

In this issue...

- Upcoming Events & Program Information
- Health Department Updates
- Lands & Resources Updates
- Ktunaxa Language Learning
- Employment Opportunities

- Emergency Management Program Updates
- Call for Ktunaxa Artists





sun	mon	tue	wed	thu	fri	sat
				Elk Day	2	3
4	5	6	7	Dr. Page	9	10
11	12	13	Valentine's Day	15	16	17
18	Family 19 Day office closed	Band 20 meeting Spm	21	Dr. Page	23	24
25	26	Good Food Box	28	29	28	4
not	-	05				

- · Groundhog's day
- 14th Valentine's Day Valentine's Luncheon Mural Room 12pm
- 18th Family Day Fun Day at the Rec Centre
- · 20th Coffee with the Cops in the Band Hall 2pm Spm
- 20th Band Meeting 5 pm
- 27th Good Food Box
- 28th Anti Bullying Day, wear pink shirts.

From the Health Centre

- 1st Elk Day come help butcher an elk and take some meat home!
- · 8th Dr Page
- 14th Health Benefits info Session 10-11:30
- 20th Massage Clinic
- · 21st Food Bank Trip
- 21st Community Meeting on the Toxic Drug Crisis, Lion's Hall (more details to follow
- 22nd Dr Page
- · 29th Foot Clinic



	1		2024	n		
		//	M	V	1/	
SUN	MON	TUE	WED	THU	FRI	SAT
					Coming Ho Community Dinner	2 ome Event
3	4	5	6	7	8	9
Coming H	ome Event		s Meeting Hall	Dr Page		
Daylight Savings	11	12	13	14	15	16
17	18	19 Massage Therapist	20	21 Dr Page	22	23
24	25	26 Foot Clinic	27 Good Food Box	28	29 Good Friday	30
31 Easter Sunday	except dur • Langua	shool group eving Spring Brege ge lessons sta Break March 16	eak art on March 5	5th	n and Fridays 1	pm - 5pm

Good Food box will be Easter Brunch ingredients





2024 Ski Program

- Panorama
- Fairmont
- Kimberley
- Fernie
- Kicking Horse

Equipment Rentals, Lessons, Lift Tickets and Meals

Please email trisha.clowers@akisqnuk.org with ski day requests















Lands, Resources & Infrastructure Department Updates



Traditional food has significant nutritional, social, cultural and spiritual value, and is an important part of food security for Indigenous peoples. Indigenous knowledge and dietary studies show that eating traditional foods, even in small amounts, provides important nutritional benefits.

Traditional foods influence much more than health. They are closely linked to culture, identity, way of life, and overall health and well-being.

If you hunt, handle, or eat traditional foods like deer, elk, caribou, or moose, it is important to know about chronic wasting disease.

What is chronic wasting disease?

Chronic wasting disease (CWD) is a disease of the brain and nervous system that affects white-tailed deer, mule deer, moose, elk, red deer, and reindeer.

CWD belongs to the family of diseases known as transmissible spongiform encephalopathies (TSEs). While it shares features with similar diseases that affect cattle and sheep, CWD is only known at this time to naturally affect members of the deer (cervid) family. CWD is fatal to these animals.

Is CWD a risk to human health?

There are no known cases of human CWD. However, as a precaution, it is recommended that any part of a known CWD-infected animal not be used or consumed by humans.

Myth: People should not eat deer, elk, caribou or moose meat because of chronic wasting disease

Fact: Deer, elk, caribou and moose meat is safe to eat and most body parts are safe to use. However, do not handle or eat any part of an animal that looks sick, has died from unknown causes, or has tested positive for CWD.

Always use care in handling the carcass of any animal.

What are the signs of CWD in animals?

Animals with CWD may show a number of signs as the disease slowly damages their brain. Some of these are very hard to detect.

Signs may include:

- » unusual behaviour
- » lack of coordination
- » listlessness
- » trouble swallowing
- » drooling
- » increased thirst
- » paralysis
- » pneumonia
- » separation from the other animals in the herd
- » excessive urination
- » unusual thinness



Signs can last for weeks to months before the animal dies; however, some animals may never show any signs of the disease.



Services aux Autochtones Canada Canadä



Lands, Resources & Infrastructure **Department Updates**

Where is CWD found?

