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PAKISÖNUK FIRST NATION NOTICE OF NOMINATION MEETING

Notice is hereby given that the?akisqnuk First Nation has called a Nomination Meeting on January 4, 2023 in accordance with the ?akisqnuk First Nation Custom Election Regulations (2022) for the purpose of eligible Electors nominating one (1) candidate for the Office of Councillor, to be elected in a By Election on February 13, 2023 for the balance of the current term.

NOMINATION MEETING

JANUARY 4, 2023 6:00PM - 7:00PM BAND OFFICE 3050 HIGHWAY 93/95 WINDERMERE, BC

IMPORTANT INFORMATION – PLEASE READ

Nominees MUST attend the Nomination Meeting (in person or by Zoom) to accept their nomination, and MUST attend the Candidate Forum.

Nominees must sign an acceptance of nomination, complete criminal records check (including a vulnerable sector check, and a declaration of eligibility form within 48 hours of accepting nomination.

Nominees are fully responsible for properly completing all nomination requirements AND submitting these document requirements to the Electoral Officer.

Any candidate for the office of Councillor must:

- be of Ktunaxa ancestry;
- be 18 years of age and qualify as an Elector;
- be nominated for that office, in accordance with the procedures set out in these regulations;
- ordinarily reside within the Ktunaxa Traditional Territory;
- not have been convicted of a criminal offence within seven (7) years prior to their nomination;
- subject to a five (5) years drivers license abstract that is clean from Immediate Roadside Prohibitions;
- provide a clean vulnerable sector check;
- not be in arrears on any established legal indebtedness to ?akisqnuk First Nation or any of its business entities by the date of the election;
- have not resigned from Council within the last 4 years;
- has not been removed from Council within the last five (5) years.

Please read the Election Code for complete details, nomination meeting and Candidate requirements.

You may join the Nomination Meeting by Zoom:

https://us02web.zoom.us/j/86812300928?pwd=YW5GVFNiaU1rL240SnNJTE95dVJjQT09

Meeting ID: 868 1230 0928 Passcode: OneFeather

The Election Code, and the official Voters List of all Eligible Electors shall be posted and available during regular business hours and can be obtained at the ?akisqnuk Administration Office; are available on the ?akisqnuk First Nation website; can be requested from the Electoral Officer; or can be downloaded at:

https://www.onefeather.ca/nations/akisqnuk

January 26, 2023 Band Office 5:00pm- 7:00pm

NOTICE OF ELECTION

Advance Poll – 12:00pm to 6:00pm February 6, 2023

Regular Poll – 10:00am to 7:00pm February 13, 2023

> BAND OFFICE 3050 HIGHWAY 93/95 WINDERMERE, B.C.

Eligible Electors may vote in person at the In-Person Polling Stations, by electronic ballot, by mail-in ballot (must be requested; not automatically sent), or by telephone in this election.

For more information or assistance please contact the Electoral Officer via OneFeather using the contact information provided for at the bottom of this Notice.

Date for reference: December 14, 2022

If you need any assistance or support please contact OneFeather:

Office: 250-384-8200 Toll Free: 1-855-923-3006 Email: support@onefeather.ca 209-852 Fort Street, Victoria, B.C., V8W 1H8

https://www.onefeather.ca/nations/akisqnuk



?AKISQNUK FIRST NATION NOTICE OF BY-ELECTION REVISED

Notice pursuant to the ?akisqnuk First Nation Election Code

Notice is hereby given that the **?akisqnuk First Nation** has called a By Election in accordance with the **?akisqnuk First Nation Election Code**, for the purpose of electing one (1) Councillor on February 13th, 2023 for the remainder of the current term.

NOTICE OF POLL & VOTING OPPORTUNITIES

VOTE IN PERSON AT THE REGULAR OR ADVANCE POLL

?AKISONUK FIRST NATION BAND OFFICE

ADVANCE POLL February 6, 2023 12:00 PM TO 6:00 PM REGULAR POLL February 13, 2023 10:00 AM to 7:00 PM

VOTE BY TELEPHONE

TELEPHONE VOTING WILL BE AVAILABLE FROM 12:00 PM FEBRUARY 6th, 2023 UNTIL 6:00 PM FEBRUARY 6th, 2023, AND FROM 10:00 AM FEBRUARY 13Th, 2023 UNTIL 7:00 PM FEBRUARY 13Th, 2023.

You will be required to provide your Indian Status Number (Status Card), and Date of Birth.

Please call the Band Administration office during the hours listed above to vote by phone (250) 342-6301.

VOTE BY MAIL IN BALLOT

YOU MAY ALSO VOTE BY MAIL - Please contact OneFeather Support to request a mail-in ballot package. Include your Name, Nation Name, Status Number and Date of Birth along with your current residential mailing address so that a mail-in voting package can be sent. Call 1 855-923-3006 and leave a message or send an email request to support@onefeather.ca

VOTE BY ELECTRONIC BALLOT UPDATED

ELECTRONIC VOTING WILL BE AVAILABLE FROM 12:15 PM JANUARY 26th, 2023 until 8:00 PM FEBRUARY 13, 2023. To register to vote electronically, please visit your First Nations website and follow the instructions provided:

https://www.onefeather.ca/nations/akisgnuk

You will be required to provide your Indian Status Number (Status Card), Date of Birth and an email address and phone number. Please contact the Deputy Electoral Officer immediately with any questions.

