



ʔakisq̓nuk Community Newsletter

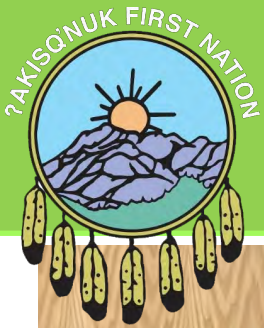
November 18th 2022



Windermere Lake

In this issue...

- Member Messages
- Reminders and Notices
- Upcoming events
- Community Engagement Needed
- For ʔakisq̓nuk artists and photographers to submit
- Self Care
- Community Quality of Service Survey
- Learn Something new
- Employment opportunities
- Chief and council
- Elders' Corner
- Eva Joseph Learning & Culture Society



Members Messages



New AFN Staff Comptroller (Accountant)

Hello Everyone,
 AFN is pleased to announce that we have a new starter, Vijay Akkapeddi, who will be joining the AFN team starting Wednesday, November 16th, 2022 as our new Comptroller. Vijay is a Certified Professional Accountant, and he possesses degree level qualifications in the field of accounting. Vijay's professional experience has seen him become well versed in the accounting life cycle including, but not limited to, the preparation of financial statements, compliance with statutory reporting, administering financial audits, overseeing budget development, ensuring regulatory compliance, and managing payroll operations. Vijay has also worked in First Nation settings before, a background that should prove beneficial to the AFN finance operations.

Please take some time to greet Vijay when you come to the the . We look forward to working with Vijay and to the crucial role he will play in AFN's Finance Department.

Any questions or comments pertaining to this matter can be forwarded either to Hany Hafez Human Resources Generalist or to David Bach, Fiscal & Economic Director.

Hany Hafez Human Resources Generalist (250) 342-6301 ext. 3807, hany.hafez@akisqnuq.org

David Bach, Fiscal & Economic Director (250) 342-6301 ext. 3805, david.bach@akisqnuq.org

Akisqnuq Education Services Needs Assessment

In planning for the coming year, we need to gather information on Akisqnuq student needs. We are referring to ALL Akisqnuq students, regardless of where they reside. If you have children in Kindergarten to Grade 12, please complete and submit the assessment form, to help us ensure we are striving to provide sufficient supports and services to all of our students.

If you have questions regarding this, please contact Stephanie Sam (250) 342-6301 Ext 3849 or email stephanie.sam@akisqnuq.org

Can download the PDF <https://akisqnuq.org/education>

The form is titled "Akisqnuq Education Services Needs assessment". It includes fields for Name, Address, and Contact number. There is a table for listing children with columns for Name, Age, Grade, School, and Akisqnuq Band number. Below the table are sections for providing contact information for the school and the Akisqnuq Education Department, and a section for providing any other comments.

Members Messages



Community Christmas Dinner

Fri. November 18th is the last day to put you in for the upcoming Christmas Dinner

Akisqnuq would like to get on the planning for the Christmas season and is seeking input from community on what they would like to see happen this year for the Community Christmas Dinner/celebration with a

proposed date of Sunday, Dec. 11th. There is also a call out for caterers if the community wants a catered dinner. Please take a minute to complete the survey by clicking the link below or



scanning the QR code <https://www.surveymonkey.com/r/VRQR9HF>

Akisqnuq Christmas Planning

CALL OUT FOR AKISQNUK CATERERS!

AKISQNUK IS STARTING IT'S CHRISTMAS PLANNING AND IS WANTNG TO GATHER AKISQNUK CATERERS THAT WOULD BE INTERESTED IN CATERING THE CHRISTMAS COMMUNITY DINNER IF THE COMMUNITY IS INTERESTED IN HAVING A CATERED DINNER PLEASE CONTACT RAYLENE FORTIN AT RAYLENE.FORTIN@AKISQNU.ORG IF YOU ARE INTERESTED



We care about what you think.

?akisqnuqnik, your feedback helps ?akisqnuq First Nation make improvements to services provided. Take a few minutes to fill out the Health and wellness survey.

visit

<https://www.surveymonkey.com/r/XW2YV>

VM or scan QRcode





Reminders & Notices



20 X 22 AKISQNUK FIREWOOD

AKISQNUKNIK ARE YOU INTERESTED IN VOLUNTEERING TO ASSIST WITH CUTTING AND DELIVERING FIREWOOD? HONORARIUM WILL BE OFFERED. CONTACT GLYNDA JOSEPH AT RECCENTRE@AKISQNUK.ORG



AKISQNUK FIRST NATION

REUSED LAPTOPS



If your needing a laptop contact Christy to get on a list. This list would then be used to make orders for computers from Computers for schools.

CONTACT
CHRISTY.BAKER@AKISQNUK.ORG



2022-23 Ski Program Details!

Let the 2022-2023 Ski Season Begin! Well... almost! Most hills are due to open beginning of December! We are excited to offer FREE skiing/snowboarding again this year! We have partnered with Resorts of the Canadian Rockies (this includes: Nakiska, Kimberley, Fernie, and Kicking Horse resorts) to offer all community members (and their spouse/children, on and off reserve) free lift tickets, lessons and ski rentals, as well as a \$25 food voucher! This will be available on Sundays, as we are only able to offer it once per a week.

To participate, you must email Raylene at raylene.fortin@akisqnuq.org with the following information for each participant: Ski hill you wish to ski at, Names, Ages, equipment needed, and lesson information (level). You will then receive an email with a copy of the vouchers to print and present at the ski hill!

We are also working on a partnership with Panorama near Invermere. The program will be the same as above. We are just awaiting confirmation from them!



**Akisqnuq Members,
Are you in need of some
elk meat?
Contact Christy to
make arrangements for
pick-up**

christy.baker@akisqnuq.org



Reminders & Notices



Call Out for **FAIC**

ʔakisqnuq Finance Audit & Investment Committee

Do you have an interest in the finances of AFN?

Do you have a knowledge of finances and risks?

We need you!

The Finance, Audit and Investment Committee is looking for individuals to join the committee for a two-year term.

