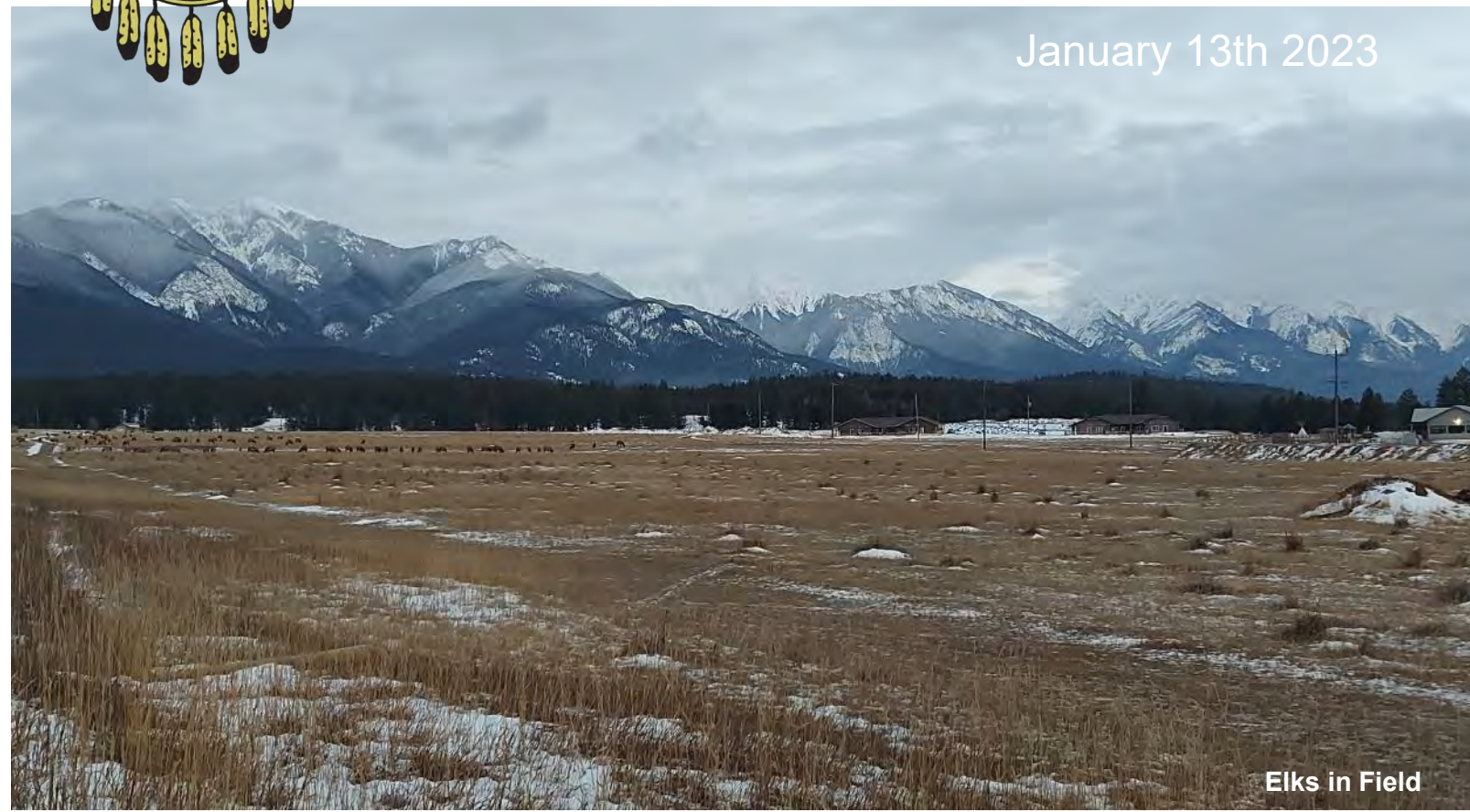




# ʔakisq̓nuk Community Newsletter

January 13th 2023



Elks in Field

## In this issue...

- Member Messages
- Self Care
- Upcoming events
- Reminders and Notices
- Learn Something new
- Community Engagement Needed
- Employment opportunities
- For ʔakisq̓nuk artists and photographers to submit
- Self Care
- Community Quality of Service Survey
- Chief and council
- Elders' Corner



# Members Messages

## ʔAKISQNUK FIRST NATION NOTICE OF NOMINATION MEETING

Notice is hereby given that the ʔakisqnuq First Nation has called a Nomination Meeting on **January 4, 2023** in accordance with the ʔakisqnuq First Nation Custom Election Regulations (2022) for the purpose of eligible Electors nominating one (1) candidate for the Office of Councillor, to be elected in a By Election on **February 13, 2023** for the balance of the current term.

### NOMINATION MEETING

**JANUARY 4, 2023  
6:00PM – 7:00PM  
BAND OFFICE  
3050 HIGHWAY 93/95  
WINDERMERE, BC**

#### IMPORTANT INFORMATION – PLEASE READ

Nominees **MUST** attend the Nomination Meeting (in person or by Zoom) to accept their nomination, and **MUST** attend the Candidate Forum.

Nominees must sign an acceptance of nomination, complete criminal records check (including a vulnerable sector check, and a declaration of eligibility form within 48 hours of accepting nomination.

Nominees are fully responsible for properly completing all nomination requirements AND submitting these document requirements to the Electoral Officer.

Any candidate for the office of Councillor must:

- be of Ktunaxa ancestry;
- be 18 years of age and qualify as an Elector;
- be nominated for that office, in accordance with the procedures set out in these regulations;
- ordinarily reside within the Ktunaxa Traditional Territory;
- not have been convicted of a criminal offence within seven (7) years prior to their nomination;
- subject to a five (5) years drivers license abstract that is clean from Immediate Roadside Prohibitions;
- provide a clean vulnerable sector check; and
- not be in arrears on any established legal indebtedness to ʔakisqnuq First Nation or any of its business entities by the date of the election;
- have not resigned from Council within the last 4 years;
- has not been removed from Council within the last five (5) years.