Please note that the electors list has been created and can be viewed on the ?akisq̈nuk page at https://www.onefeather.ca/nations/akisqnuk. Electors can contact the Electoral Officer if they notice any problems with the list.

For voting assistance and information from a Voting Official please contact OneFeather:

Email: support@onefeather.ca

Office: 250-384-8200 Toll Free: 1-

Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

https://www.onefeather.ca/nations/akisgnuk





Ki?su?k kyukyit,

My name is Adam Nicholas and I have been nominated for the position of Councilor in the upcoming bi-election. Although I am privileged to know a lot of our ?Akisanuk First Nation members as family and friends, I would like to provide an introduction to all of our citizens. My parents are John David Nicholas (Doc) and Rosemary Phillips. I was born in Invermere and lived on and off "the rez" with my family for the first 10 years of my life. I was introduced to every aspect of life on the ?Akisqnuk First Nation and I have grown into who I am because of it, the memories I have from growing up at ?Akisqnuk will be with me forever and I will cherish that time always. Although I was never able to put roots down in the immediate area in my adult life, I have close ties to the



community. I am 38 years old and I live in Wycliffe between Cranbrook and Kimberley with my amazing wife Kari, and our children; Brae, Owen, and Skye. Consistent with my family, my passion is sports, I am an avid golfer, hockey and ball player, and skier. Regrettably my competitive sports days are behind me, these days I find great joy sharing the ice or ball field or golf course with my friends and family for fun and exercise. I also enjoy hiking and camping with my family and experiencing and sharing my knowledge of ?amak?is Ktunaxa with my family. Professionally I am a Red Seal Journeyman Electrician by trade and loved my many years as a practicing Electrician and all the opportunities it provided me. In 2019 I accepted a position with the Ktunaxa Nation Council and have since grown into a management position, which has ignited my interest in governance. I was happy to be a part of our Elkhorn Ranch Specific Claim Task Group and am very pleased with the outcome and the input our group was able to cohesively provide. I look forward to the all candidates forum on Thursday January 26th to be able to share my vision and goals as a potential elected official and hope to see you all there. I am very open for engagement and welcome any conversation from our membership about everything and anything relevant to the Akisqnuk First Nation. Please don't hesitate to reach out with any questions, comments, concerns, or just to chat. I can be reached by phone or text at 250 420-1194 and by email at adam n213@hotmail.com I will also share my candidate forum speech after the 26th and will happily answer any questions from membership that may come up.



Janice Alpine

Ki?su?k Kyukyit qapiniskił. Janice is the daughter of the late Albert Alpine, ?akisqnunik registrant,

currently resides with her mother Dorothy Alpine (Birdstone) registered at ?aqam.

It's no secret that she's been nominated to run for Council by Darla and second by Jen, who she thanks for having the confidence in her to run for Council.

Having the opportunity to be on Council will allow her to address the number of the areas she has been following and working on for quite some time now, that will contribute to how the leaders and the community addresses any given situation. She currently sits on the following Committees: Finance Audit & Investment Committee, Housing, Membership and when it's operating, Land Code. She has been working on the sidelines for quite some time know and wants to have a more direct impact on ?akisġnuknik lives.

She's not big on campaigning so if you want to know more about her, send an email jalpine1 2000@yahoo.com or text 250 417 7895 for coffee or tea and a visit. Email is the best way to reach her.



Huyas!

Leona Kains

I am the granddaughter of Louie Kauis and Sabine Alpine (Swaile). My mother is Marguerite Cooper, my father was Leon Mushka, and my adopted Yukon First Nation mother was Ruby Vanbibber.

I'm currently working on my third year with School District #6, which means I have been living on the Ktuanxa traditional territory for three years.

I was approached, and nominated by Bea Steven, and with great consideration I have accepted.

In the past I have been involved with our First Nations, by assisting with the development of the policy of the Land Code, sitting on the Finance Committee, and a hiring committee. Recently, I started the Ktuanxa language course.

My degree is in education, and so I was elected to sit on elementary and secondary school council, and was an Executive Member for Association of School Councils.

I send best wishes to Rosemary, the outgoing councillor, and thank you for your personal contribution to Akisquuk First Nation.

Good luck to the other candidates.





FUNERAL SERVICES

FOR

Brandon Emmanuel Alpine

Born To: Father Allan Hunter

Mother Janice Alpine

On

December 28,1982

Passed Away: February 5, 2023

Wake: Thursday, February 9th, 2023

@ 5:00P.M

Dan Joe Memorial Gymnasium 7500 Mission Road, Cranbrook B.C

Rosary: 5:00pm

Service: Friday, February 10th, 2023

Dan Joe Memorial Gymnasium 7500 Mission Road, Cranbrook B.C

@ 11:00am

Feast and Give way to follow Service



Columbia Lake Recreation Centre





Recreation Centre is now open to the general public.