CWD has only been found in captive and wild members of the deer family in North America, the Republic of Korea, Norway, Sweden and Finland.

In Canada, CWD was first detected on a Saskatchewan elk farm in 1996. The disease has been detected in parts of Saskatchewan and Alberta and, more recently, on a red deer farm in Quebec.

How is CWD diagnosed?

The only way to confirm that an animal is infected with CWD is to test a body part (usually the brain) after it is dead. A negative test result does not guarantee that an animal is not infected with CWD. but it does make it considerably less likely and may reduce your risk of exposure.

How can I reduce the risk?

If you hunt, handle, or eat deer, elk, caribou or moose, there are things you can do to reduce the possibility that you will be exposed to CWD.

» Before going out to hunt, check with the provincial or territorial wildlife management office where you live or hunt to identify areas where CWD is known to occur.

- » Pay attention to the appearance and behaviour of the animals you are hunting. Do not kill an animal that appears to be sick. Never handle or eat an animal that has died from unknown causes.
- » Avoid handling or eating a deer, elk, moose or caribou that acts abnormally, looks sick, is found dead, or has tested positive for CWD.
- » Avoid handling or eating the animal's brain, spinal cord, eyes, spleen, tonsils or lymph nodes. (Normal field dressing together with boning out a carcass will remove most, if not all, of these body parts. Cutting away all fatty tissue will remove remaining lymph nodes.)
- » When handling the carcass, wear latex or rubber gloves. If you use parts of the carcass to tan the hide, minimize handling of the animal's head and brain.
- » Wash hands and tools thoroughly with soap and water after field dressing is completed. Tools can then be disinfected with bleach.
- » If the animal carcass is from an area of Saskatchewan or Alberta where CWD is known to occur, it is recommended that you have it tested for CWD. Wait for a negative result before any parts of the animal are used or eaten. The provincial or territorial wildlife management office where you live or hunt can give you information on how to have a carcass tested. Testing may be free of charge in your area.

For more information on testing:

- **British Columbia**
- Manitoba Northwest Territories
- Ontario
- Quebec
- Saskatchewan
- Yukon

or territorial wildlife management office for more information on how to transport