Please read the Election Code for complete details, nomination meeting and Candidate requirements.

**You may join the  
Nomination Meeting by Zoom :**

<https://us02web.zoom.us/j/86812300928?pwd=YW5GVFNlYU1rL240SnNjTE95dVJjQT09>

**Meeting ID: 868 1230 0928**

**Passcode: OneFeather**

The Election Code, and the official Voters List of all Eligible Electors shall be posted and available during regular business hours and can be obtained at the ʔakisqnuq Administration Office; are available on the ʔakisqnuq First Nation website; can be requested from the Electoral Officer; or can be downloaded at:

<https://www.onefeather.ca/nations/akisqnuq>

**CANDIDATE FORUM  
January 26, 2023  
Band Office  
5:00pm- 7:00pm**

### NOTICE OF ELECTION

**Advance Poll – 12:00pm to 6:00pm  
February 6, 2023**

**Regular Poll – 10:00am to 7:00pm  
February 13, 2023**

**BAND OFFICE  
3050 HIGHWAY 93/95  
WINDERMERE, B.C.**

Eligible Electors may vote in person at the In-Person Polling Stations, by electronic ballot, by mail-in ballot (must be requested; not automatically sent), or by telephone in this election.

For more information or assistance please contact the Electoral Officer via OneFeather using the contact information provided for at the bottom of this Notice.

Date for reference: December 14, 2022

If you need any assistance or support please contact OneFeather:

Office: 250-384-8200 Toll Free: 1-855-923-3006 Email: [support@onefeather.ca](mailto:support@onefeather.ca)  
209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/akisqnuq>

# Members Messages



## ʔAKISQ'NUK FIRST NATION FINAL CANDIDATE NOTICE

Notice is hereby given that the ʔakisq'nuK First Nation held a Nomination Meeting on **January 4, 2023** in accordance with the ʔakisq'nuK First Nation Custom Election Regulations (2022) for the purpose of eligible Electors nominating one (1) candidate for the Office of Councillor, to be elected in a By Election on **February 13, 2023** for the balance of the current term.

### OFFICE OF COUNCILLOR

SURNAME	FIRST NAMES
ALPINE	JANICE MAE
HUDSON	ANNA LOUISE (SAM)
KAINS	LEONA MAE
NICHOLAS	ADAM LAWRENCE

### CANDIDATE FORUM

**26 January 2023**

**BAND OFFICE**

**5:00pm- 7:00pm**

<https://us02web.zoom.us/j/83217725046?pwd=ZUE1S0xyNitpWnpKYjFJdnFOOEJlZz09>

Meeting ID: 832 1772 5046

Passcode: OneFeather

### NOTICE OF ELECTION

ADVANCE POLL	REGULAR POLL
Band Office – 12:00pm to 6:00pm February 6, 2023	Band Office – 10:00am to 7:00pm February 13, 2023

Eligible Electors may vote in person at the In-Person Polling Stations, by electronic ballot, by mail-in ballot (must be requested; not automatically sent), or by telephone in this election.

For more information or assistance please contact the Electoral Officer via OneFeather using the contact information provided for at the bottom of this Notice. Date for reference: 11 January 2023

If you need any assistance or support, please contact OneFeather:

Office: 250-384-8200 Toll Free: 1 855-923-3006 Email: [support@onefeather.ca](mailto:support@onefeather.ca)  
209-852 Fort Street, Victoria, British Columbia, V8W 1H8

<https://www.onefeather.ca/nations/akisqnuK>



# Members Messages

Starting Monday, January 16, 2023



## Columbia Lake Walking/Running Club

Welcome to the Columbia Lake Walking/Running Club.

I hope that everyone who joins this club will get healthier, stronger, and feel good. I hope everyone makes new friends, and sees old friends. This walking and running club welcomes everyone and hopefully will be the beginning of an amazing 2023.

I would like everyone that joins this club to commit to 3 or more times per week to walk or run and keep track of the laps daily. With a commitment of 3 times per week, we will see improvement.

The first part of this club will run for 8 weeks and hopefully will continue. We will have a celebration at the end of 8 weeks and see how far we have walked or ran. All you will need is clean comfortable runners, clothes and water bottle.

You can walk at anytime, any day; Whenever would be convenient for you, your family and your schedule. I would like to start a facebook page for us all to communicate. Maybe find out when others are walking so we can walk together, give updates, and encourage and support us all.

You should journal your beginning weight and measurements for your own information to track your progress. Please also track your laps.

When you enter the rec. centre, there will be a book to log sign in, sign out, date, your name, and how many laps you walked or ran. I will be charting it on the wall upstairs so you can see how far you have gone.

Please bring welcoming, positive, encouraging words and actions. We all want to have a healthy and great beginning to 2023!!!

\*\* Registration @ Rec. Centre \*\*

Cheers!