The Columbia Lake

Hours:

Monday – Friday, 9am – 8pm.

*Closed on Statutory Holidays

Rates:

Day Pass - \$10.00 plus GST Monthly Rates - \$60.00 plus GST

'?akisánuk First Nation members will continue to have access to the Recreation Centre free of charge.

We are working to provide expanded hours, rate options and programming in the near future. We will announce these as they are ready.

We thank you for your patience as we've worked to re-open and look forward to seeing you at the Recreation Centre!

https://akisqnuk.org/columbia-lake-recreation

Reclaimed Members

My name is Brandon Johannesson and I am proud to say that I now officially registered as a member of the ?akisqnuk First Nation Band and I am beyond honored.

A bit of background on me; my Great-Great Grandparents were Baptiste and Theresa Morigeau. My great grandparents were Merceline and David Lightbown, my Grandfather was James Lightbown and my moms name is Dawn Lightbown -Johannesson. I am married to my best friend Megan Johannesson and we have two children, my daughter, Harper, and my son, Ren. I can't forget my dog, Vicky girl.

We live in Chilliwack B.C. Our hopes are to make a family trip to visit Windermere and come meet some of the elders and other members. I am excited to learn and understand our family heritage as a Ktunaxa Nation member so my kids can be well educated of our bloodline. My mom recently visited the band office and met the Chief Don, she was so happy to have experienced that and said everyone welcomed her with open arms. All the love.

Brandon and Family



<u>Pakisqnuk Fiber Optics will be</u> complete in 2023!

The fiber optics project has been 'on the go' since ground was broken in 2021. The project has been broken up into phases over the 2 years to suit the incremental funding received.

In December 2022 we had approval of our Federal grant application – Universal Broadband Fund – These funds will be used to complete the remaining fiber optic work in 2023. This is great news!

That means by end of 2023 every home on the ?akisqnuk reserve will have Fiber optics connected and available. Q:What does this actually mean? A:Reliable, extremely fast internet!

Lite Access are currently working on the individual house connections on Kootenay Rd #3 and will resume the plowing and burial of the fiber conduit in the Spring. Once Lite Access directional drill under Hwy 95 they will connect all the reserve homes along the main highway. Plowing, burial and connections will be complete during the Summer.

Any questions or concerns please contact: Shane Stewart – Ktunaxa Nation Council – shane.stewart@ktunaxa.org / 250 489 2464

Or David Monson – FlexiNet – <u>dmonson@flexinet.ca</u> / 250 489 3539

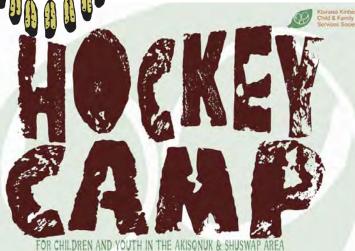
Please let me know if you have any questions Shane J Stewart Economic & Investment Sector Manager / Business Development 250 427 0778 (Call or text) shane.stewart@ktunaxa.org







Upcoming Events: Mark your calendars



February 15th & 22nd from 4:30pm and 5:30pm AT THE CANAL FLATS RINK

 Sign up before 4:30 PM on Monday, February 13th CONTACT TASHA OLDERNESS AT 250.489.4563 OR TOLDERNESS@KTUNAXA.ORG

QUIPMENT IS AVAILABLE FOR THOSE WHO NEED IT





www.akisanuk.org

NOONE Left Behind

A Community Strong and Alive meeting 10am, Thursday February 23 2023 ?akisanuk Band Hall



Floor is open for all ideas

Calling All Community members, we are looking for ideas to help us continue providing Community SUPPORT GROUPS and PROGRAMS that are geared towards having a Safe, "No One Left Behind", Strong and Alive Community!! We ask that you mark your calendar, come and share your ideas and help continue making 2023 ?Akisánuk First Nations a community known for who and what we truly are (Kind, Caring and Healthy).

Looking forward to seeing and sharing with you at the Open Floor meeting. Morning snacks, coffee and lunch will be provided. Questions Email: patsy.nicholas@akisqnuk.org & tracy.miller@akisqnuk.org

> https://us02web.zoom.us/j/86823348704? pwd=YUdKaWVDUGh5QWhMWEkyM0dod2hkdz09 Meeting ID: 868 2334 8704 Passcode: 545227





?AKISÓNUK FIRST NATION

EDUCATION

February 23rd., 2023 | 5 to 7 PM Columbia Lake Recreation Centre Mural Room

Come out for an evening to share a meal, learn about some of the great work being done in Indigenous Education in the local School District, and share your thoughts, ideas for the future successes of our Pakisánuk students.