Please reach out to the Senior Administrative Officer (joseph.khan@akisqnuq.org), or Fiscal and Economic Director (david.bach@akisqnuq.org) if you are interested or have any questions.

Jordan's Principle Regional Service Coordinator



Assistance with Jordan's Principle requests, appeals, payments, data collection, and case management

ʔAQ'AM HEALTH AND WELLNESS CENTRE:

OCTOBER 19

NOVEMBER 2

NOVEMBER 16

DECEMBER 14

ʔAQ'AM HEALTH FAIR

NOVEMBER 30

Health

- mobility aids
- wheelchair ramps
- elders' services
- mental health services

Social

- social work
- land-based activities
- respite care
- cultural programming

Education

- tutoring services
- teaching assistants
- mental health services
- assistive technology

📧 MICHAELA.MATTERS@KTUNAXA.ORG

☎ 2504641631



ʔAQ'AM



Ktunaxa Kinbasket
Child & Family
Services Society

· **FOUNDRY** ·
EAST KOOTENAY

AKISQNUK FIRST NATION

WANT GOOD FOOD BOX?

EATING HEALTHY

SIGN UP FOR THE GOOD FOOD BOX AT

[HTTPS://WWW.SIGNUPGENIUS.COM/GO](https://www.signupgenius.com/go/10c094caf2ca1ffc52-good)

/10C094CAF2CA1FFC52-GOOD

OR EMAIL RAYLENE FORTIN AT

RAYLENE.FORTIN@AKISQNUK.ORG

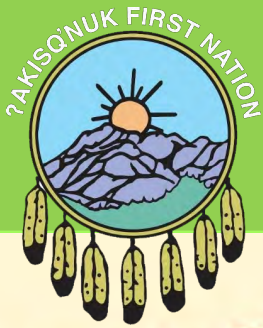


Social Development update



Job Search documentation
and Monthly Renewal
Applications need to be
submitted to Christy Baker
email:

chirsty.baker@akisqnuq.org
Due the 15th of every Month



Reminders & Notices

Interested in Renovations on-reserve?



The federal government recently announced that certain renovations on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds +(AFN Home grant*) = the possibility of major renovations on your home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further, dale.shudra@akisqnuq.org or 250 342 6301 ext.3808

Interested in building a new home on-reserve?



The federal government recently announced that new homes being build on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds +(AFN Home grant?) = the possibility of a new home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further at dale.shudra@akisqnuq.org or 250 342 6301 ext.3808



Columbia Valley Christmas Bureau

The Christmas Bureau of the Columbia Valley; a not-for-profit organization that has been helping to make Christmas a little bit brighter and cheerier for families in the Columbia Valley since 1992. Everyone from time to time has needed a helping hand. We believe that everyone deserves a special Christmas dinner, and some gifts, without the added stress and financial burden that often comes with the Holiday season.

What We Do

We raise funds to: purchase gift cards (from our local grocery stores), provide a small bag of personalized gifts/goodies, and provide gifts to children, teens, and seniors, which are then distributed to families/individuals (from Spillimacheen to Canal Flats) that are in need of some help at Christmas time."

We Support

The Christmas Bureau of the Columbia Valley also supports many local groups in our area. We make an effort to ensure the people in these groups receive a package if they are in need or don't have any family around to bring them some Christmas cheer. They include:

- Columbia Gardens
- Columbia House
- Ivy House
- Mount Nelson
- Home Support

HOW YOU CAN HELP

Donate

If you wish to sponsor a family, donate gift bags of goodies, or make a monetary donation, but are unsure of where to start, send us an email at info@christmasbureauvcv.ca or call:

- Angie at 250-342-2611
- Carrie at 250-341-5033

Volunteer

Our current available positions are:

Angel Tree Coordinator
Event Coordinator
Treasurer

Christmas Bureau of the Columbia Valley operates approximately from mid-Sept to mid-Dec every year.

If you would like more information on one of the available positions or would like to see a full job description, please contact info@christmasbureauvcv.ca

Application for the Christmas Bureau program

<https://christmasbureauvcv.ca/applications/>

Or come to the ?akisqnuq band office for your copy and drop off.

For more information visit

<https://christmasbureauvcv.ca/>

Reminders & Notices



Columbia Valley Ktunaxa Nation Council CEO Report

Below is a Sway link to Codie Morigeau KNC CEO's report for Oct.28th

<https://sway.office.com/bK97s1tqt892Fmox?ref=Link>

In this Report issue...

- ʔaqam Christmas Choir Practice
- Ktunaxa Business Showcase was a smash success!
- Ktunaxa Literacy Day
- Social Sector staff meets with minister
- #KtunaxaHomelands wins national ad award
- We Are All Salmon People, by Troy Hunter
- Ktuúq̓qakyam: See the newspaper online
- KNC STAFF: Christmas Break
- KNC STAFF: Staff Appreciation Day
- Ktunaxa Nations' Links
- Career Pathways
- Ktunaxa Word of Today

UPDATE FOR MEMBERS
SYILX OKANAGAN NATION
SECWÉPEMC NATION
KTUNAXA NATION
NOVEMBER 2022



BRINGING *the* SALMON HOME
k4 c̓palk st̓im i7 ntyityx
ʔat̓i su7kinil swaq̓mu
Tspelq̓ent̓em re Sq̓l̓el̓ten

Bringing the Salmon Home: The Columbia River Salmon Reintroduction Initiative is the innovative Indigenous-led collaboration of the Syilx Okanagan, Secwépmc and Ktunaxa Nations, Canada and British Columbia. For more than 80 years, salmon have been blocked by dams from returning to the upper Columbia region.

Salmon are central to Syilx, Secwépmc, and Ktunaxa well-being, culture, spirituality, sustenance, and livelihoods. The loss of salmon in the upper Columbia River Basin has impacted and continues to affect the Aboriginal Rights and Title and interests of our Indigenous Nations.

