



COVID-19 & e-Blindfold Multi-Sensory Photography

Why Blindfold Multi-Sensory Photography during COVID-19

It is a special project for photographers to engage their **senses, mind, heart and creative skills** to tell their a unique story while staying at home and limited outdoor activities during COVID-19.

The world as we knew has paused for the moment, perhaps changed forever. The global pandemic of COVID-19 is posing huge and unfolding challenges for the entire humanity. Most of us are feeling especially dejected in our isolation and stressed out by unpredictable time ahead.

Spending most of our time at home and limited outdoor activities, as photo enthusiast or professional one may be thinking that their options for photography projects are pretty limited, even lack inspiration or frustrated that they can't go to cool locations. Professionals can't work on photo assignments - some unfinished, some on hold, some postponed or cancelled.

Photography is the medium of light. **Sensory Photography is the ground zero of photography; it is art of taking pictures without sight.** Multi-Sensory Photography is predominantly practiced by the visually impaired while people with sighted may experience it using blindfold.

e-Blindfold multi-sensory photography workshops **over virtual platforms** like ZOOM will reduce mental stress of participants, “fill-in” for the deficit of creative opportunity while staying at home and limited outdoor activities, keep them creatively engage while learning a whole new experience of taking photographs and discover “self”.

Stay Home Stay Safe with Blindfold Multi-Sensory Photography

Most of us with OPEN EYES take for granted the objects and daily things happening at our home, we find no potential merit and motivation to take pictures.

Once BLINDFOLD we imagine ourselves eventually going temporarily blind and our home becomes unknown and disoriented space. We know, for a moment, how it feels walking indoors from a sunny day, stumbling while going to the toilet at midnight, and searching for a matchbox when the power goes off.

During virtual photo workshop participants at home are given **seven (7) challenges** to take pictures of objects, daily happening and family members offering different **NON-VISUAL SENSORY** clues.

While **blindfold** participants have to take pictures based on –

1. **TOUCH** like textures, shapes and patterns
2. **SOUND** like running tap, worship bell, pressure cooker whistle
3. **SMELL** like home baked cake, cup of coffee and open dust bin
4. **WARMTH OF LIGHT** like light thru window, shadow, lamps lighting the room
5. **SELFIE** of body parts with the surrounding like pointing fingers and foot
6. **SELF-PORTRAITS** on mirror **with and without** camera in the picture
7. **PORTRAIT OF FAMILY** in different modes expressing feelings

Process of virtual Blindfold Multi-Sensory Photography workshops

Creative quality of pictures coming out of the workshop will depend on how participants can convert simple objects, events and daily activities at home into photographic art work.

1. Registration of participants
2. Schedule Photo Workshop on e-meeting platform (*Workshop will be for 2 hours, number of workshop sessions will depend on number of participants*).
3. Workshop offer below experiential activities -
 - a) Concept of Sensory Photography.
 - b) Talk by established complete blind photographer
 - c) How to create mental pictures using non-visual senses and imaginations
 - d) How to handle camera while blindfolded.
 - e) Actual taking pictures. Each participants have to take minimum 5 pictures for each 6 categories - touch, sound, smell, warmth of light, selfie of body part and portrait self and family members. Total 30 pictures per photographer
4. Participants would upload pictures on cloud e-Gallery. (*Beyond workshop participants may continue to take pictures with blindfold and upload pictures*).
5. e-Gallery will be promoted on social and digital media.
6. By end of 2020 or later best pictures will be selected from the e-gallery and awarded

Impacts of Blindfold Multi-Sensory Photography during COVID-19 and beyond

What I hear I forget.

What I see I remember.

What I do I know.

This Tibetan saying is probably the summary of the experience of Blindfold Multi-Sensory Photography, offers learning, fun, whole new experience and realization that though things look difficult, they are just done differently.

