

Liebell Clinic:

Pre - Bio-energetic Evaluation & Treatment Guidelines

- **Please drink plenty of water on the day of your visit, beginning first thing in the morning and throughout the day.**
- **Prior to entering Dr. Liebell's exam room, please remove all electronic devices from your body. This includes cell phones and smart watches. It is preferred that cell phones are turned off.**
- **Please remove earrings, wrist watches, and bracelets and anything else that may physically or electrically obstruct examination of hands and ears.**
- **Please avoid wearing perfume or cologne.**
- **Avoid (if possible) 2 hours prior to your exam, consuming vitamin or mineral supplements, essential oils, homeopathic formulas, herbs, chocolate, coffee, or herbal teas.**
- **Continue to take conventional Western medication prescribed by other physicians. However, if it is acceptable, avoid taking such medications 2 hours prior to your evaluation. You would take them as recommended by your physician immediately afterwards.**