To confirm your attendance, please contact Stephanie Sam as we will need to know numbers for the meal. stephanie.sameakisqnuk.org

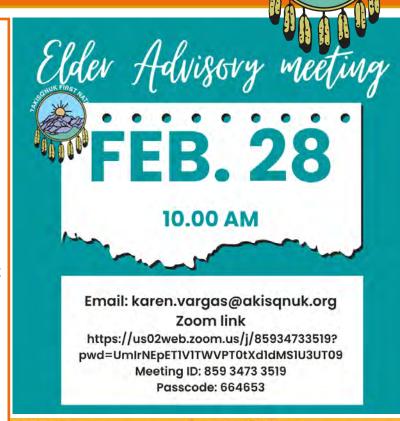


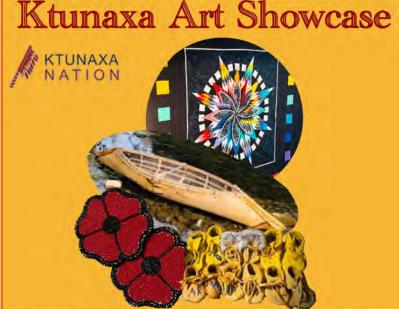


Upcoming Events: Mark your calendars

February

- Feb 13th 10am-7pm.: ?akisqnuk Election Regular Poll. https://www.onefeather.ca/nations/akisqnuk
- Feb.15th 10am.: ?akisqnuk Chief and Council meeting.
- Feb.15th 4:30-5:30pm.: KKCFSS Hockey Camp for children and Youth in ?akisqnuk and & Shuswap area, at the Canal Flats rink. Sign up by Monday Feb 13. Contact Tasha Olderness at 250-489 -4563 or tolderness@ktunaxa.org
- Feb.16th 2-4pm.: ?akisqnuk Dr. Page Clinic at AFN health center.To Book appointment or cancel contact 250 342 6379.
- Feb.18th 10:30am-1:30pm.: Family Fishing Day at Lake Lillian Rod and Gun Ice shack, come for fishing, fun, activities and games hot dog lunch provided.
- Feb.22nd 9-4pm.: ?akisqnuk Foot Clinic at AFN health center. To Book an appointment or cancel contact 250 342 6379.
- Feb.22nd.: Anti-bullying Pink Shirt Day
- Feb.22nd 10am-2pm.:Ktunaxa Art Showcase at the Ktunaxa Nation Building in Cranbrook.
- Feb.22nd 4:30-5:30pm.: KKCFSS Hockey Camp for children and Youth in ?akisqnuk and & Shuswap area, at the Canal Flats rink. Sign up by Monday Feb 13. Contact Tasha Olderness at 250-489 -4563 or tolderness@ktunaxa.org
- Feb.23rd 10am.:No One Left Behind, A community strong and alive meeting, ?akisqnuk Band Hall.
 Zoom Available. Calling All Community members, we are looking for ideas to help us continue providing Community SUPPORT GROUPS and PROGRAMS that are geared towards having a Safe, "No One Left Behind", Strong and Alive Community!
- Feb.23rd 5-7pm.:Let's Talk about Education at Columbia Lake Recreation Centre mural room Come out for an evening to share a meal, learn about some of the great work being done in Indigenous Education in the local School District, and share your thoughts, ideas for the future successes of our ?akisqnuk students.To confirm your attendance, please contact Stephanie Sam as we will need to know numbers for the meal.
- Feb.25th 11am-3pm.:Blowin' Into Spring Family Fun Day, ?akisqnuk health center & Arbor. Call 250 342-6379 to register ahead if you have any





KTUNAXA DISPLAY ART SHOWCASE AND ENGAGEMENT

Ktunaxa Nation Government Building Gymnasium February 22, 2023 - 10:00am - 2:00pm

Ktunaxa Nation business and industry partners are invited to participate and engage with Ktunaxa artists at the Ktunaxa Nation Government Building, in the gymnasium, February 22, 2023 from 10:00am - 2:00pm.

This is an opportunity to procure artwork, build networks, and strengthen relationships with Ktunaxa citizens.

Ktunaxa artists will have artwork available suitable for office spaces, clinic spaces, waiting rooms, display cases, and more! If you or your company are interested in purchasing and displaying; beadwork, paintings, sewn traditional items, leatherwork, etc., please join us!

We look forward to sharing the creativity of the Ktunaxa Nation with you

Upcoming Events: Mark your calendars



YOU ARE INVITED:

Elders Engagement Session

-Bill C-92 -KKCFSS Legislation

WHERE:

HERITAGE INN CRANBROOK 803 Cranbrook Street North

WHAT YOU NEED TO

-Breakfast, lunch and dinner March 9th -Breakfast and lunch March 10th -Hotel room will be provided for non Cranbrook residents

(If you require a hotel room please contact Chelsea Hollingshead at 250-489-4563)



WHEN:

March 9th- 8:00am Breakfast and Sign-in March 10th- 8:00am Breakfast and Sign-in

TO REGISTER: CHELSEA HOLLINGSHEAD 250-489-4563 EXT: 4012 REGISTRATION DEADLINE: Tuesday February 28th, 2023

KNOW:

-Honoraria will be paid to Elders

helsea.hollingshead@ktunaxa.org





Ktunaxanintik

Do you know about Bighorn sheep? Info Sessions coming up to address losses in winter range

Calling all Ktunaxa who have knowledge about Bighorn sheep. Can you help us map where Bighorn sheep are wintering now?