Reintroducing salmon is a foundation of cultural strength and renewal. Our three Nations uphold our sacred responsibilities to reintroduce the salmon, continuing to work with Tribal relations in the USA and other stakeholders and allies along the river:

This work unites us in a shared vision and commitment to work together to bring the salmon home to the upper Columbia for the benefit of our people, the water, the land and all living beings.



Youth Salmon Warriors Gathering participants, Columbia River headwaters, Canal Flats, BC

Youth Salmon Warriors Gathering 2022

We have come to the headwaters of the mighty Columbia River from our strong Secwépmc, syilx Okanagan, and Ktunaxa Nations where we have created true connections and honour one another.

We are here as salmon's witness.

Our sacred relative has been gone from these waters for too long, but even still, their spirit is here because we are here, and we will never stop fighting for their right to come home.

These powerful words open the Youth Salmon Warriors Statement created by young people from the Secwépmc, syilx Okanagan, and Ktunaxa Nations as part of their historic tri-Nation gathering in late August 2022 at the headwaters of the Columbia River.

For five days, 21 young people from the three Nations gathered together for the first annual **Bringing the Salmon Home-Youth Salmon Warriors Gathering**.

The young people were supported by elders, knowledge keepers and leaders from each of the Nations.



Creative facilitators Sofia Terbasket-Funmaker and XastikSM Michel used IndigeneYEZ processes to guide the young people in building strong connections with each other and the salmon.

"We created connections that we didn't know we were going to make. We've made friendships we didn't know we were going to make. And, for the future, those connections are what are going to bring back the salmon, what's going to bring back our culture, what's going to bring back our language, what's going to bring back everything," reflects syilx Okanagan Nation member Morgan Rashke.

It's been more than 80 years since salmon, blocked by dams, have returned to the source of the river. As part of their journey to bring salmon home, the young people learned how to can Columbia River-Okanagan sockeye salmon provided by the syilx Okanagan Nation.

And then, in a deeply moving ceremony, they returned the salmon remains to the river.



Respectfully returning the salmon remains to the river.

"You know, our languages aren't extinct - they're sleeping, and they're waking up. And our salmon aren't extinct from the Columbia River - they're coming home."

~Martina Escutin, Ktunaxa

This first Youth Salmon Warriors Gathering was a powerful success, and opens the way for annual gatherings going forward.

We are standing up for our salmon and we are raising our voices for the people to hear:

Put aside politics and keep our salmon and us young people at the centre because we can show you the way.

Because we are walking forward with the truth in our hearts that our salmon are coming home.

Download and share the Youth Salmon Warriors Statement from our website at ColumbiaRiverSalmon.ca



Original illustration by Ktunaxa artist Marisa Phillips for Bringing the Salmon Home: The Columbia River Salmon Reintroduction Initiative



"You don't have to be a fish biologist to be a salmon warrior, or be at the front lines to be a salmon warrior."

There's different ways and streams and rivers you can go down to become a salmon warrior."

~Jade Montgomery-Waardenburg, Syilx Okanagan



Reminders & Notices



"The youth are strong and we have a lot of perseverance. And this knowledge that we've learned we'll continue to integrate throughout our lives."

~Nikeshia Harry, Secwépemc

THANK YOU TO EVERYONE WHO CONTRIBUTED TO MAKING THIS GATHERING SUCH A SUCCESS!

The Youth Salmon Warriors Gathering was coordinated by our Bringing the Salmon Home Outreach & Engagement Organizer team: Troy Hunter, Carrie Terbasket, Valerie Michel, and Teresa Marshall.

The organizers would like to thank all of the participants, their parents, the Elders, knowledge keepers, and leaders and facilitators who provided their support during the camp including: Alfred Joseph, Tricia Manuel, Kúkpí7 Barb Cote, Nasu7kin Joe Pierre, Mark Thomas, Vickie Thomas, Lillian Rose, Sofia Terbasket-Funmaker, Xastík Michel, Kelly Terbasket, Pauline Terbasket, Deb Crow, Sheri Womacks, Jon Leonard, and Michael Zimmer.

Deep gratitude also to the Ktunaxa, Secwépemc and syilx Okanagan Nations, and IndigenEYEZ for their generous financial and in-kind support; Columbia Power Corporation for its donation; Legend Logos for speedy t-shirt printing; Sonya Morigeau (SMOR Productions) for drone footage; Emily Slobodzian and Fato Burgoyne, our hosts at the beautiful off-grid Raven's Nest Resort & Campground near Fairmont Hot Springs; and ʔAkisqnuq First Nation for the use of their Rec Centre to can salmon and share stories.

Lilhqanít / Hu sukliqnaia'ni / Kukstenc

CALL TO YOUNG PEOPLE! Youth Salmon Warriors Gathering June 22-28, 2023

*Ages 19-30. Columbia River location TBA

Spaces are limited. Sign up now!

Contact your Nation Outreach & Engagement Organizer:

Secwépemc - Valerie Michel
crt@shuswapnation.org

syilx Okanagan - Carrie Terbasket
cterbasket@gmail.com

Ktunaxa - Troy Hunter
TroyD.Hunter@ktunaxa.org

4 of 6

WORKING GROUPS: BRINGING THE SALMON HOME

The **Executive Working Group** has prioritized ensuring that the Bringing the Salmon Home initiative is renewed for three more years to March 31, 2025, and securing the governments' additional commitment to implement a plan to make this an enduring and sustainably funded Indigenous-led initiative beyond 2025. Stay tuned for more news on this to come.

The **Indigenous Knowledge Counsel** has been founded to provide guidance to all of this initiative's activities. The IKC is shaping their workplan and priorities going forward.

The **Implementation Team** provides oversight for putting the Letter of Agreement into action. The IT provides direction to the Management Team and Technical Working Group, and makes recommendations to the Executive Working Group.

The **Technical Working Group** has three core technical studies underway, each led by one of the Indigenous Nations, and is working to share information and collaborate with US Tribes under the transboundary One River principle.