Hilary Vance

(250) 688-6135

# Members Messages



## Columbia Lake Walking/Running Club

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Akisqnuq: Yes \_\_\_ No \_\_\_

Shuswap: Yes \_\_\_ No \_\_\_

Other: Yes \_\_\_ No \_\_\_

Cost: \_\$60.00 (will cover the full 8 weeks of walking track)

I would like to be part of the walking / running Facebook page Yes \_\_\_ No \_\_\_

(If yes, please provide your facebook identity to send invite to)

\_\_\_\_\_

Walking track availability: Monday-Friday 9:00 am – 8:00 pm

Columbia Lake Walk Run Club Registration forms can be returned to the Rec.Center (Rec hours Monday -Friday 9am -8pm)

I didn't choose the rez life



The rez life chose me





# Members Messages



**Ki?su?k kyukyit/Greetings** ka ?aknik,  
**Hu qaktik/My name is**, Tish Lovely and daughter, Bella.  
Bella Lovely and I wish to extend our gratitude for the recreation fund our family received last year. We stay active outdoors in mother nature and strive to minimize harmful screen time. We play in the lakes in the summer and on the snowy slopes (**?a-k?u/snow**) and ice in the winter. Triumphantly, Bella got up on water skis for the first time this year in my favourite Lake of Many Colours, **Kalamalka!** Bella **LOVES/ç?akiç** to score in soccer and this year, her tenth, she played on her first volleyball team! Also new this year: we each got a new pair of roller skates and went to an adjoining town to participate in skating events, including a dress-up Halloween skate. Another new recreation activity was that I bought a stand-up paddle board and was able to **float swiftly/çiqu!** When I couldn't run, ski, or swim outdoors, I dropped into the pool and used the weight room at a local recreation facility since I am a geriatric mother who needs to keep up with her kid! Did you see the

word *run*? I bought a pair of running shoes in the spring and by the end of the season I ran my first 5K run! How great it is to find a new love!

The biggest recreation opportunity that this grant afforded my small and happy family, aside from paying for off-season competitive soccer and volleyball training (gee can only rich kids afford to become better athletes?) was that Bella was able to pay a nearly thousand dollar rate to participate in musical theater. Bella loves **ha?a-tiçwasxuniyikimik/to be singing joyfully while dancing!** Most importantly, Bella has been struggling with social relationships. At school, we are lucky to have an Indigenous room where Bella has a safe hang-out during lunch breaks. She was lucky to make a new friend this year at the Actor's Studio, and for that, I am the most thankful!  
With love, gratitude, hope, health, and kindness,  
**Hu Sukiçmiyitni/Wishing you for the day to be fine**  
Bella and Tish Lovely, B.A., B.Ed., M.Ed. (she, hers)

# Self-Care



**ʔ a k i s q n u k**  
**Health Centre**  
 &  
**Ktunaxa Kinbasket**  
**Child & Family**  
**Services**  
 250-342-6379

**COME ON IN, GRAB A  
 FREE COFFEE, A BOOK,  
 AND CHECK OUT OUR  
 SERVICES AND  
 RESOURCES!**



You can often  
 find free  
 donated food  
 items, and even  
 a pot of chili or  
 soup on the  
 stove!

Stop by between  
 830-12 or 1-430,  
 Monday-Friday.

## Ktunaxa Kinbasket Child and Family Services Society (KKCFSS) But... who are we?

KKCFSS is a non-profit organization available to Ktunaxa citizens, First Nations, Métis and Inuit living on and off-reserve in the Ktunaxa Traditional Territory. We have integrated multi-disciplinary teams delivering holistic services through the following key programs areas:

- Intake and Child Protection
- Guardianship and Family Delegated Services
- Kinship and Residential Care
- Aboriginal Family Support Services

- Prevention, Early Intervention and Therapies
- CYMH Wellness and Family Counselors
- Early Years Program
- Reconnection and Cultural Support
- Justice Support Services
- Aboriginal Youth Services
- Admin Support Services and Maintenance

For more information, visit our website [kkcfss.org](http://kkcfss.org)



## Upcoming Events: Mark your calendars



# CALLING ALL ELDERS:

Complimentary legacy portraits for Elders 65+

BOOK YOUR 15 MINUTE SESSION:  
**JANUARY 31, 2023 1PM-3PM**  
CONTACT THERESA KAINS (250) 342-6301 EXT. 3814

**PLEASE BRING A CHERISHED PHOTOGRAPH OF YOU IN YOUR YOUNGER DAYS.**

Local photographer KimberleyRae is compiling layered photographs & stories of  
Columbia Valley Community Elders for a personal art project.

A signed model release is required & you'll receive a free print & your digital images.

For individuals & couples 65+

Visit [info@kimberleyrae.ca](mailto:info@kimberleyrae.ca) for more information



# Upcoming Events: Mark your calendars



- **2023 January**
- **Jan 18th 10am.:** ʔakisq̓nuk Chief and Council meeting.
- **Jan.19th 2-4pm.:** ʔakisq̓nuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- **Jan. 25th 1-3pm.:** Call to Gather Ktunaxaniḥtik - Fire & Forest Field Day at Columbia Lake East Side Highway 95 rest stop. Includes BBQ lunch. Learn and Share about Fire ecology, ecosystem restoration, Healthy forests, Traditional practices and more. Guest speakers will join at 1pm share about ecosystem restoration projects being planned for this summer in areas near Columbia Lake. Contact Dustinaya Duteau [dustinaya.duteau@ktunaxa.org](mailto:dustinaya.duteau@ktunaxa.org)
- **Jan. 26th 5-7pm.:** ʔakisq̓nuk Candidate Forum at ʔakisq̓nuk First Nation.  
<https://www.onefeather.ca/nations/akisqnuk>
- **Jan. 31st 10:30am -2pm.:** Flu Shot/Shingles Clinic at AFN health center. To Book an appointment or cancel contact 250 342 6379.
- **Jan.31st 10am.:**ʔakisq̓nuk Elders committee meeting at ʔakisq̓nuk Band Hall, Zoom available.
- **Jan.31st 1pm.:** Columbia Valley Elders (65+) photo session with KimberlyRae at Akisqnuk. Book your session with Theresa. Bring a picture of yourself from the younger days or a meaningful object.
- **Check out the Columbia Valley Events Website for more local activities throughout the Valley.**

<https://www.cvchamber.ca/community-events/>



# Upcoming Events: Mark your calendars

## ʔAKISQNUK FIRST NATION NOTICE OF NOMINATION MEETING

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### NOMINATION MEETING

**JANUARY 4, 2023**

**6:00PM – 7:00PM**

**BAND OFFICE**

**3050 HIGHWAY 93/95**

**WINDERMERE, BC**

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- provide a clean vulnerable sector check; and
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- have not resigned from Council within the last 4 years;
- has not been removed from Council within the last five (5) years.