Related links

CFIA: Chronic wasting disease (CWD) of deer and elk

Tips on food safety when hunting

Chronic Wasting Disease

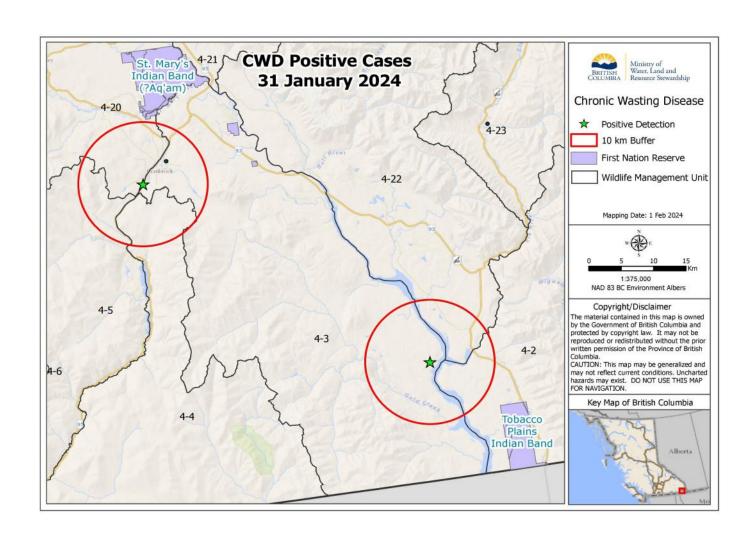
978-0-660-32835-5



Canadä

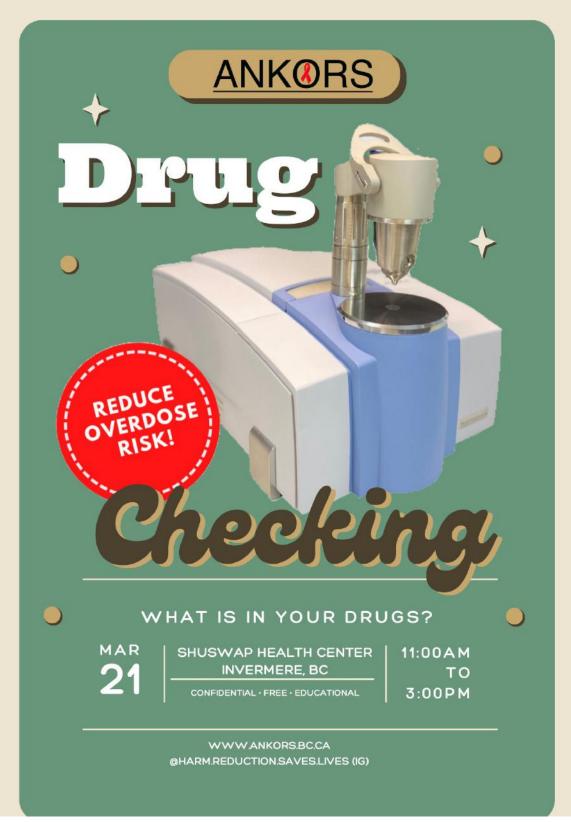


Lands, Resources & Infrastructure Department Updates





Health Department Updates





General News and Updates

Chief and Council Meetings

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before.

The next meetings will be February 28, 2024.

Pakisqnuk Nation is inviting you to a scheduled Zoom meeting.

Topic: Chief and Council Meeting

Join Zoom Meeting https://us02web.zoom.us/ j/89758249947?

<u>pwd=dlYvNm9CSFdFVm4xa1dtM1lrdnBvQT09</u> Meeting ID: 897 5824 9947 Passcode: 054045

Contact Executive Assistant Karen Vargas karen.vargas@akisqnuk.org to request to be on the agenda or if you have any questions.

The next Elders Meeting will be February 27.

Akisqnuk Nation is inviting you to a scheduled Zoom meeting.

Topic: Elders Steering Committee

Time: Jan 30, 2024 10:00 AM Mountain Time (US

and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/86516769993? pwd=aEIzdHdRVzRSRDRxYkpUWDVCa2s1Zz09

Meeting ID: 865 1676 9993

Passcode: 695649



Job Search documentation and Monthly Renewal Applications must be submitted to Trish Clowers (trisha.clowers@akisqnuk.org) by the 15th of every month



Employment Opportunities

?akisqnuk First Nation Employment Opportunities

If you are a community member who is re-entering the workforce, going through a career change, or a new graduate, ?akisqnuk First Nation (AFN) is committed to your success. We provide training, coaching, mentorship, and professional development opportunities to support your success. We ask that you have an eagerness to learn and a willingness to be a part of our team. Having all the qualifications listed in the posting is not always necessary; the first step is to apply for an opportunity that is available and of interest.

Check out full postings at https://akisqnuk.org/employment-opportunities

You may submit your application by submitting your interest directly to Human Resources at hr@akisqnuk.org



Emergency Management Program Department Updates

Evacuation Notification System

Evacuation Notification System

The Regional Evacuation Notification System (ENS) powered by *Voyent*Alert! keeps residents and property owners informed in case of evacuation orders or alerts during critical events such as wildfires, floods or hazardous materials incidents.

This notification system will only be used for evacuation alerts or orders in East Kootenay and every resident or property owner is encouraged to sign up.

The sign-up process is simple and is available to all residents and property owners in the East Kootenay: including rural RDEK, municipal and First Nations communities. You do have to register for the app and enter at least one location to receive notifications.

Don't wait until it's too late. Emergencies can happen anytime, and without warning. Be prepared with this great tool by Voyent Alert. It's free and easy to use.

Voyent Alert! (voyent-alert.com)



If you have questions or would like assistance signing up, feel free to give Thomas Dobbin – Akisqnuk Emergency Program Coordinator a call or email at Office: (250) 342-6301 extension #3823

Email: thomas.dobbin@akisqnuk.org



Emergency Management Program Department Updates



?akisqnuk First Nation

3050 Hwy 93/95 Windermere, B.C. V0B 2L2 Office: 250.342.6301 Fax: 250.342.9693 www.akisqnuk.org

Good afternoon,

The Akisqnuk Emergency Management Program in partnership with Emergency Management and Climate Readiness will be hosting an EOC Essentials course on Wednesday, April 3rdh & 4th beginning at 8:30am in the Band Hall. This EMRG-1320 (EOC Essentials) Justice Institute delivered in-person training, will provide participants with applied scenarios and activities, and provides learners with an opportunity to practice some of the standard activities performed in an EOC.