The **Communications Advisory Group** and the **Nation-based Outreach & Engagement Organizing Team** are responsible for outreach within and across the three Indigenous Nations, and to other audiences. This includes producing the online Bringing the Salmon Home Festival every May, events such as the Salmon Warriors Gathering, public webinars, the ColumbiaRiverSalmon.ca website, social media, and multi-media resources.

The **Management Team** provides support to all of the working groups, communications, fundraising and coordination of grants and budgets, and financial administration and reporting.



Team building, Youth Salmon Warriors Gathering 2022

5 of 6

SAVE THE DATE!
BRINGING THE SALMON HOME FESTIVAL
May 2-3, 2023 online
ColumbiaRiverSalmon.ca



BRINGING THE SALMON HOME
Documentary in the works!



INDIGENOUS NATIONS REPRESENTATIVES BRINGING THE SALMON HOME INITIATIVE

Syilx Okanagan

Chief Keith Crow
Chief Byron Louis

Secwépemc

Executive Working Group

Mark Thomas, EWG Chair
Kukpi7 Barb Cote

Ktunaxa

Jason Andrew
TBA

Indigenous Knowledge Counsel

Chad Eneas, IKC Chair
Dixon Terbasket

Fred Fortier
TBA

Marty Williams
Vickie Thomas

Implementation Team

Rosalie Yazzie, IT Chair
Jay Johnson

Murray Ross
Adam Neil

Vickie Thomas
Misun Kang

Technical Working Group

Herb Alex
Richard Bussanich

Adam Neil
Rhiannon Kirton

Misun Kang, TWG Co-Chair
Ben Meunier

Communications Advisory Group

Tara Montgomery
Marc Griebel

Valerie Michel

Troy Hunter

Outreach & Engagement Organizers

Carrie Terbasket
cterbasket@gmail.com

Valerie Michel
crt@shuswapnation.org

Troy Hunter
TroyD.Hunter@ktunaxa.org



Bringing the Salmon Home Secretariat
Hosted by Okanagan Nation Alliance
Pauline Terbasket, Management Team
Carla Hunt, Admin Coordinator

ColumbiaRiverSalmon.ca

Behind every strong woman
is a dog that follows her
to the bathroom.



Upcoming Events: Mark your calendars



November

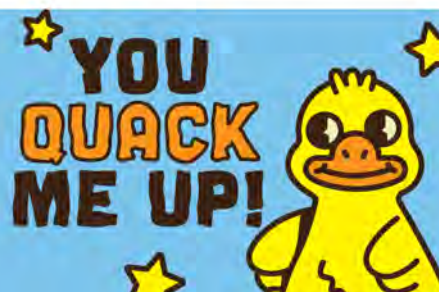
- Nov. 18th 2pm.: Annual ?akisqnuk Elders Duck dinner and fixings.
- Nov. 18th 2:30pm.: Qat'muk Pow wow at the Heritage Inn in Cranbrook. RSVP with Karri Garner at kgarner@ktunaxa.org.
- Nov. 21 -24.: AFN National Addictions Awareness week (NAAW) at the Columbia Lake Rec. Centre.
- Nov. 21st 12pm.: National Addictions Awareness week opening via Zoom. <https://us02web.zoom.us/j/87582415853>
- Nov. 22nd 10:30am -2pm.: Flu Shot/ COVID Booster Clinic at AFN health center.
- Nov. 22nd 11am-1pm.: AFN NAAW Discussion with RCMP and Pizza Lunch
- Nov. 23rd 2-4pm.: AFN NAAW "A healthy Me" - Addiction presentation by ANKORS
- Nov. 24th 8:30am -4:30pm.: Submit your NAAW Ambassador sheet to enter for a prize!
- Nov. 24th 2-4pm.: ?akisqnuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- Nov. 25th 1-4pm.: AFN NAAW Blanket Exercise at the Rec. Centre.
- Nov. 29th 10am.: ?akisqnuk Elders committee meeting at ?akisqnuk Band Hall. Zoom available.
- Nov. 29th & 30th 9-4pm.: ?akisqnuk Foot Clinic at AFN health center.



Annual Elders Duck Dinner



Where? Akisqnuk Band Hall
Who? Calling all Elders
What? Duck Dinner & fixings
When? Friday, November 18, 2022 @ 2PM



Celebrate Qat'muk

Pow Wow
 All Ktunaxa are Invited!

November 18, 2022
Heritage Inn
Cranbrook

2:30 Doors Open
 (Doors close at 2:50)
3:00 Welcome & Ceremony
 Opening Comments & Acknowledgements
5:30 Dinner
7:00 Pow Wow

**Celebrate the Past, Present
 and Future of Qat'muk**

So we can plan for the meal, please RSVP to Kerri Garner at kgarner@ktunaxa.org by October 18, 2022. Thank you!

Please Note: Due to health concerns of some who will be in attendance, we request that you do a COVID rapid test within 24 hours of the event and also wear a mask. We will have rapid tests at the door if you do not have access to one.





Upcoming Events: Mark your calendars

A Community of Caring...

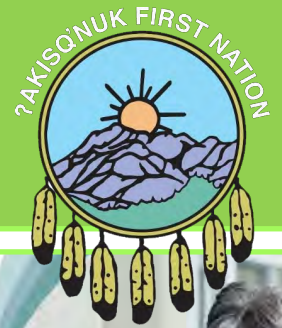
National Addictions Awareness Week November 20-26, 2022 Columbia Lake Rec Centre

Monday	12PM	Opening Via Zoom https://us02web.zoom.us/j/83245365955
Tuesday	11AM-1PM	Discussion with RCMP & Pizza Lunch
Wednesday	2PM-4PM	Informative Communications Presentation with ANKORS
Thursday	8:30AM- 4:30PM	Submit your NAAW Ambassador sheet to enter for a prize!! - Can be found at Rec Centre and Admin Office
Friday	1PM-4PM	Blanket Exercise

Inviting everyone to participate in supporting "A Community of Caring"
NAAW 2022!

