

THE MALAYSIA SINGAPORE & BRUNEI CULTURAL ASSOCIATION

Unit 238-2680 Shell Road, Richmond, British Columbia, V6X 4G9, CANADA

Website: www.msbea.com

email: msbcahq@gmail.com

EVENTS TO WATCH.....

Annual General Meeting—Sept 26, 2020
Children Christmas Party—Dec 12, 2020
New Year's Eve Party— Dec 31, 2020
Lunar New Year Dinner—Feb 20, 2021
Annual Summer Picnic— Jul 03, 2021
MSB Social Night—TBC

(Above dates are subject to change)

Refer to Page 3 for Monthly Clubhouse Activities.



Orange Lily: Photo taken by Sec. SK Chin from his garden.

Lilium bulbiferum, common names - orange lily, fire lily and tiger lily, is a herbaceous European lily with underground bulbs, belonging to the Liliaceae. The Latin name *bulbiferum* of this species, meaning "bearing bulbs", refers to the secondary bulbs on the stem of the nominal subspecies. [Wikipedia](https://en.wikipedia.org/wiki/Lilium_bulbiferum)



Virginia Spiderwort: Photo taken by Sec. SK Chin from his garden.

Tradescantia pallida is a species of spiderwort more commonly known as wandering jew or walking jew, a name it shares with the closely related species *T. fluminensis* and *T. zebrina*. Other common names include purple secretia, purple-heart, and purple queen. It is native to the Gulf Coast region of eastern Mexico. [Wikipedia](https://en.wikipedia.org/wiki/Tradescantia_pallida)



Message from the President....

Dear Members and Friends,
I hope everyone is fine and staying healthy.

The Board held its 3rd meeting via Zoom on June 10th, 2020. Treasurer delivered the financial monthly statement and members can request the summary by writing in to us. The property taxes in the amount of \$3,552.00 has been paid to the City. The club sponsored \$220.00 to S.U.C.C.E.S.S for the virtual Walk With The Dragon this year. We welcome three new members to the club.

Our clubhouse activities are still in hiatus till further notice. Rest assured, they will not start unless it is safe. Maintaining social distancing is not possible because of the size of the clubhouse.

Our Webmaster reported that news Link is in the 'msbca.com' and you can find the links to Malaysian Consulate, Tourism Malaysia and Tourism Singapore quite handily and easily.

The Board and Honorary Advisors wish you all the very best and enjoy the summer months where you can.

Sincerely,

Stanley Low, President (2019-2020)



Garry Point in Steveston.
Photo by Sharon Lee

Kimchi

Kimchi, a staple in Korean cuisine, is a traditional side dish of salted and fermented vegetables. Photo below is from a Director, who made the kimchi at home. Main ingredients are napa cabbage and white radish soaked for 2 hours in salt. Then added seasoning such as gochugaru, spring onions, garlic, ginger, and jeotgal, etc. Fermenting period is a few days depending on the taste to your liking.



From Richard's desk...

Hello Members and Friends,



Little did we know what was lurking on the horizon, we went about doing our things such as to welcome the New Year 2020, I took off to Phuket, Thailand, came home to celebrate the Lunar New Year, then all hell broke loose. Bang came the pandemic of the century. It changed everything in our comfort zone. It defined what the meaning of life is all about. We started caring for each other to make life better and maintain our sanity.

I am, or should I say, we are starting to learn all over again what it's like to venture out such as shopping, restaurant, social distancing, etc. I attended project site meetings and team members were very attentive to maintain their distance. Strange as it may be, we learn to cope and adapt.

I hope we all stay safe and resume some kind of routine life again in a snail pace.

Back to my newsletter job now and hope for your kind contribution of photos and articles to make it more interesting. The directors are also contributing articles. You too can also contribute an article to this newsletter.

