



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

ITINERARY:

8 Days in the Canadian Rockies with Visits to Victoria and Vancouver

All attractions and activities are subject to weather and schedule considerations. Roads, routes, and locations may be changed in some circumstances until the roads are safe to drive on, which is typically unknown until the last minute.

DAY 1: Sunday, August 7 - Depart for Calgary – Calgary City Tour



Take a flight to Calgary, Alberta's metropolis, and the gateway to the Canadian Rockies. At the airport, meet your tour manager and board the motorcoach that has been waiting for you. Before beginning a 4-hour city tour of Calgary, stop for lunch at a restaurant. Calgary is a fashionable metropolis nestled between plains and peaks, brimming with creative energy while remaining true to its western heritage. Drive past the tourist traps to find a diverse assortment of historical, architectural, and vintage sites.

Transfer to your hotel in the evening. Enjoy a Welcome Dinner to mark your arrival in Calgary.

Overnight: Calgary

Meals: Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

DAY 2: Monday, August 8 - Visit Banff National Park and ride the Sulphur Mountain Gondola.



We will be leaving for Banff this morning. Take in the beautiful mountain views as you approach Banff National Park, a UNESCO World Heritage Site. The snow-capped mountains, glittering glaciers, and sweeping panoramas are just a small part of Banff's allure in the heart of the spectacular Canadian Rockies. Take in the spectacular alpine grandeur as you travel to Banff National Park, a UNESCO World Heritage Site. You will take a gondola to the top of Sulphur Mountain, where you will be rewarded with stunning views of six mountain ranges and the town below.

If the weather permits, go along the Observation Deck's boardwalk or shop for souvenirs after this fantastic experience. After dinner, return to Banff for an overnight stay.

Overnight: Banff

Meals: Breakfast, Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

DAY 3: Tuesday, August 9 - Lake Louise, Icefields Parkway, and Jasper National Park



A day of unrivalled magnificence! Your tour begins in Lake Louise, a symbol of the classic Canadian mountain environment. One of Banff National Park's most gorgeous spots is noted for its sparkling blue waters and nestled at the base of the majestic Victoria Glacier. After that, take the legendary Icefields Parkway north to Jasper, which offers spectacular scenery of lush green woods, snow-capped glaciers, and towering peaks. We are going to Jasper National Park today, which is Canada's largest national park. The natural splendor of this place will take your breath away! You begin in a part of the park known for its rich vegetation and fauna. Drive up the valley to see Medicine Lake, which is only visible in the summer when the valley is flooded by melting glaciers.

Dinner with the group.

Overnight: Jasper

Meals: Breakfast, Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Day 4: Wednesday, August 10 - Kamloops



Take in the scenery as you leave Jasper and go toward Kamloops. Mount Robson, the highest point in the Canadian Rockies at 12,972 meters, can be found west of Jasper along the Yellowhead Highway (named after a fur trader who had yellow streaks in his hair). You can enter the province of British Columbia by following the Fraser River and then the North Thompson River to Kamloops. Clearwater and Blue River, which offer summer and winter heli-logging and heli-skiing, are on the way to Kamloops, central British Columbia's only large city. Learn about the history of this 2,000-year-old historic settlement.

Overnight: Kamloops

Meals: Breakfast, Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

DAY 5: Thursday, August 11 Victoria via the Coquihalla Highway



You will see breathtaking views of the shoreline as you drive along the Coquihalla Highway this morning. A ferry voyage across the Georgia Strait to Vancouver Island, then a coach ride to Victoria, British Columbia's capital, is the recommended method of transportation. On arrival, you are given a quick introduction to the city, which is evident in the carriages, gardens, and tea cafes that greet you. Enjoy a private evening in the city's historic core, filled with a Victorian ambience.

Overnight: Victoria

Meals: Breakfast, Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

DAY 6: Friday, August 12 - Butchart Gardens, City Tour of Victoria



This morning, take a stroll around the world-renowned Butchart Gardens. It is one of the world's biggest floral displays in the 55 acres (about twice the area of Chicago's Millennium Park) of blooms and show gardens, including the Japanese (Italian) and Rose gardens. Make time for a leisurely lunch before heading back to Victoria. See "mile zero" by returning to the top of the Trans-Canada Roadway (which is the world's longest roadway). Beacon Hill Park is a suitable place to start your city tour of Victoria when you arrive. Thunderbird Park and Canada's oldest Chinatown are both near the Royal BC Museum. Thunderbird Park's carved totem poles can also be found near the museum.