If you are interested, please email Thomas Dobbin Emergency Program coordinator to register. Early registration is recommended as we will also be inviting local EKEMP (East Kootenay Emergency Management Program) partners to attend. Deadline to register with Thomas is March 3, 2024

Lunch will be provided. For more information related to the course see link below:

Emergency Operations Centre Essentials (jibc.ca)

Thomas Dobbin

Emergency Program Coordinator





Ministry of Emergency Management and Climate Readiness

Akisqnuk First Nation

3050 Highway 93/95

Windermere, BC V0B 2L2

Office: (250) 342-6301 extension #3823

Fax: (250) 342-9693 www.akisqnuk.org

Email: thomas.dobbin@akisqnuk.org





Ktunaxa Language Learning

Ktunaxa Lessons

Open to AFN Staff + Community

Join Alfred Joseph and Mara Nelson for 12 weeks of Foundational Ktunaxa Language Learning. This course is designed for you to garner skills that will enable you to carry Ktunaxa Language forward at home and in the workplace. Every lesson will be on Zoom and recorded with the option to attend every other lesson in person in the AFN Band Hall.

Content:

- · Ktunaxa Creation Story
- Place Names
- Sounds
- · Vocabulary to enhance the use of those sounds
- Proper Ktunaxa introduction
- New modules each week to include new concepts, verbs, nouns
- Survival phrases ie. Qapsin kin skikił ?aqaqna?
 What are you doing? How do you say ____ (in Ktunaxa)?
- · Learning games

When:

March 5th, 1:00-2:00 (in-person and Zoom) March 12th, 1:00-2:30 (Zoom only) March 19th, 1:00-2:30 (in-person and Zoom) March 26th, 1:00-2:30 (Zoom only)

May 7th, 1:00-2:00 (in-person and Zoom) May 14th, 1:00-2:30 (Zoom only) May 21st, 1:00-2:30 (in-person and Zoom) May 28th, 1:00-2:30 (Zoom only)

July 9th, 1:00-2:00 (in-person and Zoom) July 16th, 1:00-2:30 (Zoom only) July 23rd, 1:00-2:30 (in-person and Zoom) July 30th, 1:00-2:30 (Zoom





?AKISONUK FIRST NATION

3050 Hwy 93/95 Windermere, B.C. V0B 2L2 Office: 250.342.6301 Fax: 250.342.9693 www.akisqnuk.org

INTERESTED?

Email_rachel.bach@akisqnuk.org to register



Ktunaxa Language Learning

Ka 'a ktukaqwata Our language, our time

Ktunaxa - Ksankanintik

Enjoy two hours of Ktunaxa Language sharing four times a month!

A safe place to explore learning our sounds and all the beautiful words they make.

Learn along with others while using beginner learning materials, word games and Kahoot!

Perhaps you have something you want to learn but don't know where to start or feel intimidated trying on your own? Four times a month we will come together for these and many more reasons.

Hun hugpaya?ti kug 'qapi‡ ?upxniski‡!

'a-k‡ukqa'nam, n. speech, language (someone's). ka-k‡ukqa (ka 'a-k‡ukqa). my language. 'a-k‡ukqa'nis. your language. 'a-k‡ukqa'is. his, her, their language. ka-k‡ukaqwa‡a (ka 'a-k‡ukaqwa‡a). our language. 'a-k‡ukaqwumniski‡. your (pl.) language. Starting June 7th, 2023
Every second Wednesday from 10:30am to
12:30pm MST
Starting June 10th, 2023
Two Saturday evenings per month from
7:00pm to 9:00pm MST

For link, please contact Mara Email: ktunaxalanguagelearner@gmail.com Call: (403) 392-6682



Traditional Knowledge and Language



Ktunaxa Language Learning

Ka 'aktukaqwata Our Language - Our Time



Fairmont Invermere Elkford Proctor Top Of The Hill Sparwood Seattle Bull River Missoula Banff Tobacco Plains