Pictures are encouraged. Please submit to:
Raylene.Fortin@akisqnuq.org OR Stephanie.Sam@akisqnuq.org

Upcoming Events: Mark your calendars



Elder Advisory meeting

NOV. 29

10.00 AM

Email: karen.vargas@akisqnuk.org
Zoom link
<https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09>

Seniors First BC Introduction Webinar

Learn about Seniors First BC's programs and services! This webinar highlights common issues affecting older adults in BC and how Seniors First BC's free programs can help.

December 5, 2022
1:00 pm - 2:00 pm (Mountain Time)
over Zoom

To register, scan QR code
or text 604-839-6442.



Scan to Register!



Hosted by:



**seniors
first
BC**

More info: Outreach@SeniorsFirstBC.ca | 604-839-6442



CALLING ALL ELDERS:

Complimentary legacy portraits for Elders 65+

BOOK YOUR 15 MINUTE SESSION:
JANUARY 31, 2023 1PM-3PM

CONTACT THERESA KAINS (250) 342-6301 EXT. 3814

PLEASE BRING A CHERISHED PHOTOGRAPH OF YOU IN YOUR YOUNGER DAYS.
Local photographer KimberleyRae is compiling layered photographs & stories of
Columbia Valley Community Elders for a personal art project.
A signed model release is required & you'll receive a free print & your digital images
For individuals & couples 65+

Visit info@kimberleyrae.ca for more information

I didn't choose the rez life



The rez life chose me



Community Engagement Needed



Are you interested in learning hockey skills?

INDIGENOUS CHILDREN & YOUTH HOCKEY CAMP

UP TO 1.5 HOURS OF FREE ON ICE INSTRUCTION AFTER SCHOOL!

PRACTICE SKATING, STICK HANDLING, SHOOTING, AND MORE!



If interested, please contact: tolderness@ktunaxa.org



AKISQNUK MEMBERSHIP SERVICES

AKISQNUK RESILIENCE

Akisqnuq First Nation is doing emergency planning and would like to know who would need assistance in evacuating in an emergency, i.e., wildfire, flood, etc.

We need to know this number for emergency planning.

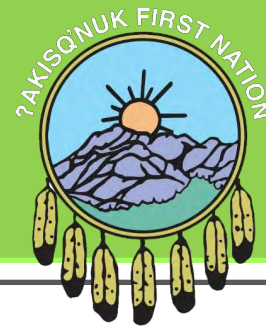
If you have an interest in being apart of the community emergency planning

CONTACT CHRISTY BAKER AT
CBAKER@AKISNUK.ORG OR CALL 250-342-6301

Ktunaxanińtik Did you sign up yet?

Ktunaxa Hakqyt is to provide an online engagement space for Ktunaxa. Register to learn about, and contribute to, engagement opportunities such as surveys, stories, forums and ideas. Share your thoughts and stay updated on the projects that matter most to you. Most Engagement Projects are open to Ktunaxa contributors only, while the Sections are available to view by everyone. Sign up here <https://ktunaxahakqyt.org/>

Employment Opportunities



ʔakisq̓nuk First Nation

The following positions are available at ʔakisq̓nuk First Nation.

To view the full descriptions visit <https://akisqnuuk.org/employment-opportunities> and submitting your interest to hany.hafez@akisqnuuk.org

- Financial Officer
- Social Development Worker
- Land Referrals Coordinator
- Water Operator Trainee
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Facilitator

Eva Joseph Learning & Cultural Society

The society is currently looking for ʔakisq̓nuk /Ktunaxa grass roots people interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.



Ktunaxa Nation Career Opportunities

in the territory checkout KNC website at <https://www.ktunaxa.org> > **Careers** for [Bids for Contracted Services](#) and [current postings](#)

Lands and Resource Sector Director (CLOSING DATE: October 27, 2022, 4:30 pm)

Aboriginal Care Navigator

Clinical Supervisor – Complex Care Shelter

Maintenance Worker

Medical Office Assistant

Regulatory Engagement Coordinator (Nation Council

Client Services Worker

Wellness Center Project Manager

Elder Secretariat

Nupqu Career Opportunities

Check out the employment opportunities on the Nupqu Resources Limited Partnership

Website <https://nupqu.com/careers/>



For ʔakisq̓nuk artist & photographers to submit

Lillian Rose is collecting submissions for the Ktunaxa Legacy Publication project.

Please reach out to have your story idea, article, photo or artwork included!

Contact
Lillian Rose
Traditional Knowledge and Language
Coordinator
Cell 250 342 1635
lillian.rose@ktunaxa.org

Our Land. Our Words. Our Stories.

Ktunaxa Legacy Publication

Lillian Rose is collecting submissions for the Ktunaxa Legacy Publication project.

Please reach out to have your story idea, article, photo or artwork included!

Contact Lillian Rose Traditional Knowledge and Language Coordinator

Cell 250 342 1635

lillian.rose@ktunaxa.org

Pioneer article on the project

<https://www.columbiavalleypioneer.com/ktunaxa-legacy-publication-in-the-works-through-parks-canada/>



Ktuq̓qakyam, The Bearer of News, Teller of Tales

Check out the revamped Ktunaxa newspaper Ktuq̓qakyam!

<https://www.ktunaxa.org/ktuq%cc%93%c8%bcqakyam-%c2%a2%cc%95upnakutnamu-fall-2022/?fbclid=IwAR15DFQ6jcEPCLWfBfhuiEEteTcxiKe2F4gJ8jcF6IAorfYtmcZJsa7iVM0>

Or pick up your paper copy at the band office

The Bearer of News, Teller of Tales
A PUBLICATION OF THE KTUNAXA NATION
#upnakutnamu • Fall 2022

Ktuq̓qakyam

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Treatment Centre Update

The Seven Nations Soaring Eagles Treatment Centre will be built on Lower Keeleway Band territory. The project has been in the works for several years. Navukin Jason Louie of Yaqan Nu'kiy says it represents the seven First Nations that live in B.C. He says the 12-bed facility will accept all Indigenous Canadians who seek help and treatment.