Alternatively, you can take a seaplane tour to see the downtown skyscrapers, spectacular homes on the rocky shoreline, and the islands that make up the Strait of Juan de Fuca from a bird's-eye perspective. This is a once-in-a-lifetime opportunity.

Seaplane Tours Over Victoria, BC are available as an add-on option

Overnight: Victoria

Meals: Breakfast, Lunch and Dinner



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

DAY 7: Saturday, August 13 - Depart Victoria for Vancouver



The final stop on the Western Canada tour is Vancouver, a coastal seaport city with breathtaking views. Travel to Vancouver by ferry; thanks to its temperate climate, it is one of the few places in the world where you can ski in the morning and sail in the afternoon. English Bay, a popular recreational area, and Gastown, the city's oldest neighborhood, both of which were designated National Historic Sites in 2009. Then it is on to Stanley Park via the Lion's Gate Bridge and Prospect Point for breathtaking views of the city's inner harbor, mountains, and the Lion's Gate Bridge. It is finally time to unwind before tonight's farewell dinner. Reminisce about the incredible adventure through beautiful Western Canada as a group.

Overnight: Vancouver

Meals: Breakfast, Lunch and Dinner

DAY 8: Sunday, August 14 - Depart Canada

Transfer to the airport in time for your return flight.

Meals: Breakfast

Escorted Package Includes

- Flight from Toronto to Calgary
- Fuel fees and airline tariffs
- 7 nights' accommodation

1 night in Calgary

1 night in Banff



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

1 night in Jasper

1 night in Kamloops

2 nights in Victoria

1 night in Vancouver

- Hotel taxes, fees, and service charges
- Hotel portorage
- All transfers included only with flight purchase on package arrival and departure dates
- Seven breakfasts, seven lunches, and seven suppers
- Tours in a comfortable, air-conditioned motor bus according to the itinerary
- English-speaking tour manager services throughout
- Entrance costs per itinerary

Special Features

- Explore the magnificent Banff National Park, a UNESCO World Heritage Site
- Take a gondola ride to the summit of Sulphur Mountain for breathtaking sights
- Ride the all-terrain Ice Explorer to the surface of the huge Athabasca Glacier in Jasper National Park
- Drive through breathtaking scenery to Jasper National Park
- On Vancouver Island, take a tour of Victoria.



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Featured Hotels:

The Westley Hotel - Tapestry Collection by Hilton, Calgary, AB or similar (This great tourist hotel is in the central part of Calgary) 3 plus Star



Peaks Hotel and Suites, Banff, AB or similar (The views of Mount Rundle from this tourist-class accommodation are spectacular) 3 Star





Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Pyramid Lake Resort, Jasper, AB or similar (This is a great tourist resort hotel located in the town of Jasper) 3 Star



Accent Inns Kamloops, Kamloops, BC or similar (This tourist-class hotel is in Kamloops' downtown area. 3 Star





Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Chateau Victoria Hotel & Suites, Victoria, BC or similar (This tourist-class hotel is in Victoria's downtown area) 3 Star



Auberge Vancouver Hotel, Vancouver, BC or similar (This first-class hotel overlooks Coal Harbor and is in downtown Vancouver) 4 Star





Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Before you go, be sure you are informed.

Although most of the planning and preparation has been done for you, there are a few things you should be aware of and certain details to keep in mind to ensure your comfort, safety, and peace of mind. Please read the following information before leaving to guarantee that any surprises you encounter along the route are only agreeable.

Getting Ready to go:

Preparing to Travel:

- **Passports and Visas**

It is the obligation of each traveler to have a passport valid for at least six months beyond the dates of travel, as well as a visa if necessary.

- **Planning a Trip**

A little planning ahead of time will make your trip go much more smoothly. Make a list of things you'll need to bring several weeks before your vacation. Ensure that your personal documentations (passports, visas, and driver's license) are in good working order.

Make sure you have enough prescription medications to last the duration of your trip and that you have them on you in case your luggage is delayed.

Make a note of all the pills you'll need, including the dosage and generic names. You might want to bring a modest supply of over-the-counter headache drugs and/or anti-diarrhea pills with you.

If your luggage is delayed or lost, include a change of clothes in your carry-on bag.

Passports, visas, personal identification cards, and any other necessary travel documents should be photocopied and packed separately from the originals.

You can also generate a digital copy of your passport to maintain a clear picture of it on your cell phone or digital camera photos.

