

SCHOLARSMARTS! PRESENTS: A HEALTHY PAUSE-FOR SOCIAL MEDIA!

DATE & TIME COMING SOON!

LEARN THE 5 DIGITAL SKILLS

1. Self - Awareness
2. Self - Management
3. Responsible Decision Making
4. Relationship Skills
5. Social Awareness



GREEN RIBBON PLEDGE DAY!

A Healthy Pause! - for Social Media is a sustainable Project. This is the final commitment phase after our workshop where families come to a mutual agreement, sign the Scholar Smarts! pledge, and wear green ribbons on back packs or attach to favorite items. This display keeps the conversation going and can have a huge impact if the "Green Ribbon Day" phase is implemented at a specified date. This is a great way to make this Scholar Smarts! campaign interactive while creating healthy Social Media and Technology habits.



PARENTAL CONTROL SOLUTIONS

Scholar Smarts! supports and advocates **Common Sense Media** who is the trailblazer in this arena. Visit their website for a wide array of parental control solutions, from OS settings to monitoring apps to network hardware. visit www.common sense media.org. We want to be responsible adults and know that it's okay to continue to monitor your family's screen time and be aware of any behavior that is of concern.



IT'S TRUE! ADVERTISERS USE ONLINE DATA!

Technology is used daily and offers many advantages to making our lives more productive and offers simple ways to communicate to family and friends. However, the risks involve being influenced by certain advertisers who are seeking a return on their investment. Through complex algorithms, screen time may give the user an experience that is not conducive to the learning and comprehension levels. Emotions happen! Fake news can also catapult from poor sources.



Seek Health Resources

When families may require professional assistance.
NAMI <https://namigreaterkc.org>
Or text "HelpLine" to 62640
Your Local Family Medical Staff
Call 988 For Local Emergency Help



Contact Scholar Smarts! For your Group Presentation!
scholarsmartskcmo@gmail.com