As Navukin Louie told *NyCwam'yu row* in 2019, "They've made the decision that they want to change their lifestyle. They're realizing that there's an issue with alcohol and drugs in their lives. That their lives have become unmanageable. We just want to get them here."

Debbie Whitehead, Director of Ktunaxa Nation Council Social Investment Sector, is pleased with progress so far. "The team, including Shane Stewart, manager of Ktunaxa's Economic Investment Sector, is ensuring the centre is built in a timely manner," she said. "The society is incorporated, and the curriculum is complete."

A group was informally created, made up of Yaqan Nu'kiy, First Nations Health Authority, Ktunaxa Nation Council Social and Economic Investment Sector, and Cover (the architects). The group had regular meetings to review drawings and designs. They raised many questions around layout and functionality. The group finalized the schematic designs based on the needs of the treatment centre clients. Most funds are in place, with other applications in process.

The members of the design committee have been finalized, and meeting dates have been set. The committee will tackle decisions on siding, roofing, materials, flooring, colour choices... all the choices needed to complete the entire project.

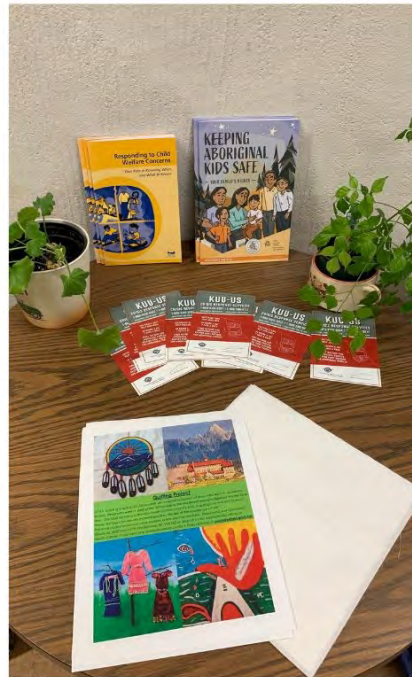
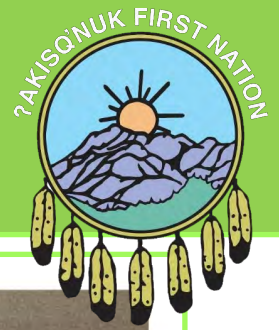
Meanwhile, the architects will create the construction documents and get ready for the building tender submissions.

If everything goes according to the schedule, by end of January, 2023, the bid package/tender will be sent out to potential contractors. By end of February, 2023, the tender will be awarded. And by April or May, 2023, construction will begin.



Drawing courtesy Cover Architects. A site view of the Seven Nations Soaring Eagles Treatment Centre. Construction is anticipated to begin as early as April of 2023. If you have questions about the treatment centre building project, please contact Carlis Walker, Lower Keeleway Band. If you have questions about the operations, contact Debbie Whitehead, Ktunaxa Social Investment Sector, and if you have questions about the design, contact Shane Stewart, Ktunaxa Economic Sector.

Self-Care



ʔ a k i s q n u k
Health Centre
&
Ktunaxa Kinbasket
Child & Family
Services
250-342-6379

**COME ON IN, GRAB A
FREE COFFEE, A BOOK,
AND CHECK OUT OUR
SERVICES AND
RESOURCES!**

You can often
find free
donated food
items, and even
a pot of chili or
soup on the
stove!

Stop by between
830-12 or 1-430,
Monday-Friday.





Self Care

Mental Health

on-call 310-1234

Available counsellors

<https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf>

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

Dr. Page Clinic

November 24th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

Foot Clinics

November 29 & 30 are the next clinics. Contact Health Center for booking, canceling or more information at 250-342-6379

Chiropractor*

ʔakisq'nuq Members may book your Chiropractor appointment at *Invermere Family Chiropractor* at 250-342-9666

Massage*

ʔakisq'nuq members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

Non Coverage Medical*

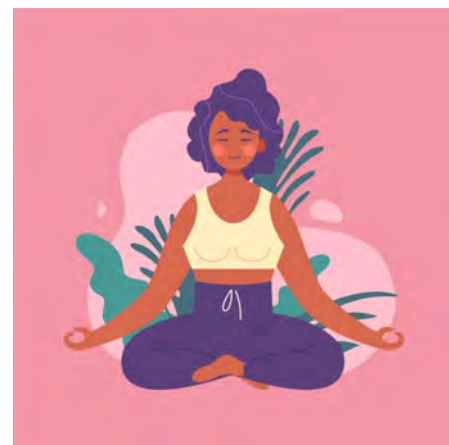
ʔakisq'nuq members living in BC have Pacific Blue Cross Coverage.

If your needing assistance with medical expenses that are not covered contact the ʔakisq'nuq Member services director Christy Baker for assistance at christy.baker@akisqnuq.org

Medical Appointment Transportation



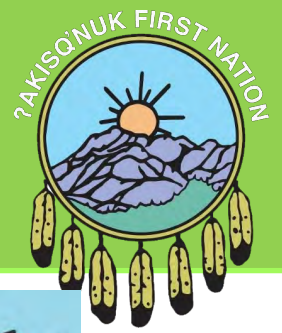
If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Member Services Director Christy Baker at christy.baker@akisqnuq.org.