Please read the Election Code for complete details, nomination meeting and Candidate requirements.

You may join the  
Nomination Meeting by Zoom :

<https://us02web.zoom.us/j/86812300928?pwd=YW5GVFNiYU1rL240SnNjTE95dVJlQT09>

**Meeting ID: 868 1230 0928**

**Passcode: OneFeather**

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**Band Office**

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For more information or assistance please contact the Electoral Officer via OneFeather using the contact information provided for at the bottom of this Notice.

Date for reference: December 14, 2022

If you need any assistance or support please contact OneFeather:

Office: 250-384-8200 Toll Free: 1-855-923-3006 Email: [support@onefeather.ca](mailto:support@onefeather.ca)  
209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/akisqnuq>

# Service Canada

Service Canada and CRA

Presentation February

3rd 1-4 pm

The Service Canada Top-  
ics include:

CPP, EI, Social Insurance Numbers, Services for Youth, Indigenous Services and Fraud/Scan Awareness.

The CRA can provide a Tax Clinic and help to apply for benefits such as the one time rent payment of \$500.

RSVP with Karen Vargas

([karen.vargas@akisqnuq.org](mailto:karen.vargas@akisqnuq.org))

# Upcoming Events: Mark your calendars



**WEDNESDAY**  
**January 25**  
10am-1pm  
Includes bbq lunch  
@ Highway 95 Rest Stop

**Learn and share about:**

- Fire ecology,
- Ecosystem restoration,
- Healthy forests,
- Traditional practices and more...

**Optional Activity**  
1pm-3pm  
Guest speakers will join us at 1 pm share about ecosystem restoration projects being planned for this summer in areas near Columbia Lake.



Contact:  
Dustinaya Duteau  
dustinaya.duteau@ktunaxa.org




## AFN Health Center Shingles/Flu Vaccine Clinic

January 31th  
10:30 - 2:30pm  
Vaccine is free for members who are 65 years and older who have FNHA Health Benefits.



**CALL NOW**

+250-342-6379  
Please call Akisqnuk Health center to make an appointment or for further questions

# Elder Advisory meeting

**JAN. 31**

**10.00 AM**

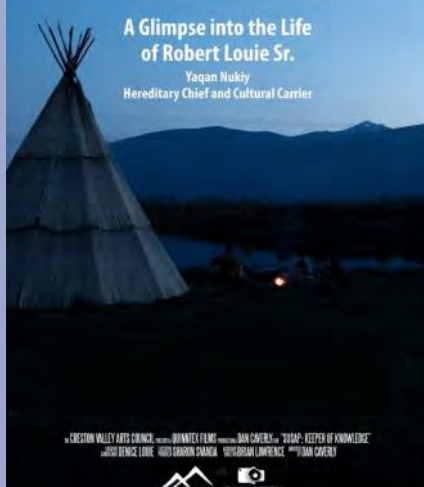
Email: [karen.vargas@akisqnuk.org](mailto:karen.vargas@akisqnuk.org)  
Zoom link  
<https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09>

Leader. Elder. Survivor.

# SUSAP

KEEPER OF KNOWLEDGE

A Glimpse into the Life of Robert Louie Sr.  
Yaqaan Nukiy  
Hereditary Chief and Cultural Carrier



CRESTON VALLEY ARTS COUNCIL • QUINNTUX FILMS • BANA CHERLEY • "SUSAP- KEEPER OF KNOWLEDGE" • 2022 DENISE LOUIE • 4005 COLUMBIA VALLEY • "SUSAP- KEEPER OF KNOWLEDGE" • "YUJAN CHERLEY"

Mark your calendars: Susap will be apart of the Invermere Films Festival this coming February 2nd-5th. Susap will be playing Feb. 3rd, 4pm at the Columbia Valley Center in Invermere Schedule/ tickets order link: <https://iff2023.eventive.org/schedule>



# Reminders & Notices

YOUTH LEADERSHIP

## Winter Camp

**FEB 3RD-5TH, 2023**     **BLUE LAKE CAMP**  
 LEADERSHIP AND TEAMBUILDING SKILLS FOR YOUTH AGES 13 AND UP.  
 PLEASE REGISTER BY JANUARY 13TH.

*Come & Enjoy Winter Fun Activities & Games*

FOR MORE INFORMATION     778-761-0747 OR [SAGULA@ADAM.NET](mailto:SAGULA@ADAM.NET)

AKISQNUK FIRST NATION

## REUSED LAPTOPS

If you're needing a laptop contact Christy to get on a list. This list would then be used to make orders for computers from Computers for schools.

CONTACT  
[CHRISTY.BAKER@AKISQNUK.ORG](mailto:CHRISTY.BAKER@AKISQNUK.ORG)



## SAVE THE DATE

**FEBRUARY 2, 2023**

# BCAFN YOUTH FORUM

ON X̱MƏΘK'ƏYƏM (MUSQUEAM), SKW̱XWÚ7MESH (SQUAMISH) AND SƏLILWƏTƏL (TSLEIL-WAUTUTH) TERRITORIES IN VANCOUVER BC

TRAVEL AND ACCOMMODATIONS WILL BE PROVIDED TO ELIGIBLE YOUTH.