Ki?su?k kwa‡kwayit Hu qak‡ik_ Hu **n**ini Ktunaxa Hu gaki gaxi_ Hu gawsaga?ni



Property and	ktunaxa Soun	ds
ca ci cu	da di du	ha hi hu
ka ki ku	ka ki ku	‡a, ‡i ‡u
la li lu	ma mi mu	ma mi mu
na ni nu	na hí ňu	pa pi pu
ρα ρί ρυ	- qa qi qu	ợa ģi du
sa si su	ta ti tu	ta ti tu
wa wi wu	* xa xi xu	ya yi yu





Ktunaxanintik Twice a month Wednesday mornings from 10:30 am - 12:30 pm, mst. Twice a month Saturday evenings from

Online Ktunaxa Language Sharing With

7:30 - 9:30 pm, mst.

We work on a variety of Ktunaxa language. From sounds to sentence work, from games to place names and all of our curiosities between! If you are interested in sharing space with other learners, contact Mara at Mara.Nelson@Ktunaxa.org for your zoom link



Columbia Lake Rec Centre Updates

YOUTH SPORTS

MONDAY - SOCCER

3:30 - 4:30 Ages 5-9 4:30 - 5:30 Ages 10-14

<u>TUESDAY — DODGEBALL</u>

3:30 - 4:30 Ages 5-11

TUESDAY — BASKETBALL

4:30 - 5:30 Ages 5-9

THURSDAY — BASKETBALL

5:00 - 6:00 Ages 10-14

RUNNING TRACK DISCOUNT FOR PARENTS & GUARDIANS! (\$5/PERSON)



AT THE COLUMBIA LAKE REC CENTRE!

3050 Hwy 93/95 Windermere, BC FUN, ENGAGING, AND EDUCATIONAL SESSIONS FROM HIGHLY QUALIFIED COACHES!

\$7 PER SESSION OR \$40 FOR A 6 WEEK BLOCK!

TURN UP ON THE DAY OR CONTACT COACH TOM TO PRE-REGISTER!



valleysportshub.bc@gmail.com



(250) 409-5592



Valley Sports Hub

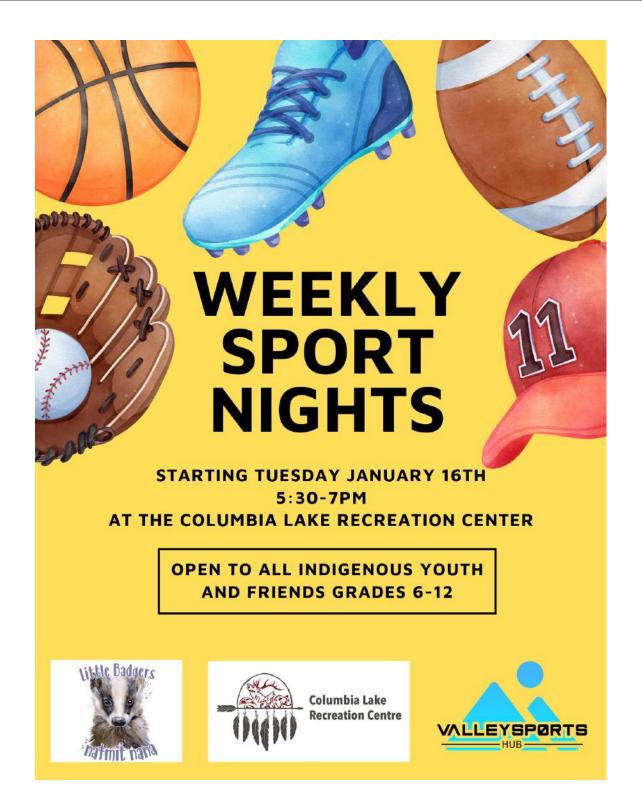


Little Badgers Updates





Little Badgers Updates







Call for Caterer

Ktunaxa Nation Council -

Education and Employment will be hosting a Youth Summit on March 22 & 23, 2024.

We are asking for catering bids for the event.

There is an expectation of approximately 65+ in attendance. Food Safe certificate is required.

The Youth Summit will be held at the Dan Joe Memorial Gymnasium located in <u>Pagam</u> Community near Cranbrook, B.C.

The caterer will be responsible for providing:

- Lunch (Friday March 22, 204)
- Supper (Friday March 22, 2024)
- Plates, bowls, & cutlery for the meals
- · Please have options available for gluten free, dairy & other known allergies

Bid submissions must be received by 12:00 pm February 12, 2024.