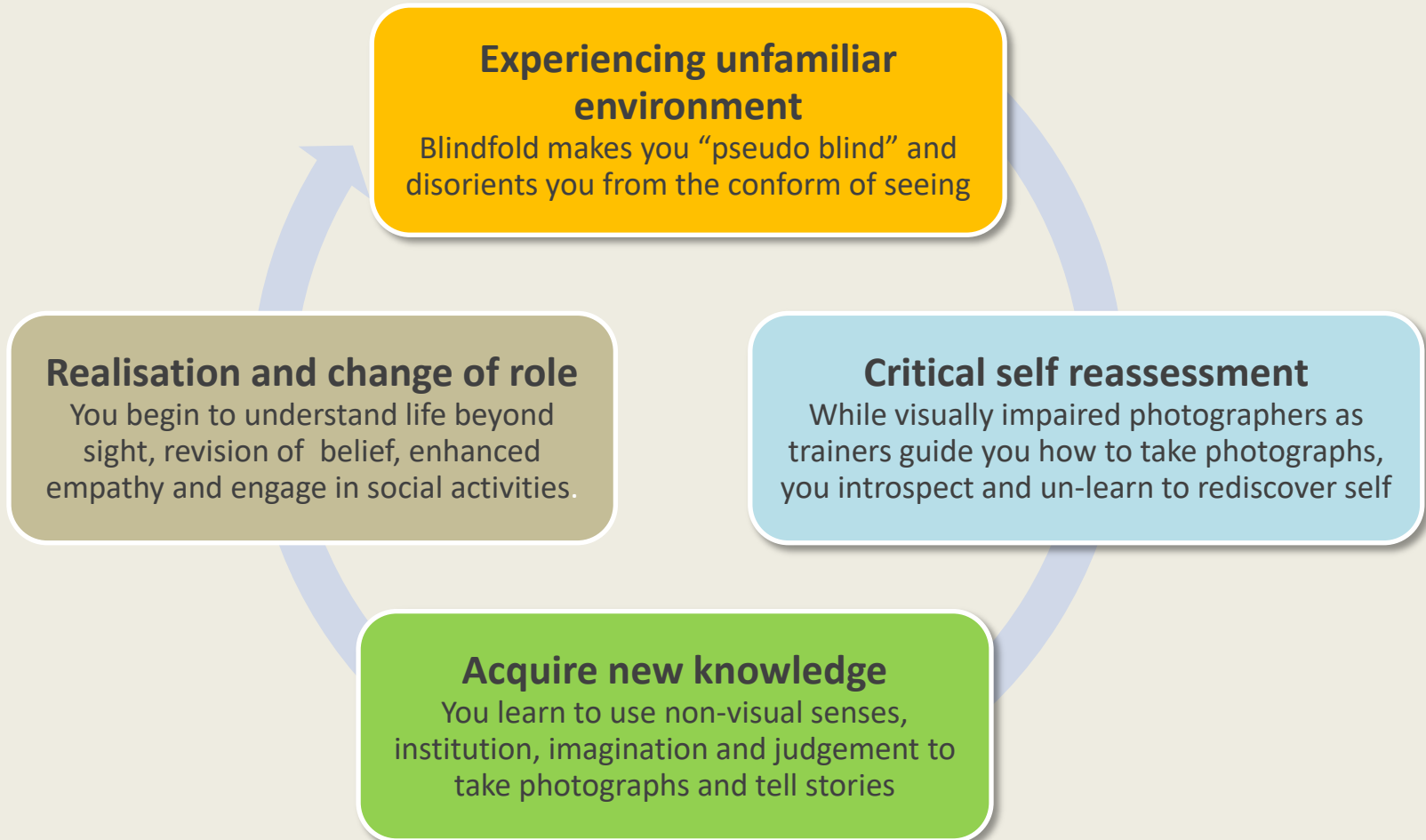
While COVID-19 has torn out of our social routines, Blindfold Multi-Sensory Photography torn out participants from familiar acceptance of their home, experience their limited senses, reflect back and self realize to spark thoughts that dissolve their predetermined mind-sets, open new perspectives and brings them closer to life.

COVID-19 is not to stay permanently, the experience of Sensory Photography will stay with participants for years.

Blindfold Multi-Sensory Photography demystify the polarity between sight and blindness, sensitize participants develop a sense of understanding toward visually impaired, reduce gap between “us” and “them” to inspire social change.

Putting Transformative Learning Theory into Practice

Blindfold Multi-Sensory Photography is practical implementation of American sociologist Jack Mezirow's *Theory of Transformative Learning* by taking participants through four stages.



Interested in Blindfold Multi-Sensory Photography over e-meeting platform?

Contact

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*Thank
You*