**Contact
communication@akisqnuq.org if you
want more
information or have
questions with
anything in the
newsletter**

Self-Care



**TAKISQ'NUK
HEALTH CENTER**


**KTAEU?K QUPQA (DEER RUTTING)
NOVEMBER**

**NOV. 10TH 2-4PM.: DR. PAGE CLINIC
NOV. 24TH 2-4PM.: DR. PAGE CLINIC**

NOV. 29TH & 30TH- 9AM-4PM.: FOOT CLINIC



NOV. 22ND - 10:30AM-2PM.: FLU SHOT/COVID BOOSTER CLINIC

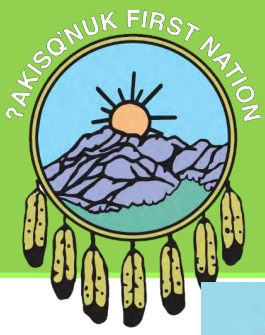
For more details on the Clinics, to book or to cancel your appointment Contact Office: (250) 342-6379

 Naloxone kits are available for pickup at the Health Center for anyone who would like them

*Please note that all Medical receipts should be submitted directly to Christy Baker
christy.baker@akisqnuk.org*

Takisq'nuknik, your feedback helps Takisq'nuk First Nation make improvements to services provided. Take a few minutes to fill out the Health and wellness survey.
visit <https://www.surveymonkey.com/r/XW2YVVM> or scan

 QRcode 



Self-Care



SORRY TO SEE YOU GO

Akisqnuq Membership,

Akisqnuq would like to take this opportunity to let everyone know that Jason Juell, the Registered Nurse, has handed in his resignation.

Jason joined us earlier this year at a time of extravagant growth and change within the AFN organization. Jason's achievements were plentiful; including playing a lead role in organizing the AFN's health fair, ensuring AFN's adherence to medical guidelines and best practices as stipulated from the First Nations Health Authority and Interior Health, offering his nursing expertise to both community members and staff, and was overall diligent in his line of work. In light of these grave changes and growth, Jason has proven to be a valuable asset to the health team and to the AFN community as a whole.

It is with dismay and regret that Akisqnuq announces Jason's departure from the AFN organization. Jason plans on further strengthening his nursing portfolio, collating more certifications that will enhance his nursing career, and to receiving more intensive hands-on training. Jason's last day with AFN is expected to be on Friday, November 18th, 2022.

Akisqnuq wishes Jason Juell all the best in his nursing career, and to seeing him excel at what he does.

Any questions or comments on this matter can be forwarded either to Hany Hafez Human Resources Generalist, or to Christy Baker, Member Services Director.

Community Quality of Service Standards Survey



COMMUNITY QUALITY OF SERVICE Survey

SCAN QR CODE

[HTTPS://WWW.SURVEYMONKEY.COM/R/F5T6GWG](https://www.surveymonkey.com/r/f5t6gwg)



Service standards strengthen Band accountability by making performance transparent and increase the confidence of members in their leadership by demonstrating commitment to service excellence.

Please set aside some time to complete this survey.





Learning Something New

ʔAkisqnuq First Nation Forestry/Wildland Firefighting training

- Training with include:**
- S-100 (renewed every year)
 - S-185 (renewed every year)
 - ICS-100
 - Pumps & Pumping Systems
 - Bear aware
 - GPS & compass
 - Chainsaw Safety
 - Burning off
 - Introduction to



Danger Tree Awareness

If you are interested in this training, please contact Stephanie Sam.
(250) 342-6301 Ext:3849 or stephanie.sam@akisqnuq.org



**Think. Do. EXPLORE
TEACH
SUPPORT
INSPIRE
Become.**



Early Childhood Education

Begin your journey towards Early Childhood Education certification at College of the Rockies

College of the Rockies is offering **ECED 113 Health, Safety and Nutrition** in a monthly intake model. The course will be offered starting the first Monday of every month from October through March. Students can complete the online course at their own pace over a maximum of 15 weeks.

The 10-Module course focuses on the important aspects of health, safety, and nutrition in an ECE setting.

Topics explored include:

- Introduction to field trip and menu planning
- The promotion and modeling of a healthy, safe environment
- Personal hygiene
- Standards of cleanliness; preventing the spread of communicable diseases
- Supporting the management of a chronic health condition

This 10-module online course is one of the Ministry of Children and Family Development's approved courses for Early Childhood Educator Assistant certification through the ECE Registry.

Course prerequisite: Minimum 65% in English Studies 12, English First Peoples 12, or equivalent (refer to Course Equivalency Information on the College website) Academic assessment.

Contact Student Services at studentservices@cotr.bc.ca

To register:

Contact the Enrolment Service office by email - reghelp@cotr.bc.ca or by phone at at 250-489-8237.

BladeRunners

BladeRunners is a free employment readiness program to provide you with the **skills, certifications, experience, and connections** to gain employment.

We offer both individual and cohort delivery methods.

By going the individual route, you can customize the program to fit your needs and life goals.

Those who qualify are:

- Between the ages of 15 and 30
- Unemployed or underemployed
- Not currently on EI
- Not enrolled in full-time studies.

Intake is ongoing; give us shout!

CERTIFICATIONS

- First Aid
- Serving It Right
- WHMIS
- Foodsafe
- Skid Steer Operator
- Chainsaw Safety
- Construction Safety Training
- H2S Alive
- Microsoft Excel
- ... lots more

LOCATIONS

- ʔakisqnuq
- ʔaqam
- Yaqit ʔa-knuqli'it
- Yaqan Nuʔkiy
- Argenta
- Cranbrook
- Crawford Bay
- Creston
- Elkford
- Fernie
- Golden
- Grasmere
- Invermere
- Kaslo
- Kimberley
- Nelson
- Salmo
- Slocan
- Sparwood

For more information or to share your ideas, contact:

Brandon
250-489-2464 ext 3155
Brandon.Hunt@ktunaxa.org

Jenn
250-489-2464 ext 3063
Jenn.Higginbottom@ktunaxa.org

Learning Something New



LIVING LIFE TO THE FULL
for youth

YOUR MENTAL HEALTH MATTERS

8 fun, friendly sessions

In eight enjoyable 90-minute sessions — one per week — this program helps people make a difference to their lives. Participants are taught how to deal with their feelings when fed up, worried or hopeless, and learn skills to help them tackle life's problems.

1 Why do I feel so bad?

Want to know what makes you tick? This session helps you understand how your responses to outside events can affect your thoughts and feelings.

2 I can't be bothered doing anything

We've all said this to ourselves when feeling down. This session helps you break out of the cycle of low activity and sets out a simple plan for getting back in action.

3 Why does everything always go wrong?

If that sounds familiar, this session will teach you how to stop it from taking control of your life. You'll be introduced to the Amazing Bad-Thought-Busting Program and learn how to swap bad thoughts for good ones.

