. 2hrs;

Definition: Business being conducted such as for dancing lessons, seminars, marketing and sales. *Members and non-members.* Exception for Regular Renters (*min. three times/week*): \$25.00 per hour.

Rates are subject to change without notice.

Audio/Visual Equipment not included.

Capacity: 50 people seating, 90 standing.

**Please contact any of the directors for rental.**

## MEMBERSHIP

Please make your cheque payable to:

**MSBCA**  
 Unit 238-2680 Shell Road,  
 Richmond, B.C.  
 V6X 4C9.

Please call Membership Director  
 for

Membership Form or visit our website to print the form.

Annual Membership Fee (effective from date of application for 12 months):

	General	Life
Single/Seniors (60 & over) -	\$25.00	\$250.00

Family (excluding children over 18 years) -	\$30.00	\$300.00
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Corporate Rate: \$200.00 Annually



Snapshots from Chinese New Year's —February 09, 2019.



Colors of Dance Academy - 'Mongolian Dance'



*Front Row L-R: Director S K Chin, Director Sophia Chiam, Past President Richard Liew, Director Fanny Chua, President Stanley Low, Director Michael Mok, Consul General of Malaysia Enche Shamsul Nizam Shamsuddin, Past President Polly Voon'  
Back Row: Director George Lee, Hon. Advisor Yeo Sing Lim, OBC, Past President Guilbert Ho, Director Albert Ng and Director Danny Thong.*

Chinese New Year Celebration .....by Richard Liew

We had 400 guests attended this year 's dinner at the Continental Seafood Restaurant on February 09, 2019, to welcome the Year of the Pig. Consul General of Malaysia Enche Shamsul Nizam Shamsuddin (pictured) and family were our special guests.

The grand prize of \$1,000.00 cash was won by Annie Mok. Once again, we thank Mr. Yeo Sing Lim, OBC, for his generous donation.

Thank you to all the other prize donors and to all the volunteers, namely, Kaleen Ng, Hong Nee Lim, Aster Liew, Rama Chua, Steve Chiam, Lee Kim Gook and her family, and to all the Directors present. Thank you to Past President Tim Wong for sponsoring the printing of the dinner tickets. I thank Director Sophia Chiam for working side by side with me to run the program for the evening. She did not stop asking me 'am I done for the night?. A pleasant Director to work with.