Attn: Rachelle Sebastian Fax: 250-489-2438

Email: Rachellef.Sebastian@ktunaxa.org

Please make sure to include your complete contact information on your bid. Also include a general description of the meals you will be providing.



You are invited to the 2024 Ktunaxa Economic Summit

Wednesday, February 28, 2024 8:00AM - 4:30PM (lunch provided)

Prestige Rocky Mountain Resort - 209 Van Horne St. S. Cranbrook

Open to all Ktunaxanintik, Ktunaxa Leaders, Economic & Business Development staff, Community Owned Businesses, Ktunaxa Entrepreneurs & Business Owners

- Learn about the KNC Economic Sector services and initiatives
- Ktunaxa First Nation community presentations
- Participate in our "table talks"
- · Opportunity to have "your say"

KtunaxaBusinessShowcase.ca/2024-economic-summit

To register or for more information contact:

Marion Eunson: 250-489-2464 ext. 3046 / MEunson@Ktunaxa.org



Ktunaxa Nation Council Economic & Investment Sector







Thursday, February 29, 2024

Prestige Rocky Mountain Resort 209 Van Horne St. S. Cranbrook

Authentic Ktunaxa products available! Connect with Ktunaxa business, entrepreneurs and artists

Open to the public 1:00PM - 4:00PM

1:30PM opening presentation





Ktunaxa Nation Council Economic & Investment Sector



WHAT'S THE DIFFERENCE

Economic Summit

- Internal planning session
- Builds the KNC Economic Sector strategic plan
- Community, leadership, and Ktunaxanin'tik annual reporting
- KNC Economic Sector services highlights
- How can the Sector support Ktunaxa First Nations

Business Showcase

- For Ktunaxa businesses, entrepreneurs & artisans
- Networking environment
- Create future opportunities
- For municipalities, businesses, Industry, and general public
- Supports the Ktunaxa economy
- Promotes collaboration
- · Promotes partnerships



Ktunaxa Nation Council Economic & Investment Sector





Calling All Ktunaxa Artists

Are you an expressive artist looking for a fun project?

Do you enjoy drawing, painting or digital arts?

If so, we are looking for Ktunaxanintik from 9-99 that would like to create art for a series of Ktunaxa Verb Booklets that will be published in this year.

For more information contact Mara Nelson at 403-392-6682 or by email at Mara.Nelson@Ktunaxa.Org

KTUNAXA Traditional Knowledge and Language







Details

- Submit images by
 February 23, 2024
- Announcement of chosen images March 6, 2024
- \$1,000 for each piece selected
- Artwork provided in digital format or have ability to convert to digital
- Artwork will be used on an ongoing basis in promotional materials and resources.

To submit artwork email:

aboriginalmentalwellness@interiorhealth.ca





BRINGING the SALMON HOME kł cpalk stim i? ntytyix ?atł su?kinił swaqmu Tspelg'entem re Sgletten

OPEN CALL FOR NATION ARTISTS

INVITATION TO SUBMIT EXAMPLES OF YOUR WORK

This artist call is open to accomplished Indigenous artists who are members of the Secwépemc Nation, Syilx Okanagan Nation, Ktunaxa Nation. You may be a graphic designer, comic illustrator, mural artist, animator, painter, poet, musician, photographer, storyteller, sculptor, beader, fabric artist or have other creative skills to share. All artistic mediums are welcomed. You are invited to share portfolio examples of your creative work, for reference for potential commissions going forward.

ABOUT

Bringing the Salmon Home: The Columbia River Salmon Reintroduction Initiative is the collaborative project led by the Syilx Okanagan Nation, Secwépemc Nation and Ktunaxa Nation. Reintroducing salmon concerns Indigenous rights and responsibility. This is an Indigenous-led initiative in unceded Indigenous territories. It continues the collective and generational transboundary work of our Nations to bring the salmon home to the upper Columbia River in the Kootenays. Though it's been over 85 years since dams have blocked salmon from returning to the upper reaches of the Columbia, the spirit of the salmon endures all the way to the great river's beginning place. Our long-term vision is to return fish stocks for Indigenous food, social and ceremonial needs, and to benefit the region's residents and ecosystems as a whole. For more info: ColumbiaRiverSalmon.ca

COMPENSATION

Artist commissions and fees will be paid per the requirements of any specific contracts that may be offered.