4 I'm not good enough

How come other people seem so confident? Learn their secrets and get to like yourself again, with practical suggestions about how to build your self esteem.

5 How to fix almost everything

This session introduces the 4C Strategy—a straightforward way to fix your problems and achieve your goals that has worked for thousands of people. Do you know how to reach the top of a climbing wall? This session will show you how.

6 The things you do that mess you up

When you're feeling low you can start to lean on things to get you through a bad time. This session helps you get back in control of excessive spending, gaming, binge-watching... anything.

7 1, 2, 3 Breathe!

This session teaches you the 1, 2, 3 Breathe! system—everything you need to control your temper and improve your happiness and relationships. No jargon, no theory, just practical help.

8 10 things you can do to feel happier straight away

The last session sums everything up and then shows you how to be happier, fitter and able to see the positive side of life every day.



8 weeks



12 hours total



Group-based



Virtual or in-person



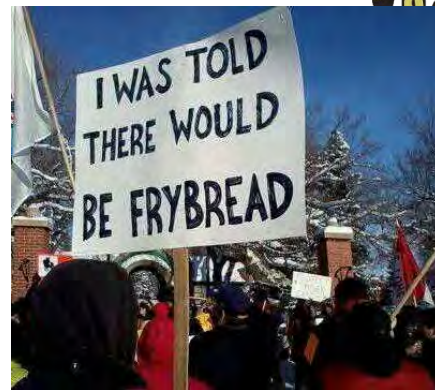
Cognitive behavioural therapy (CBT)

Download it today at living.life@cmha.bc.ca or visit our website: livinglifetothefull.ca



Canadian Mental Health Association
British Columbia
Mental health for all

Association canadienne pour la santé mentale
Colombie-Britannique
Le santé mentale pour tous



RCMP-GRC

ROYAL CANADIAN MOUNTED POLICE • GENDARMERIE ROYALE DU CANADA

Indigenous Pre-Cadet Training Program

Throughout the COVID-19 pandemic, our paramount concern has been for the health and safety of our IPTP Candidates and those attending the academy as we continue to implement best practices in collaboration with provincial and federal health authorities.

The Indigenous Pre-Cadet Training Program (IPTP) offers Canadian Indigenous people, between the ages of 19 and 29, an opportunity to experience a modified three-week Depot training experience within the RCMP at the RCMP Training Academy in Regina, Saskatchewan.

"It gives Indigenous youth the opportunity to experience a training session and a first-hand view of what a possible career in police work could entail," says Cpl. Maureen Greyeyes-Brant, who was a graduate of the program and is now the National Coordinator.

May 15, 2023 - June 2, 2023

Now accepting applications for the 2023 spring session!

Deadline: December 1, 2022

For more information contact:

Cpl. Susan Boyes susan.boyes@rcmp-grc.gc.ca

Cpl. Rebecca Munro rebecca.munro@rcmp-grc.gc.ca

You'll learn:

- An Introduction to the Criminal Code and RCMP policy
- Physical fitness and drill
- Skills to help prepare you to apply to be a police officer

Basic Requirements

- Be between 19 - 29 years of age
- Be of First Nation, Inuit or Métis descent
- Be a Canadian citizen
- Be able to pass an enhanced reliability security check
- Be in good physical condition
- Possess a Canadian high school diploma or equivalent

"I'm excited to be able to one day become an RCMP officer and inspire more to join to show that we can make a difference in society."

Phoobe Niviasiaq Munro



Royal Canadian Mounted Police • Gendarmerie royale du Canada

Canada



Chief & Council

Band Meeting

TBD

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before.
Deadline is November 30th for November 25th Chief and Council.

Elders' Corner

ʔakisq̓nuḱ Elders Committee Scheduled

Scheduled: November 29th 2022, 10 am AFN Band Hall and Zoom.

Usually Last Tuesday of the Month

All members over 60 are welcome to attend or log in.

Zoom: <https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09>

Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory

1st Wednesday of Every month. Next meeting is December 7th 2022.

Contact Barbara Fisher for agenda items, information (location for in-person) and/or Zoom link at barbara.fisher@ktunaxa.org

Upcoming Workshop

Dec 5 – Seniors BC – Elders abuse workshop – virtually via zoom. (More info to follow – from Seniors BC)

KKCFSS Elder Resident position posting

KKCFSS is looking for [Resident Elders](#) for their offices ʔaq'am, Yaqaḱ Nukiy, ʔakisq̓nuḱ, BC

<https://www.ktunaxa.org/wp-content/uploads/Resident-Elders.pdf>

Eva Joseph Learning and Cultural Society

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.

Calling all Columbia Valley Elders 65+

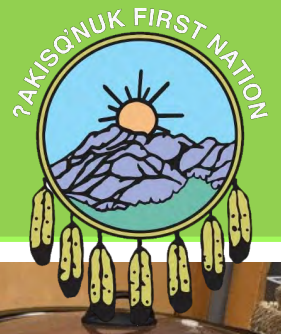
Local photographer KimberleyRae is compiling layered photographs & stories of the Columbia Valley Community Elders for a personal art project. A signed model release is required & you'll receive a free print & digital images. Please bring a cherished photograph of you in your younger days.

Akisq̓nuḱ elders at the akisq̓nuḱ band hall January 31 1-3 pm, book your 15 minute session with Theresa Kains (250) 342 6301 ext 3814, email communication@akisqnuḱ.org

For more information email info@kimberleyrae.ca for more information.



Eva Joseph Learning and Culture Society (EJLCS)



Dear Akisqnuq Families,

The first community dinner hosted at Eva Joseph learning and cultural society was a success with 45 people fed! We are looking forward to hosting another dinner in January! Stay tuned!

The little Badger programs family Christmas night will be December 20th from 430-7 if you would like to attend please call the center at 2503426331. There will be a hotdog roast, crafts and music!

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayl.ejlcs.ahs@gmail.com. Honorariums are available.