Till then and all the best!
Richard Liew, Newsletter-in-Charge

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Board of Directors (2019-2020)

President: *Mr. Stanley Low*, (604.889.9288)
VP Malaysia: *Mr. George Yee*, (604.790.2468)
VP Singapore: *Mrs. Fanny Chua* (604.222.2323)
VP Brunei: *Mr. Danny Thong*, (604.649.2931)
Hon. Treasurer: *Ms. Rosemary Lai*, (604.649.2006)
Hon. Secretary: *Mr. S.K. Chin* (604.862.1887)

Director: *Mr. Albert Ng*, (604.600.7186)
Director: *Mr. Michael Mok*, (604.323.0178)
Director: *Mr. Henry Mo*, (604.307.2326)
Director/Newsletter: *Mr. Richard Liew*, (604.377.1201)

Honorary Advisors:
Mr. Yeo Sing Lim, OBC
Ms. Polly Voon

Membership-in-charge:
Mrs. Sophia Chiam, (778.840.9479)



Zoom Meeting

Screen shot of MSBCA Board of Directors' meeting on June 10, 2020, hosted by Dir. George Yee, pictured, chaired by President Stanley Low. Membership-in-charge Sophia Chiam also attended the meeting. Directors are experiencing a new version of Board Meeting. What is missing is 'the makan' cooked by Dir. Michael Mok before the meeting.



A Matter of Health...by Richard Liew

I recently downloaded a free App called 'My Health'. I now use it to track my activities with interest, not obsessed with it but find it very useful.

After finishing a golf game, it tracked 12,000 steps and shed off 400 calories. By checking my activities, such as walking, jogging, etc., the lost calories begin to make sense. I have used it to track three golf games so far.

In golf, sometimes you would cap off with a beer. Thinking about a cold beer after a game to quench your thirst with golfing buddies, I found that each can contains 154 calories approximately. Having three cans then would actually get you a net of zero, back to square one really. Not a smart move.

However, you can dump back the calories but you will never lose the good feeling of having a good outing with your golfing buddies after that. That's what counts. Of course, the nachos and dip have not been accounted for yet. But one can balance it to 400 calories with a can of beer and a handful of nachos. It could be tough!

Please inform us by email at msbcahq@gmail.com if you are moving or have moved or have changed your email address. Also, inform us if you like your email address removed from our list.

IMPORTANT: There are members not receiving notices about events, etc. Either their email addresses are out of date or they do not have a computer altogether. Therefore it would be the member's responsibility to notify us as to how we can best communicate with them. Take a minute to send us a note or call any of the directors. Thank you.



@MSBCAVANCOUVER



NEW MEMBERS:

MSBCA welcome the following new members:

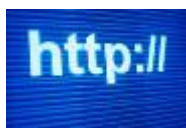
Family:

Tin Lee/Suzanne Chan.
Lynn Chan.
Beatrice Woo



Photo sent in by a Director while vacationing in her summer home on Mayne Island, BC. The island is one of the Gulf Islands in the Strait of Georgia between Mainland British Columbia, Canada and Vancouver Island. The sunrise photo taken at 5.30 am.

Web Advertising Rate



Business Card Size: \$25 per month or \$250 per year with link to your webpage included.

Our Webmaster is Director Mr. George Yee

The Link **Newsletter Advertising Rate**

Full Page	\$ 75
1/2 Page	\$ 50
Business card	\$ 25

Advertisers wanted. Please call 604-377-1201

Functions & Activities.

The following activity is suspended until further notice:

Ballroom Lessons for members only—Beginners, Intermediate and Advanced. Every Sunday 3 to 6 pm. Please call Director Fanny Chua to register or for more information. \$10.00 per person.

Clubhouse Rental Rates (Effective Jan. 01, 2020)

Members —\$20 per hour

Definition: Private use by members for family parties and gatherings; not to be rented for second party use. Renter must be present for that period of time.

Community —\$25 per hour, min.4hrs; \$180.00/day.

