



2023 AARM Conference Agenda

Kananaskis

Sept 13th-15th, 2023

<u>Wednesday, September 13</u>		
1630	Registration - Rockies Room Head Shots	Jennifer Jones Photography
1730-1830	The importance of sleep and how of sleep affects the brain, performance, and mood; seen through avenues including neuro imaging	Caroline LaPierre
1830	Pizza, Poutine, Engagement time	
<u>Thursday, Sept 14</u>		
0730-0830	Breakfast – Forte Restaurant	
Conference & AGM: Explorer Room		
0845 - 0900	Welcome	Kandis AARM President
0900 -1030	Internet Safety	Paul Davis
1030 -1045	Break	
1045 - 1200	AGM	Kandis AARM President
1200 – 1300	Lunch	
1300 – 1400	Diversity and Inclusion	B Adair from GEDI Hub
1400-1500	Practical Pursuit of Knowledge	
1500-1600	The Power of Foods	Amy Bondar
Dinner Reception: Gold Room		
1930	Dinner and Entertainment ~80s Theme Night~	Matt Day
<u>Friday, September 15</u>		
0745-0845	Breakfast - Forte Restaurant	
Conference: Explorer Room		
0900-1200	Jump! Relax! Don't Worry Be Happy! Nothing's Gonna Stop Us Now!	Matt Day
1200-1215	Closing Remarks	Kandis, AARM President