And what historical winter ranges they aren't using because of habitat degradation?

Our goal is to protect Bighorn sheep winter range within ?amak?is Ktunaxa. We're working with the provincial government through a Government Action Regulation Order. We'll host an info-sharing event and updates after the first info-gathering sessions.



March 8th 2023 10am - 3pm

at Ktunaxa Nation Council Gym Lunch Provided • Stipend & Travel Vouchers Available

WILL YOU JOIN US TO SHARE YOUR EXPERTISE? PLEASE CONTACT CAITLIN CAITLIN.PHILLIPS@KTUNAXA.ORG





LET'S UNITE FOR A BETTER TOMORROW

?AKISQNUK BAND MEETING

MONDAY MARCH 20TH, 2023 | 5PM AKISONUK BAND HALL OR ZOOM

FOR ALL AKISONUK BAND MEMBERSHIP AGENDA ITEMS DUE THURSDAY MARCH 16TH EMAIL KAREN VARGAS AT

KAREN. VARGAS@AKISQNUK.ORG FOR AGENDA AND

JOIN ZOOM MEETING HTTPS://US02WEB.ZOOM.US/J/81775327227

MEETING ID: 817 7532 7227

Upcoming Events: Mark your calendars





LORNE.SHOVAR@AKISQNUK.ORG





Employment Opportunities



Eva Joseph Learning and Cultural Society Little Badgers Early Learning Program 3046 Highway 93/95, Windermere, BC 250-342-6331

Support Worker

Eva Joseph Learning and Cultural Society, (Voted Outstanding Workplace 2022) has a great opportunity for the right person to join our Little Badgers Early Learning Team as a Support Worker. Ideally this would be 32-40 hrs a week but will consider part time for the right candidate.

The successful candidate will:

- · Have good written and verbal communication skills
- Strategies and appropriate intervention for supporting special needs children
- Knowledge of developmental delays and disabilities including FASD and Autism:
- · Training and experience in assessment processes
- · Supporting children one on one in a childcare setting

Qualifications:

- Early Childhood Education Certificate, Special Needs Certificate is an asset but training allowance available.
- · Experience in working with child and families, preferred.
- Must demonstrate knowledge of typical and atypical child development, family centered practice, early intervention.
- · Must be able to work independently, reliable, and self-motivated.
- Maintain confidentiality and professional standards.
- · Possess reliable transportation and hold valid B.C. driver's license.

Compensation

Competitive Wages; Pension Plan; Benefits; Consolidated work week; Professional Development

To apply, submit Cover Letter and resume, to:

Carrie Rickards General Manager Eva Joseph Learning and Cultural Society **Email**: carrie.littlebadgers@gmail.com

Thank you to all applicants who apply however, only those candidates selected for an interview will be contacted.





to provide hot lunch and baked
goods for morning snack. If
interested please contact Carrie via
email carrie.littlebadgers@gmail.com

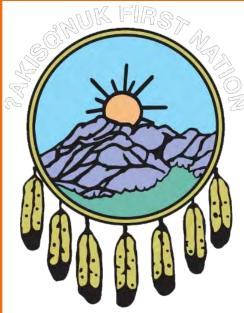
phone 250-342-6331





Employment Opportunities





Pakisqnuk Fist Nation

The following positions are available at ?akisqnuk First Nation.

To view the full descriptions visit https://akisqnuk.org/employment-opportunities and submitting your interest to https://akisqnuk.org/employment-opportunities

- Social Development Worker
- Registered Nurse
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Coordinator
- Records, Reporting and Grants Specialist

Eva Joseph Learning & Cultural Society

The society is currently looking for ?akisqnuk /Ktunaxa grass roots people interested in sharing stories or cultural activities with the ?akisqnuk families please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.

Ktunaxa Nation Career Opportunities



in the territory checkout KNC website at https://www.ktunaxa.org

> Careers for Bids for Contracted Services and current postings

Aboriginal Care Navigator

Clinical Supervisor - Complex Care Shelter

Maintenance Worker

Medical Office Assistant

Regulatory Engagement Coordinator (Nation Council

Client Services Worker

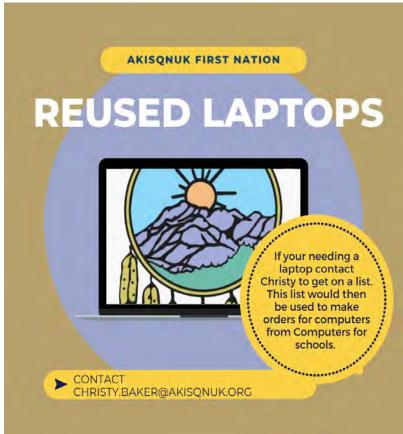
Wellness Center Project Manager

Elder Secretariat











IT'S TIME TO GO SKIING!