Definition: Non-business type Social Group Meetings, Church Groups, Community Groups. *Members and non-members.*

Business/Corporate—\$30.00 per hour, min. 2hrs;

Definition: Business being conducted such as for dancing lessons, seminars, marketing and sales. *Members and non-members.*
Exception for Regular Renters (*min. three times/week*): \$25.00 per hour.

Rates are subject to change without notice.

Audio/Visual Equipment not included.

Capacity: 50 people seating, 90 standing.

Please contact any of the directors for rental.

MEMBERSHIP

Please make your cheque payable to:

MSBCA
Unit 238-2680 Shell Road,
Richmond, B.C.
V6X 4C9.

Please call Membership Director
for

Membership Form or visit our website to print the form.

Annual Membership Fee (effective from date of application for 12 months):

	General	Life
Single/Seniors (60 & over) -	\$25.00	\$250.00

Family (excluding children over 18 years) -	\$30.00	\$300.00
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Corporate Rate: \$200.00 Annually

44th Annual General Meeting

The excerpt of the By-laws regarding qualifications to be a director are as follows:

- 6.2** 1) There must be ten directors.
- 2) A director has a normal term of office of two years, beginning at the adjournment of the AGM at which the director is elected, and ending at the adjournment of the AGM two years later.
- 3) Five directors must be elected at the AGM each year, so that at its adjournment:
- five directors have remaining terms of office of one year, and
- five directors have remaining terms of office of two years.
- A director may be elected to a term of one year so as to comply with this bylaw.
- 4) A director, and a candidate for election as a director, must:
- be a member,
- have a substantive personal connection with Malaysia, Singapore or Brunei, through birth, descent, or otherwise,
- be ordinarily resident in British Columbia, and
- be qualified to be a director of a company under section 124 of the Business Corporations Act.
- 5) An election must be by secret ballot, unless the members present unanimously agree that the election be by show of hands, or there is only one candidate for a position, in which case the candidate must be declared to be elected.
- (No voting by Proxy permitted. Candidates must be present at the AGM)

LOCKED DOWN BUT NOT FORGOTTEN

by

S.K. Chin

“Let’s change the name of MSBCA!” One of the directors in our last ZOOM video conference meeting said. There was complete silence. Then the person who dropped the bomb said, “I’m only joking!”



Seriously, it was a joke. It was an attempt to tune down the negativity of painstakingly cancelling Ballroom Dance, Potluck, Karaoke Nite, MSB Social Night, Summer Picnic etc.

Despite the Covid-19 Pandemic ban on social gathering, the 43rd MSBCA Board of Directors continue to take care of and look after the affairs of the association. We hold monthly Board Meeting via ZOOM. We update and keep track of our scheduled annual/monthly/weekly functions/activities and deal with any matters arising in between.

With the cancellations of the Association’s activities, there are various areas of house-keeping to be resolved e.g. utility bills to be paid, Property Tax, new members to be approved, Newsletter to be published, updating our website and Facebook, and staying in touch with members via Gmail etc. The Board wish to thank Stanley Low and Richard Liew who volunteer to pick up mail and clean the MSBCA Club House on a regular basis. In addition to our monthly ZOOM meeting, the Board has a WhatsApp group-chat where we review, discuss and resolve issues pertaining to our Association quickly and efficiently.

To date, the Board has cancelled the Summer Picnic and the MSB Social Night. The question of the Association’s Members Annual General Meeting has been a concern with the Pandemic dragging with no sign of returning to normalcy. The Board has not been able to decide whether or not to cancel the AGM scheduled in September and allow the current Board to continue for another term since five of the current directors are being elected to a two-year term. We hope to make a concrete decision soon. We welcome members’ feedback on this subject matter.

When I say “Lockdown But Not Forgotten”, I mean although the Board’s ability to perform our duties was bogged down by the constraints of the Pandemic, we have not forgotten the responsibilities bestowed on us to keep MSBCA running and keeping our members abreast of what we do and how we do it.

For the time being, let us stay calm and strong! We wish our members a safe and healthy Summer!



*Fisherman’s Wharf in Steveston.
Photo by: Richard Liew*