SELECTION PROCESS AND CRITERIA

Artists will be considered for diverse projects by Nation representatives of the Bringing the Salmon Home Outreach & Engagement Organizing team. Expressing your interest for consideration by sharing examples of your work does not guarantee any contract offers. Selection criteria will include:

- · The artist's qualifications and experience
- Artistic merit as shown by the submitted materials
- Knowledge of the distinct culture of your respective Nation

ONLINE SUBMISSION

This is an ongoing open call. Send your info by email to your Nation Organizer (see below) and include:

- 1. Your artist biography or short summary of experience + telephone and email contact details
- 2. Examples of your artistic work: include pictures and/or online links

Valerie Michel, Secwépemc Outreach & Engagement Organizer—Bringing the Salmon Home crt@shuswapnation.org

Melissa Teneese, Ktunaxa Outreach & Engagement Organizer—Bringing the Salmon Home Melissa.Teneese@ktunaxa.org

Billie Jean Gabriel, Syilx Okanagan Outreach & Engagement Organizer—Bringing the Salmon Home billiejeangabriel@outlook.com

^{*}Bringing the Salmon Home logo features original salmon designs by: Kelsey Jules, Secwépemc Nation; Tunka Cikala (Spirit Peoples), Syilx Okanagan Nation; Darcy Luke, Ktunaxa Nation



"Our Gathering, kexwkexwntsút chet, tə sqaqip ct"

The BC Region offices of ISC, Crown Indigenous Relations and Northern Affairs Canada, and the First Nations Leadership Council are excited to announce that Our Gathering, kexwkexwntsút chet, tə sqaqip ct, will be held on April 22-24, 2024, on the unceded, traditional, ancestral territories of the Skwxwú7mesh (Squamish), xwmaθkwayam (Musqueam), and salílwata? (Tsleil-Waututh) Nations at the J.W Marriott Parq Hotel in Vancouver.

This annual event, available to attend both in-person and virtually, is designed to facilitate collaboration and learning between First Nation communities, Indigenous organizations and government officials.

The link to the Elder nomination form is **HERE**

The link to the Youth participation is **HERE**



"Our Gathering, kexwkexwntsút chet, tə sqaqip ct"



When April 22-24, 2024

Where J.W. Marriott PARQ Hotel, downtown Vancouver, BC

Travel eligible costs may be reimbursed for one Elder representative per First Nation



Scan to see Our Gathering summary reports

Do you have experience in public speaking or have an exciting project or story to share? We're interested in hearing from you!

Elder RSVP

JOIN US for

Our Gathering, kexwkexwntsút chet, tə sqə'qi'p ct

Being an Elder, your participation in this event is valued for your wisdom, experiences, and lessons learned. We welcome you to witness discussions and dialogue on important Indigenous matters.

The event is presented by the First Nations Leadership Council, Indigenous Services Canada and Crown-Indigenous Relations and Northern Affairs Canada.

MEET WITH US for...

...Elder & Youth agenda ...plenary & breakout sessions

...exhibitor booths

Questions?
RSVP at ourgathering@sac-isc.gc.ca



"Our Gathering, kexwkexwntsút chet, tə sqaqip ct"



When April 22-24, 2024

Where J.W. Marriott PARQ Hotel, downtown Vancouver, BC

Travel eligible costs may be reimbursed for one Youth representative per First Nation



Scan to see Our Gathering summary reports

Do you have experience in public speaking or have an exciting project or story to share? We're interested in hearing from you!

Youth RSVP

JOIN US for

Our Gathering, kexwkexwntsút chet, tə sqə'qi'p ct

Youth will have the opportunity to meet and work with youth from other communities, share ideas and participate in interactive sessions. It will also give you an opportunity to engage with Elders and offer your perspective to witnessing the event.

The event is presented by the First Nations Leadership Council, Indigenous Services Canada and Crown-Indigenous Relations and Northern Affairs Canada.

MEET WITH US for...

...Elder & Youth agenda ...plenary & breakout sessions

...exhibitor booths

Questions?
RSVP at ourgathering@sac-isc.gc.ca