AFN is excited to offer FREE skiing/snowboarding again this year for it's membership. We have partnered with Resorts of the Canadian Rockies this includes:

- Nakiska
- Kimberley
- **Fernie**
- Kicking Horse (Golden) and
- **Panorama**

to offer all community members(and their spouse/children, on and off reserve) free lift tickets, rentals, lessons and as well as a \$25 food voucher! This will be available on Sundays, as we are only able to offer it

once per a week for the season.

To participate, you must email Raylene
by Wednesday prior to your ski Sunday at info@akisqnuk.org with the following information for each participant:

- Name, Ages, if rental equipment is needed, and if lessons are needed and the ski/board level
 the Ski hill you wish to ski at and
- date

You will then receive an email with a copy of the vouchers to print and present at the ski hill!



7Akisqnuk Education Services Needs Assessment

In planning for the coming year, we need to gather information on Akisqnuk student needs. We are referring to ALL Akisqnuk students, regardless of where they reside. If you have children in Kindergarten to Grade 12, please complete and submit the assessment form, to help us ensure we are striving to provide sufficient supports and services to all of our students.

If you have questions regarding this, please contact Stephanie Sam (250) 342-6301 Ext 3849 or email stephanie.sam@akisqnuk.org

Can download the PDF https://akisgnuk.org/education









Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker email:

chirsty.baker@akisqnuk.org Due the 15th of every Month



Interested in Renovations on-reserve?

The federal government recently announced that certain renovations on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds + (AFN Home grant*) = the possibility of major renovations on vour home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further, dale.shudra@akisqnuk.org or 250 342 6301 ext.3808



Interested in building a new home on-reserve?

The federal government recently announced that new homes being build on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds + (AFN Home grant?) = the possibility of a new home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further at dale.shudra@akisqnuk.org or 250 342 6301 ext.3808















Ktunaxa Kinbasket Child and Family Services Society

KKCFSS is a non-profit organization available to Ktunaxa citizens, First Nations, Métis and Inuit living on and off-reserve in the Ktunaxa Traditional Territory. We have integrated multi-disciplinary teams delivering holistic services through the following key programs areas:

- Intake and Child Protection
- Guardianship and Family Delegated Services
- Kinship and Residential Care
- Aboriginal Family Support Services
- Prevention, Early Intervention and Therapies
- CYMH Wellness and Family Counselors
- Early Years Program
- Reconnection and Cultural Support
- Justice Support Services
- Aboriginal Youth Services
- Admin Support Services and Maintenance

For more information, visit our website kkcfss.org



Rocky Mountain

ProDrivers Inc

CLASS 1 PBLMT

MANDATORY ENTRY LEVEL TRAINING PROGRAM

"THIS COURSE IS FULLY FUNDED TO QUALIFIED INDIVIDUALS"

Overview

- Class 1 MELT course
- Advanced Mountain Training
- 3 week Practicum
- ForkLift Certification
- · OFA Level 1 First Aid
- Radio Operator Certification

To Be Able to Qualify

- *Class 1 Learners License
- *Interview with ProDrivers
- *WorkBC approval
- *Meet eligability requirments
 In the bottom left panel



866 - 417 - 0193 www.RockyMtnProDrivers.com

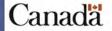
Course Information Available On Our Website

CanadianRocky.com

ELIGIBILITY REQUIREMENTS

Must have established a claim for Employment Insurance (El benefits), or
 Must have had an El benefit period that ended within the previous 60 months; or

- Must have earned more than \$2,000 in insurable earnings and paid employee El premiums on those earnings least 5 of the last 10 years (Note: the 5 years do not have to be consecutive years)
- Must have an Action Plan (AP) that identifies PBLMT as a reasonable goal to support their occupational goal
- Must have a WorkBC case manager to process the application.
 Either unemployed or precariously employed (less than 20 hours a week)
- Entire unemployed or precanously employed (less than 20 hours a week)
 Currently a resident of British Columbia and Possesses either a Permanent Residency, or a Canadian Citizenship, or Refugee with Protected Person status
- Refugee with Protected Person status
 BCEA PWD and BCEA non-PWD clients also eligible





This program is funded by the Government of Canada and the Province of British Columbia.

Learning Something New



?Akisqnuk First Nation Forestry/ Wildland Firefighting training

Training with include: · S-100 (renewed every year)

- · S-185 (renewed every year)
- · ICS-100
- · Pumps & Pumping Systems
- · Bear aware
- · GPS & compass
- · Chainsaw Safety
- · Burning off
- · Introduction to Danger Tree Awareness

If you are interested in this training, please contact Stephanie Sam. Training will start in March (250) 342-6301 Ext:3849

or stephanie.sam@akisqnuk.org





BladeRunners

BladeRunners is a free employment readiness program to provide you with the skills, certifications, experience, and connections to gain employment.

We offer both individual and cohort delivery methods.

By going the individual route, you can customoze the program to fit your needs and life goals.

Those who qualify are:

- Between the ages of 15 and 30
- · Unemployed or underemployed
- · Not currently on El
- · Not enrolled in full-time studies.

Brandon

250-489-2464 ext 3155 Brandon.Hunt@ktunaxa.org

Intake is ongoing; give us shout!