REGISTER EARLY. SPOTS ARE LIMITED

**OPEN TO BC FIRST NATIONS YOUTH  
AGES 18 - 29**



**Akisqnuq Members,  
Are you in need of some  
elk meat?  
Contact Christy to  
make arrangements for  
pick-up**

[christy.baker@akisqnuq.org](mailto:christy.baker@akisqnuq.org)



# Reminders & Notices



## ᐱakisqnuq Education Services Needs Assessment

In planning for the coming year, we need to gather information on Akisqnuq student needs. We are referring to ALL Akisqnuq students, regardless of where they reside. If you have children in Kindergarten to Grade 12, please complete and submit the assessment form, to help us ensure we are striving to provide sufficient supports and services to all of our students.

If you have questions regarding this, please contact Stephanie Sam (250) 342-6301 Ext 3849 or email [stephanie.sam@akisqnuq.org](mailto:stephanie.sam@akisqnuq.org)

Can download the PDF <https://akisqnuq.org/education>



## FREE WINTER WEAR

STOP IN AT THE AKISQNUK HEALTH CENTER FOR SOME WINTER WEAR  
MITTENS  
TOQUES  
SCARFS &  
BABY WINTER WEAR

## Call Out for FAIC

ᐱakisqnuq Finance Audit & Investment Committee

Do you have an interest in the finances of AFN?

Do you have a knowledge of finances and risks?

We need you!

The Finance, Audit and Investment Committee is looking for individuals to join the committee for a two-year term.

Please reach out to the Senior Administrative Officer ([joseph.khan@akisqnuq.org](mailto:joseph.khan@akisqnuq.org)), or Fiscal and Economic Director ([david.bach@akisqnuq.org](mailto:david.bach@akisqnuq.org)) if you are interested or have any questions.

## Social Development update

Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker email: [chirsty.baker@akisqnuq.org](mailto:chirsty.baker@akisqnuq.org)  
Due the 15th of every Month



# Reminders & Notices

## MEMBERS HOT SPRINGS ACCESS!



Show your status card for free admission to the Fairmont Hot Springs pools!

Pick up free passes for the Radium Hot Springs at the Band office!



AKISQNUK FIRST NATION

## GOOD FOOD BOX

EATING HEALTHY

GOOD FOOD BOX WILL BE STARTING UP IN JANUARY 2023!

PLEASE SIGN UP BEFORE THEN

Sign up at

<https://www.signupgenius.com/go/10C094CAFAC2CA1FFC52-good> or email Raylene Fortin at [raylene.fortin@akisqnuq.org](mailto:raylene.fortin@akisqnuq.org)

## Interested in Renovations on-reserve?



The federal government recently announced that certain renovations on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds +(AFN Home grant\*) = the possibility of major renovations on your home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further, [dale.shudra@akisqnuq.org](mailto:dale.shudra@akisqnuq.org) or 250 342 6301 ext.3808



## Interested in building a new home on-reserve?



The federal government recently announced that new homes being build on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds +(AFN Home grant?) = the possibility of a new home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further at [dale.shudra@akisqnuq.org](mailto:dale.shudra@akisqnuq.org) or 250 342 6301 ext.3808



# Learning Something New



## ?Akisq'nuq First Nation Forestry/Wildland Firefighting training starts in March 2023

**Training with include:** · S-100 (renewed every year)

- S-185 (renewed every year)
- ICS-100
- Pumps & Pumping Systems
- Bear aware
- GPS & compass
- Chainsaw Safety
- Burning off
- Introduction to



Danger Tree Awareness

**If you are**

**interested in this training, please contact Stephanie Sam.**

**(250) 342-6301 Ext:3849 or [stephanie.sam@akisqnuq.org](mailto:stephanie.sam@akisqnuq.org)**

"I love your REZZ accent, say it again!"

Me: "Loominum Foil"



**Think. Do. EXPLORE**  
**TEACH**  
**SUPPORT**  
**INSPIRE**  
**Become.**



## Early Childhood Education

Begin your journey towards Early Childhood Education certification at College of the Rockies

College of the Rockies is offering **ECED 113 Health, Safety and Nutrition** in a monthly intake model. The course will be offered starting the first Monday of every month from October through March. Students can complete the online course at their own pace over a maximum of 15 weeks.

The 10-Module course focuses on the important aspects of health, safety, and nutrition in an ECE setting.

Topics explored include:

- Introduction to field trip and menu planning
- The promotion and modeling of a healthy, safe environment
- Personal hygiene
- Standards of cleanliness; preventing the spread of communicable diseases
- Supporting the management of a chronic health condition

This 10-module online course is one of the Ministry of Children and Family Development's approved courses for Early Childhood Educator Assistant certification through the ECE Registry.

**Course prerequisite:** Minimum 65% in English Studies 12, English First Peoples 12, or equivalent (refer to Course Equivalency Information on the College website) Academic assessment.

Contact Student Services at [studentservices@cotr.bc.ca](mailto:studentservices@cotr.bc.ca)

**To register:**

Contact the Enrolment Service office by email - [reg@cotr.bc.ca](mailto:reg@cotr.bc.ca) or by phone at at 250-489-8237.

## BladeRunners

**BladeRunners** is a free employment readiness program to provide you with the **skills, certifications, experience, and connections** to gain employment.

We offer both individual and cohort delivery methods.

By going the individual route, you can customize the program to fit your needs and life goals.

**Those who qualify are:**

- Between the ages of 15 and 30
- Unemployed or underemployed
- Not currently on EI
- Not enrolled in full-time studies.