Many museums impose restrictions on the size of baggage that can be brought inside for security concerns, and backpacks, carry-on bags, and large handbags may not be permitted. Instead, bring a tiny shoulder bag or purse with you to utilize in these instances. Checked luggage should not contain valuables such as cameras.

Airplane pressure can generate equivalent pressure in your body, particularly in your ears, liquid tubes, and bottles. Decongestion medicine may be recommended by your doctor. To capture any leaks, we recommend placing liquid containers in Ziploc bags.

Advice on Travel Safety:

Travel Safety Advice: Before deciding to book a holiday, we want you to be aware of any conditions that may affect it. While our programs usually proceed as planned, force majeure events such as bad weather, transportation system failures, or uninhabitable accommodations, civil disturbance, and even criminal or terrorist activities might occur



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

without warning. Emmanuel Holidays will cancel a tour only after obtaining verifiable government-issued information. Otherwise, unless otherwise informed, we must adhere to contractual airline and vendor agreements and complete the tour. After consulting with government agencies, airlines, hotels, and other suppliers, Emmanuel Holidays and the local destination ground personnel will make decisions based on your safety first.

Travel Protection

Even the best-planned vacations can be disrupted by unforeseen circumstances. That is why we recommend that you get Travel Protection for your Emmanuel Holidays trip to help protect yourself and your investment. Medical coverage for illness or injury, trip cancellation and/or interruption, baggage loss, medical evacuation, and more are all covered by Travel Protection. You can purchase Travel Protection at any time before making your Final Payment. After a 10-day review period, the protection plan premium is non-refundable. You must also be medically capable of traveling at the time the premium is paid.

Cell Phones

While traveling, you may want to have a cell phone with you. Check with your cell phone provider to see if your phone will work in the places you're going. Staying Healthy While Traveling

Maintaining your health while traveling

All travelers should be aware of local factors that may influence their health, such as high altitude or necessary vaccines. We urge that you seek advice from your personal physician, the Centers for Disease Control (www.cdc.gov), and/or the World Health Organization (<http://www.who.int/en/>).

There are a few simple things you can take to be healthy while traveling that may help you avoid getting sick while you're away from home.

- Keep a close eye on what you eat. Try new foods in lesser amounts, and depending on your destination, you may want to avoid street meals, salad bars, raw vegetables, and fruits with thick peels, such as bananas and grapefruit.
- Drink plenty of water. • If you have food, medicine, or insect bite allergies, or if you have any other special medical difficulties, consider a medical alert bracelet and/or a physician's letter explaining required treatment should you become unwell.
- Carry hand sanitizer and wash your hands frequently. • Pack sunscreen and insect repellent as needed (for both active and warm destinations).
- A small first-aid kit including bandages, antibiotic cream, pain relievers, bug bite cream, digestive aids such as antidiarrheal or anti-bloat drugs, antacids, and cold medicine may also be useful. This is in addition to any prescribed medications, which should be sufficient for the duration of the trip.

Consideration for Tour Participants





Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

We ask tour participants to be respectful of their fellow travelers in the following ways for the benefit of all tour participants:

- Avoid smoking cigarettes, e-cigarettes, or cigars in close proximity to other tour members, even in outdoor locations where smoking is permitted but may still influence other tour members.
- Respect your fellow travelers by avoiding clothing with political or religious themes that may upset other passengers. Guests come from various walks of life and have a wide range of interests. Please avoid discussing things that may offend others, such as religion and politics.
- Refrain from conversation or talking on mobile phones while commentary is in progress
- Respect the mandatory seat rotation rules on the coach
- Use the supplied hand sanitizer on the coach to encourage a healthy environment
- Seek permission before photographing other tour participants
- Respect tour departure schedules to avoid delays and missed sightseeing opportunities

Canada's Climate and Clothing

The weather in Canada varies depending on where you are. The hottest months are July and August, and the coldest months are November and March. Wear comfortable walking shoes and layers of clothing, as well as an all-weather jacket. It is also a clever idea to wear sunscreen, a hat, and sunglasses.

Day of Departure - Arrive on Time

Due to increased security measures, you should plan to check in at least three hours prior to the scheduled departure time for international flights and two hours prior for domestic flights.

What to Do If You're in Need of Help

Whether you booked your flight through Emmanuel Holidays Travel or directly through the airline, keep in mind that Emmanuel Holidays does not own or operate the airline(s) or the airports where they fly. Flying may be a difficult experience at times, especially when things do not go as planned and airline explanations are unclear or even false. If you have a problem, stay cool and contact Emmanuel Holidays or the airline directly for assistance.