CERTIFICATIONS

- First Aid Serving It Right
- WHMIS
- Foodsafe
- Skid Steer Operator
- Chainsaw Safety
- Construction Safety Training
- H2S Alive

For more information or to share your ideas, contact:

Microsoft Excel

250-489-2464 ext 3063

... lots more

LOCATIONS

- ?akisġnuk
- · ?aġam
- · Yaqit ?a knuqli'it · Yaqan Nu?kiy
- Argenta
- Cranbrook
- · Crawford Bay
- Creston
- Elkford
- Golden Grasmere
- Invermere
- · Kaslo
- Kimberley
- Jenn.Higginbottom@ktunaxa.org

 - Sparwood

KTUNAXA ATION

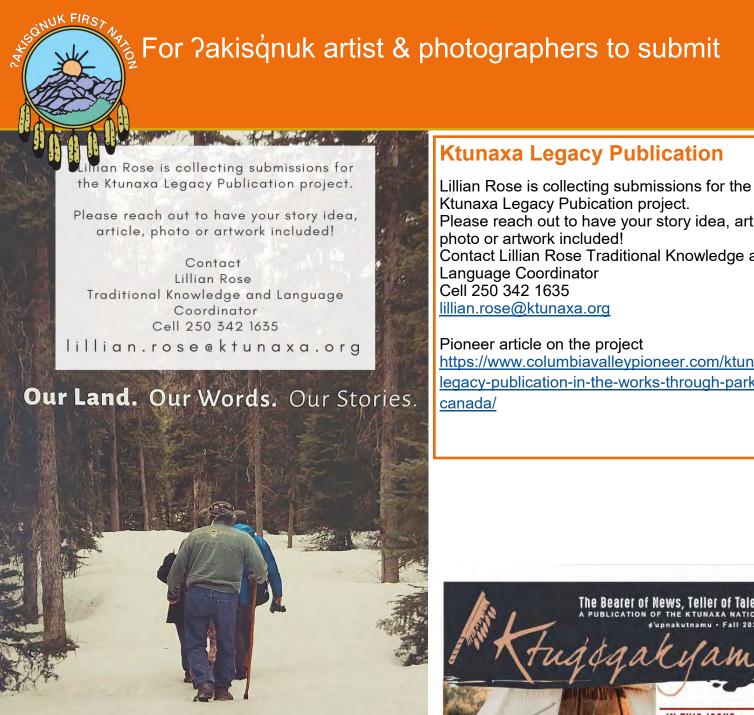




the Canada-British Columbia Workforce Development Agreement

Visit us at www.ktunaxa.org/five-pillars/educationemployment





Ktunaxa Legacy Publication

Ktunaxa Legacy Pubication project. Please reach out to have your story idea, article, photo or artwork included! Contact Lillian Rose Traditional Knowledge and Language Coordinator Cell 250 342 1635 lillian.rose@ktunaxa.org

Pioneer article on the project https://www.columbiavalleypioneer.com/ktunaxalegacy-publication-in-the-works-through-parkscanada/

Ktuqeqakyam, The Bearer of News, Teller of Tales

Check out the revamped Ktunaxa newspaper Ktug¢gakyam!

https://www.ktunaxa.org/ktug%cc%93%c8%bcgakyam-% c2%a2%cc%95upnakutnamu-fall-2022/? fbclid=lwAR15DFQ6jcEPCLwFbfhuiEEteTcxiKe2F4gJ8jcF 6IAorfYtmcZJsa7iVM0

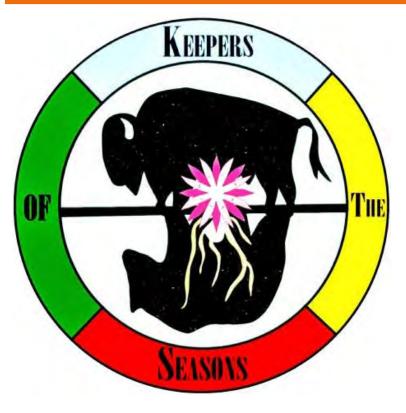
Or pick up your paper copy at the band office



Treatment Centre Update



Keepers of the Season





Keepers of the Season

Check out the new website for ?akisqnuk Band member Darcy Fisher and Family business https://keepersoftheseasonsllc.com/

Eco-immersion: Indigenous Ecological Knowledge classes, courses, and workshops.

We offer services that encourage personal growth and positive change. Eco-immersion:

- Indigenous Connectedness Presentation
- Walking Through the Seasons and Language of the Plants Presentation Organizational Team Building:
- Wild foraging training (Plant identification)
- Wild foraging: processing, prep and protocol
- Health and Wellness Retreats
- Healing on the land

Healing on the land

Being on the land in a good way allows us to honor our ancestral promise to the land and teaches us to respect the natural order of all living things. Each footprint we leave connects us to the past, grounds us in the present and guides us to the future; we learn to tread lightly and pace ourselves through intention. Indigenous Connectedness allows us to know who we are, where we came from and the gifts we share. Importantly it teaches us to let go of ourselves and our past limitations(barriers) to make space for positive change.