**Intake is ongoing; give us shout!**

### CERTIFICATIONS

- First Aid
- Serving It Right
- WHMIS
- Foodsafe
- Skid Steer Operator
- Chainsaw Safety
- Construction Safety Training
- H2S Alive
- Microsoft Excel
- ... lots more

### LOCATIONS

- ?akisq'nuq
- ?aqam
- Yaqit ?a-knuqli't
- Yaqaan Nu?kiy
- Argenta
- Cranbrook
- Crawford Bay
- Creston
- Elkford
- Fernie
- Golden
- Grasmere
- Invermere
- Kaslo
- Kimberley
- Nelson
- Salmo
- Slocan
- Sparwood

For more information or to share your ideas, contact:

Brandon  
250-489-2464 ext 3155  
[Brandon.Hunt@ktunaxa.org](mailto:Brandon.Hunt@ktunaxa.org)

Jenn  
250-489-2464 ext 3063  
[Jenn.Higginbottom@ktunaxa.org](mailto:Jenn.Higginbottom@ktunaxa.org)



# Community Engagement Needed

## Artwork Wanted

KTUNAXA  
NATION



### KTUNAXA DISPLAY ART SHOWCASE AND ENGAGEMENT

Submit interest by February 8, 2023

This is an invitation and call out to all Ktunaxa artists who have artwork suitable for display in office spaces, health clinics, and other potential displays. Ktunaxa health and industry partners are being invited to the KNGB Feb, 22/2023 for a showcasing and we would love to see you there.

Artwork for consideration: Paintings, Canvas Art, Beadwork that can be hung for display, Drawings, Display canoes/tips/clothing suitable for hanging or shelves.

Please **express interest via email** by Feb. 8/2023 to ensure we can have a table/displays arranged for you. If you are creating art specifically for this event please attempt to have completed by Feb. 22/2023 to bring to the event for ease of potential sale.

\*\* Please note that by securing a spot at this event does not guarantee sales, though some partners have expressed overwhelming interest in purchasing artwork.

Contact: [jbasil@ktunaxa.org](mailto:jbasil@ktunaxa.org) by Feb, 8/2023 if you would like to showcase your art.



## BAND MEETING SURVEY

AFN WOULD LIKE TO GET THE BEST POSSIBLE MEMBERSHIP ENGAGEMENT FOR THE AKISNO'UK BAND MEETINGS. PLEASE TAKE A MINUTE TO COMPLETE THIS QUICK SURVEY ON WHAT WOULD WORK BEST FOR YOU TO PARTICIPATE IN BAND MEETINGS

[HTTPS://WWW.SURVEYMONKEY.COM/R/6GHGYXN](https://www.surveymonkey.com/r/6GHGYXN)  
OR SCAN QR CODE

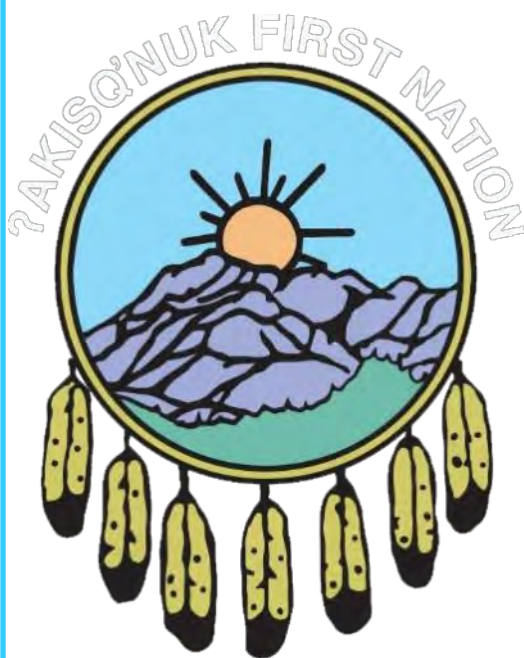


## Ktunaxani'ntik Did you sign up yet?

**Ktunaxa Hakqyit** is to provide an online engagement space for Ktunaxa. Register to learn about, and contribute to, engagement opportunities such as surveys, stories, forums and ideas. Share your thoughts and stay updated on the projects that matter most to you. Most Engagement Projects are open to Ktunaxa contributors only, while the Sections are available to view by everyone. Sign up here <https://ktunaxahakqyit.org/>



# Employment Opportunities



## *Akisqnuq First Nation*

The following positions are available at Akisqnuq First Nation.

To view the full descriptions visit <https://akisqnuq.org/employment-opportunities> and submitting your interest to [hr@akisqnuq.org](mailto:hr@akisqnuq.org)

- Social Development Worker
- Registered Nurse
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Coordinator
- Records, Reporting and Grants Specialist
- Economic Development Officer
- Casual Workers

## *Eva Joseph Learning & Cultural Society*

The society is currently looking for Akisqnuq /Ktunaxa grass roots people interested in sharing stories or cultural activities with the Akisqnuq families please contact Kayla at [Kayla.ejlcs.ahs@gmail.com](mailto:Kayla.ejlcs.ahs@gmail.com). Honorariums are available.



## *Ktunaxa Nation Career Opportunities*

check out KNC website at <https://www.ktunaxa.org> > **Careers** for [Bids for Contracted Services](#) and [current postings](#)

Aboriginal Care Navigator

Clinical Supervisor – Complex Care Shelter

Maintenance Worker

Medical Office Assistant

Regulatory Engagement Coordinator (Nation Council

Client Services Worker

Wellness Center Project Manager

Elder Secretariat



# For ʔakisq̓nuk artist & photographers to submit

## Ktunaxa Legacy Publication

Lillian Rose is collecting submissions for the Ktunaxa Legacy Publication project.

Please reach out to have your story idea, article, photo or artwork included!  
 Contact Lillian Rose Traditional Knowledge and Language Coordinator  
 Cell 250 342 1635

[lillian.rose@ktunaxa.org](mailto:lillian.rose@ktunaxa.org)

Pioneer article on the project

<https://www.columbiavalleypioneer.com/ktunaxa-legacy-publication-in-the-works-through-parks- canada/>



Our Land. Our Words. Our Stories.