Lost Luggage

Before leaving the airport, you must file a baggage claim form with the airline if your luggage is lost or damaged. You will be responsible for any costs associated with retrieving your luggage, and you should keep receipts to report to your insurance provider. You may be required to personally retrieve your bags from an airport.

Hotel Check-in/ Check-out



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

Check-in is usually not before 4:00 p.m., and check-out is usually before midday. Hotels will normally enable you to store your luggage in their luggage room if you arrive early in the morning or depart late in the evening. Inquire at the front desk if the hotel can check you in sooner or extend your stay.

Eco-Friendly and Sustainable Tourism at Your Destination

We support global efforts to make the world a more environmentally friendly place, and we are intolerant of any sort of cruelty, abuse, or deliberate environmental harm. As a result, we suggest that our clients keep a close eye on their belongings while traveling and report any abuses they may come across. One of the numerous advantages of tourism is the exchange of cultural information and the eventual elimination of undesirable behavior through education. To enable this element of symbiosis, we rely on your positive comments. We ask that you demonstrate tolerance and respect towards local customs while you travel and learn about other cultures.

Gratuities

Tipping is always a personal decision to make. Please use the summary below as a reference for recommended gratuity amounts for your convenience. Gratuities can be paid in local currency or the equivalent in US dollars if approved. Please be advised that many locals regard tipping to be a standard component of their pay, and some may approach you for more "compensation." There is no need to be alarmed by the request, and you should not feel obligated to pay more than is suggested. Please inform your tour manager or contact our local office if any behavior makes you uncomfortable. For your convenience, numbers are included in your documents.

Suggested Tipping: North America

Tour Manager: US \$7 per person per day for a Tour Manager (Tour Manager, may or may not function as a guide).

Driver: \$4 per person per day, \$2 per half day (provides chauffeur services and limited luggage assistance).

Local Guide (Provides detailed information on a certain location.) A tour itinerary may include one or more guides): US \$3 per person each day of sightseeing, US \$2 per half day

Hotel porters are included in the price.

About Your Sightseeing

On our motor coaches, there is a mandated seat rotation policy that will be established by your Tour Manager to ensure a pleasant and equitable experience for guests on our escorted excursions. Some buses have toilets; however, they are only for emergency use and require the vehicle to come to a complete stop for safety reasons before being used. Some monuments and sites may be closed, sometimes without notice, when travel dates overlap with religious holidays or national events. Escorted tour itineraries may be altered to reflect these closures on these days.

There may be last-minute modifications, occasionally after arrival, during holidays and particular periods, and/or due to other unforeseen situations such as weather conditions, which may vary the sequence of the tour and destinations visited. Renovations to national monuments and tourist attractions are common, and they can impair the monument's view. No tours will be canceled owing to renovations; however, Gate 1 will decide whether to change an itinerary based



Emmanuel Holidays Inc.

50 Main Street, Ste. 1000, White Plains, NY 10606

Work: 914 560 4000, Cell: 914 602 2137

director@emmanuelholidays.com

www.emmanuelholidays.com

on the circumstances. Your tour manager will not organize a group photo or collect passenger email addresses for a group list to respect the privacy of all trip participants.

Currency

Before you leave, we recommend collecting a little quantity of currency for the first nation you will be visiting (except India). Carry a chart with you to assist you in converting dollars to the local currency. It is also a good idea to keep your cash to a minimum. Many nations have ATM machines that accept most ATM cards; nevertheless, make sure you remember your ATM password in numbers, as foreign ATM keypads do not usually contain letters. Only cash in local currency will be dispensed by ATM devices. Consult the relevant consulates for the most up-to-date currency allowances and requirements.

Canada - The Canadian dollar is the local currency.

Credit Cards

While credit cards are accepted in most destinations, it is advisable to carry local currency. Inform your credit card company that you are traveling to avoid your card being blocked for security reasons.

Canada

General Emergency: 911

Languages

Canada - English & French are the official languages.

Electricity

Please note: Canada uses 110 volts, and you can purchase a converter and transformer at most hardware stores for your 110 V appliances.

Canada - The voltage used is 110 volts.

Code of Conduct

Canada - Even strangers find Canadians to be highly warm and informal. Greetings are usually informal, and people are known by their first names. The standard greeting, especially for first interactions, is a handshake. Unless there is a formal occasion, casual dress is the norm.

Holidays

On public holidays, there may be reduced public transportation, as well as limited hours or closures of attractions, shops, and restaurants.