Self Care

Mental Health

on-call 310-1234

Available counsellors

https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

Dr. Page Clinic

February16th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

Foot Clinics

February 21 & 22nd are the next clinics. Contact Health Center for booking, canceling or more information at 250-342-6379

Chiropractor*

Pakisqnuk Members may book your Chiropractor appointment at *Invermere Family Chiropractor at 250-342-9666*

Massage*

Pakisqnuk members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

Influenza vaccines

Anyone over the age of six months is eligible for free influenza vaccination. The influenza vaccine saves lives and prevents illness by protecting individuals and communities from the spread of disease. Flu shots are safe and easy to get.

You can phone the provincial call centre (toll-free) at 1 -833-838-2323 to book your appointment or visit the link below for more information

https://www.interiorhealth.ca/health-and-wellness/immunization-and-vaccines/influenza-flu-vaccines#booked-appointments-also-available-for-influenza-vaccine

Columbia Valley Flu clinics (by appointment only) are at the Invermere Health Clinic, Pharmasave, and Lambert Kipp Pharmacy.

Flu and Shingles Vaccine Clinic at Akisqnuk First Nation January 31st 10:30 -2:30. Contact Health Office to book. 250-342 -6379

Non Coverage Medical*

Pakisqnuk members living in BC have <u>Pacific Blue</u> <u>Cross</u> Coverage.

If your needing assistance with medical expenses that are not covered contact the ?akisqnuk Member services director Christy Baker for assistance at christy.baker@akisqnuk.org

Medical Appointment Transportation

If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Health Manager Patsy Nicholas at patsy.nicholas@akisqnuk.org.



Self-Care









?AKISÓNUK **HEALTH CENTER**

> NUPQU (BEAR MONTH)

FEBRUARY

FEB. 9TH & 16TH 2-4PM.: DR. PAGE CLINIC FEB. 21 & 22ND 9-4PM.: FOOT CLINIC

For more details on the Clinics, to book or to cancel your appointment Contact
Health Office: (250) 342-6379

Naloxone kits are available for pickup at the Health Center for anyone who would like them

Please note that all Medical receipts should be submitted directly to Patsy Nicholas at patsy.nicholas@akisqnuk.org

?akisq́nuknik, your feedback helps ?akisq́nuk First Nation make improvements to services provided.

Take a few minutes to fill out the Health and wellness survey. visit https://www.surveymonkey.com/r/XW2YVVM or scan QR



code





Self Care

Have you lost someone to overdose? We'd like to hear from you



If you have experienced losing a family member, friend, client or loved one to the toxic drug supply, please join us for a virtual sharing circle about this important and sensitive topic. Your feedback will help the First Nations Health Authority improve the way it supports people experiencing grief and loss due to the toxic drug crisis.



First Nations Health Authority
Health through wellness

Here is how to participate:

Sign up for a virtual sharing circle **here**

https://linktr.ee/reciprocalconsultinginc

Participants receive a \$25 gift card of their choice and a medicine bundle.

The sharing circle is open to people who identify as Indigenous - First Nations, Metis and Inuit - and to health workers who work with Indigenous peoples. A Knowledge Keeper will open and guide the circle and cultural supports will be available. All information shared is confidential.

If you prefer to share your feedback by phone or email, or if you have questions, contact: Teamleads@reciprocalconsulting.ca

Chief & Council



Band Meeting

March 20th 5pm MST

Topic: akisqnuk Band Meeting

Time: Mar 20, 2023 05:00 PM Edmonton

Join Zoom Meeting https://us02web.zoom.us/j/81775327227 Meeting ID: 817 7532 7227

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before.

Deadline is February 10th for February 15th Chief and Council.

Deadline is February 22nd for March 1st Chief and Council.

Contact Executive Assistance Karen Vargas karen.vargas@akisqnuk.org to request to be on agenda or if you have any questions.

Elders' Corner

?Akisġnuk Elders

Committee Scheduled

Scheduled: January 31st 2022. 10 am AFN Band Hall and Zoom. Usually Last Tuesday of the Month All members over 60 are welcome to attend or log in.

Zoom: https:// us02web.zoom.us/ i/85632236041? pwd=OU85WCs4MURKeT U0djZGUlpxcmZEdz09

Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory 1st Wednesday of Every month. Next meeting is

March 1st 2023. Contact Darcy Luke for agenda items, information (location for in-person) and/ or Zoom link at

dluke@ktunaxa.org

KKCFSS Elder Resident position posting

KKCFSS is looking for Resident Elders for their offices ?aq'am, Yaqan Nukiy, ?akisq'nuk, BC

https://www.ktunaxa.org/ wp-content/uploads/ Resident-Elders.pdf

BC Elders Gathering

is scheduled for August 15-16 2023 in Vancouver. Deadline to Register is July 10th. \$550 per person BC Elders' council Elders' Voice Newsletter https://www.bcelders.com/ Newsletter/ December 2022 Elders Voi ce.pdf

When you're built for feed not speed.