The Whyte Museum of the Canadian Rockies is a dynamic museum, art gallery, and archives that celebrates the lively history, stories, and people of the Rocky Mountains.

### Indigenous Mural and Research Assistant

This position reports to the Manager of Indigenous Relationship and Programs. This department supports all museum operations and works collaboratively with the Curatorial, Archives, Education, Maintenance, Gift shop, Programming and Community Events, departments to coordinate public onsite activities.

#### Responsibilities

Reporting to the Manager of Indigenous Programs and Relationships, Indigenous Research and Mural program assistant is responsible for supporting Indigenous programs at the Whyte Museum of the Canadian Rockies. This will start as a part time position (February to April) that requires:

- Proven administrative, scheduling, and project management skills
- Willingness to learn various in-person and online communication skills
- Requires creativity, adaptability, wiliness to learn and decision-making abilities

#### Duties

##### Administration support for Mural Project

- Assist with artist selection committee admin: letters and contracts, follow up reports, artist statements, artist bios and info, accommodation and meeting bookings, arrange food requests, cheque requests, supply lists, etc.
- Assist and promote events associated with the mural program to Indigenous groups and mural artists;
- Assistance coordinating Indigenous Knowledge Keepers, Elders and artists throughout the project on site during the workshop in May and the installation in June;
- Create/maintain budget and task templates;
- Coordinate celebration event: book artists, performers, Elders, food and beverages, coordinate accommodation, fees, food, etc.
- Coordinate photos and filming documentation of the project.

##### Research Assistant

- Meet with Indigenous community and Elders as required assist Curatorial and Archival staff to capture information about items in the collection;
- Research collections that could be incorporated in Indigenous programs, events and exhibits;
- Assist Archives and Curatorial departments to process inquires and requests as required.
- Collaborate with Events department to support events as required.
- Other duties as assigned.

**NOTE:** Training will be provided to access Indigenous content at the Whyte Museum.

#### Qualifications

- Demonstrate excellent communication skills, verbal and written;
- Knowledge and experience with contemporary communications and office software such as Microsoft Office, Teams, Zoom, Excel, Powerpoint, etc.
- Demonstrated ability to organize book and coordinate meetings; organize files (hard copy and electronic)
- Nonprofit, fine arts, events and curatorial experience is an asset;
- A Bachelor's degree or college diploma in arts, Events, Hospitality and Tourism, or a related subject and/or an equivalent combination of education, training and experience working in the Arts, Art Administration, Events, Hospitality and Tourism business and or trade is an asset.

#### To apply:

Please submit a resume and a cover letter no later than Monday, January 30 to [dsaunderdahl@whyte.org](mailto:dsaunderdahl@whyte.org). We thank all those who apply, but only those selected for an interview will be contacted. Please note that the candidate will need to provide proof that they are fully vaccinated against COVID-19.

The Whyte Museum is an equal opportunity workplace. We celebrate diversity and are committed to creating an inclusive environment for all employees. We are building a team that represents a variety of backgrounds, perspectives, and skills. The more inclusive we are, the better our work will be.

# For ʔakisq̓nuk artist & photographers to submit



Parks Canada  
Parcs Canada



## Public Art Call for Emerging Indigenous Artists



*Photo credit: The Bathing Pavilion building at Cave and Basin National Historic Site, Banff, Alberta (image courtesy of Parks Canada)*

**DESCRIPTION OF OPPORTUNITY:** Parks Canada Agency and the Whyte Museum of the Canadian Rockies seek up to three Indigenous Artists to create temporary mural paintings, to be displayed prominently on the grounds at Cave and Basin National Historic Site. This call is open in 2023 to all Indigenous Artists 18 years of age and older from Indigenous partner communities with strong connections to the site who are looking to increase their knowledge of mural painting and large-scale public art-making. Identified partners include Îyârhe Nakoda (Stoney): Goodstoney, Bears paw and Chiniki, Blackfoot: Siksika, Kainai, Piikani, Tsuut'ina, Ktunaxa, Secwepemc, and Metis communities. In 2022 Artists from Tsuut'ina, Stoney Nakoda (Goodstoney) and Blackfoot (Kainai) were selected. Priority will be given to those artists from the nations listed above, who have yet to share their stories of this place.

**INFORMATION SESSION: Wednesday, February 1, 7:00pm (via ZOOM)**

**DEADLINE TO APPLY: Monday, February 27 @ 11:59pm**

**TO APPLY:** Applications should be submitted electronically in \*.PDF format (E-mail subject line should read: Indigenous Artist MENTEE Application.)

**CONTACT:** For more information about the project, or to arrange a meeting via phone, video conference or in-person, please contact Project Coordinator Dawn Saunders Dahl at: [dsaundersdahl@whyte.org](mailto:dsaundersdahl@whyte.org)

**CONTRACT PERIOD:** April 2023- July 2023

**BUDGET:**

- Supplies and installation will be provided as well as per diem, travel and accommodation costs.
- \$3,500 Artist Fee for each Indigenous Artist "Mentee". A maximum of 3 Mentees will be selected. Artists from Ktunaxa, Secwépemc, Métis and other Indigenous artists with community/historic ties to Banff will be given priority in 2023.

For Full Description visit:

<https://www.carfacalberta.com/2022/01/28/banff-public-art-call-for-emerging-indigenous-artists/#:~:text=Deadline%20is%20March%204th%202022,%2Dscale%20public%20art%2Dmaking.>



# Self Care

## Mental Health

on-call 310-1234

Available counsellors

<https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf>

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

## Dr. Page Clinic

January 19th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

## Foot Clinics

Contact Health Center for booking, canceling or more information at 250-342-6379

## Chiropractor\*

ʔakisqnuq Members may book your Chiropractor appointment at *Invermere Family Chiropractor* at 250-342-9666

## Massage\*

ʔakisqnuq members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

## Influenza vaccines

Anyone over the age of six months is eligible for free influenza vaccination. The influenza vaccine saves lives and prevents illness by protecting individuals and communities from the spread of disease. Flu shots are safe and easy to get.

You can phone the provincial call centre (toll-free) at 1-833-838-2323 to book your appointment or visit the link below for more information

<https://www.interiorhealth.ca/health-and-wellness/immunization-and-vaccines/influenza-flu-vaccines#booked-appointments-also-available-for-influenza-vaccine>

Columbia Valley Flu clinics ( by appointment only) are at the Invermere Health Clinic, Pharmasave, and Lambert Kipp Pharmacy.

Flu and Shingles Vaccine Clinic at Akisqnuq First Nation January 31st 10:30 -2:30. Contact Health Office to book. 250-342 -6379

## Non Coverage Medical\*

ʔakisqnuq members living in BC have Pacific Blue Cross Coverage.

If your needing assistance with medical expenses that are not covered contact the ʔakisqnuq Member services director Christy Baker for assistance at [christy.baker@akisqnuq.org](mailto:christy.baker@akisqnuq.org)

## Medical Appointment Transportation

If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

\*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Member Services Director Christy Baker at [christy.baker@akisqnuq.org](mailto:christy.baker@akisqnuq.org).



# Self-Care



## AKISQNUK HEALTH CENTER

### NAKTA?SUK

(LAYERS OF ICE FORM WITH WATER IN BETWEEN)

### JANUARY

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JAN. 5TH & 19TH 2-4PM.: DR. PAGE CLINIC  
JAN. 10TH & 11TH 9-4PM.: FOOT CLINIC  
JAN.31ST 10:30 -2:30PM.: SHINGLES & FLU VACCINE CLINIC

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For more details on the Clinics, to book or to cancel  
your appointment Contact  
Health Office: (250) 342-6379



Naloxone kits are available for pickup at the  
Health Center for anyone who would like them

\*Please note that all Medical receipts should be  
submitted directly to Christy Baker  
[christy.baker@akisqnuq.org](mailto:christy.baker@akisqnuq.org)\*

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?akisqnuknik, your feedback helps ?akisqnuq First Nation make  
improvements to services provided.

Take a few minutes to fill out the Health and wellness survey.  
visit <https://www.surveymonkey.com/r/XW2YVVM> or scan QR



code





# Self-Care



We care about what you think.

Takisónuknik, your feedback helps Takisónuk First Nation make improvements to services provided. Take a few minutes to fill out the Health and wellness survey.

visit

<https://www.surveymonkey.com/r/XW2YV>  
VM or scan QRcode



Little Badgers



Dear Akisqnuq Families,

If you are interested in sharing stories or cultural activities with the Akisqnuq families please contact Kayla at [Kayl.ejlcs.ahs@gmail.com](mailto:Kayl.ejlcs.ahs@gmail.com). Honorariums are available.

# Community Quality of Service Standards Survey



## COMMUNITY QUALITY OF SERVICE Survey

### SCAN QR CODE

[HTTPS://WWW.SURVEYMONKEY.COM/R/F5T6GWG](https://www.surveymonkey.com/r/f5t6gwg)



Service standards strengthen Band accountability by making performance transparent and increase the confidence of members in their leadership by demonstrating commitment to service excellence.

Please set aside some time to complete this survey.





# Chief & Council

## Band Meeting

TBD

## Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before.

Deadline is January 13th for January 18th Chief and Council.

Contact Executive Assistance Karen Vargas [karen.vargas@akisqnuq.org](mailto:karen.vargas@akisqnuq.org) to request to be on agenda or if you have any questions.

## KNC CEO Report

Check out KNC CEO Codie Morigeau's report <https://sway.office.com/xrChqrtCmTfb23TY?ref=Link>

# Elders' Corner

## ?Akisq'nuq Elders Committee Scheduled

**Scheduled:** January 31st 2022, 10 am AFN Band Hall and Zoom.

Usually Last Tuesday of the Month

All members over 60 are welcome to attend or log in.

Zoom: <https://us02web.zoom.us/j/85632236041?pwd=OU85WCS4MURKeTU0djZGUlpxcmZEdz09>

## Calling all Columbia Valley Elders 65+

Local photographer KimberleyRae is compiling layered photographs & stories of the Columbia Valley

Community Elders for a personal art project. A signed model release is required & you'll receive a free print & digital images. Please bring a cherished photograph of you in your younger days.

Akisqnuq elders at the akisqnuq band hall January 31

1-3 pm, book your 15 minute session with Theresa

Kains (250) 342 6301 ext 3814, email

[communication@akisqnuq.org](mailto:communication@akisqnuq.org)

For more information email [info@kimberleyrae.ca](mailto:info@kimberleyrae.ca) for more information.

## Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory

1st Wednesday of Every month. Next meeting is February 1st 2023.

Contact Barbara Fisher for agenda items, information (location for in-person) and/or Zoom link at [barbara.fisher@ktunaxa.org](mailto:barbara.fisher@ktunaxa.org)

## KKCFSS Elder Resident position posting

KKCFSS is looking for [Resident Elders](#) for their offices ?aq'am, Yaqaan Nukiy, ?akisq'nuq, BC

<https://www.ktunaxa.org/wp-content/uploads/Resident-Elders.pdf>

BC Elders' council Elders' Voice Newsletter

[https://www.bcelders.com/Newsletter/December\\_2022\\_Elders\\_Voice.pdf](https://www.bcelders.com/Newsletter/December_2022_Elders_Voice.pdf)

BC Elders Gathering is scheduled for August 15-16 2023 in Vancouver. Deadline to Register is July 10th. \$550 per person