



ʔakisq̓nuk Community Newsletter

July 13, 2023



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7AKISQ'NUK FIRST NATION



Events coming soon

Family Fun Day

**July 15th,
2023**

**11am - 3pm
\$5 / person**

**BOUNCY CASTLE, GAMES, FACE PAINTING,
COTTON CANDY, AND MORE!!!**

CONCESSION WILL BE AVAILABLE



**QUESTIONS?
250-342-0804**

**FRIENDS@COLUMBIALAKERECENTRE.COM
3050 HIGHWAY 93/95**



ʔAKISQNUK FIRST NATION



Events coming soon



Ktunaxa Kinbasket
Child & Family
Service Society

Join us for the Ktunaxa Kinbasket Child & Family Service Society

**DOOR
PRIZES**

2023 ANNUAL GENERAL MEETING



AT YAQIT ʔA-KNUQEI 'IT
JULY 25TH | 10 AM

Mountain Standard Time

For more information or to register contact us:

Call or leave a voicemail at (250)489-4563 ext.4012
Send an email to chelsea.hollingshead@ktunaxa.org



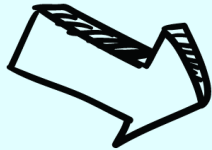


Summer Programs for kids

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SUMMER PROGRAM

STARTS



JULY 17

**All interested youth and families
of youth must register
immediately.**

**To sign up, contact
christy.baker@akisqnuk.org or
richard.bryce@ktunaxa.org**



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Summer Programs for kids

Food
Games
Music

Register before July 26 for a chance to win a \$100 gift card by sending your name and text# by email to kkcfsprevention@ktunaxa.org

DOOR PRIZES

Indigenous Youth Summer Camp



Ages 12+ / Registration is FREE

KNC GYM

220 Cranbrook St. N

August 1-3, 2023

Starts each day with Lunch at 12pm

At this event, photos and videos may be recorded.
By attending this event you give permission to be in event photos or video.



KTUNAXA
NATION



?AQ'AM
COMMUNITY



Ktunaxa Kinbasket
Child & Family
Service Society





Notices

- We will be sending someone out to all rental homes over the next 2 months to complete a routine inspection of the properties. You will be given 24 hours notice prior to entry. If you have dogs that are a concern, we ask that you please indicate this when contacted, and we will ask you to make arrangements for your pets during the inspection process.
- Any seniors that need assistance with light repairs and mobility related alterations, please contact Christy or Dale at the office to be added to a list for consideration of small repairs.

Mark your calendars

July

- July 15, 11-3pm: Family Fun Day at the Rec Centre. Contact 250-342-0804 for more information.
- July 17: Summer Program for kids starts. To register, contact Christy.baker@akisqnuk.org or Richard.bryce@ktunaxa.org.
- July 20, 2-4pm: Dr Page Clinic at AFN Health Center. To book an appointment, contact 250-342-6379.
- July 25, 10am: Ktunaxa Kinbasket Child & Family Service Society 2023 Annual General Meeting. Call 250-489-4563 ext. 4012 to register, or for more information.
- July 26-27: Ktunaxa Nation Annual General Assembly in Tobacco Plains. Registration forms at ktunaxa.org.

August

- August 1-3: Indigenous Youth Summer Camp at KNC gym in Cranbrook. Email kkcfsprevention@ktunaxa.org to register.
- August 9, 9-4: Foot Clinic at AFN Health Center. To book an appointment, contact 250-342-6379.
- August 15-16: BC Elders Gathering in Vancouver. Deadline to register is July 10.
- August 17, 2-4pm: Dr Page Clinic at AFN Health Center. To book an appointment, contact 250-342-6379.
- August 21-25: Okanagan RCMP recruiting youth canoe journey. Canoe from Penticton to Vernon. See poster in newsletter for more information.
- August 24, 2-4pm: Dr Page Clinic at AFN Health Center. To book an appointment, contact 250-342-6379.
- August 25-27: AFN Annual General Assembly. Registration is now open.

ʔAKISQ'NUK FIRST NATION



Annual General Assembly

ʔAKISQ'NUK FIRST NATION



2023 ANNUAL GENERAL ASSEMBLY

AUGUST 25 - 27
REGISTRATION IS OPEN



Annual General Assembly

Registration forms available at the Band Office,
or online at akisqnuuk.org

		ʔAKISQ NUK FIRST NATION Annual General Assembly August 25 - 27, 2023 3050 Hwy 93/95 Windermere, BC V0B 2L2			
Participant & Staff - Registration Form					
Participant information is required in order to plan meals and childcare to AGA participants. Please ensure your registration form is completed IN FULL and returned to ʔakisqnuuk First Nation office by August 4, 2023 Drop off, Fax (250) 342-9693 or email to: reception@akisqnuuk.org					
Print Name:		Email:		Phone:	
Address:					
Print Name: Please indicate days attending. Only one person per vehicle can claim travel assistance. Carpooling encouraged					
List ALL (include children and their ages) who will be attending with you. This information is necessary to help us coordinate events and games.		Friday, August 25	Saturday, August 26	Sunday, August 27	
Travel Assistance/Distance in Kilometres Roundtrip 200km -500km =\$100 <input type="checkbox"/> 501km -1000km =\$200 <input type="checkbox"/> 1001km -1500km =\$300 <input type="checkbox"/> 1501km and higher =\$400 <input type="checkbox"/> Travelling from:		Do you or anyone traveling with you have special dietary needs or food allergies? If yes, what are the specific dietary or allergy needs? 			
Meals	Aug. 25 dinner	Aug. 26 breakfast	Aug. 26 lunch	Aug. 26 dinner	Aug. 27 break/lunch
# of people:					
Signature: _____					

7AKISQ'NUK FIRST NATION



What's Happening at the Rec Centre



**EVERY TUESDAY
EVENING
7PM - 9PM
\$5 / PLAYER**

VOLLEYBALL NIGHTS

**COLUMBIA LAKE RECREATION CENTRE
3050 HWY 93/95, WINDERMERE, BC
FRIENDS@COLUMBIALAKERECENTRE.COM
250-342-0804**

ʔAKISQ'NUK FIRST NATION



Self Care



ʔAKISQ'NUK HEALTH CENTER

KUKU SÓUMU
(RIPENING OF
SERVICEBERRIES)

JULY

KUQUKUPKUKÇI#MITI#Q#
IKWA?IT
(FRUIT RIPENING DURING NIGHT)

AUGUST

JULY 6 & 20 2-4PM.: DR. PAGE CLINIC

AUGUST 9 9-4PM.: FOOT CLINIC

AUGUST 17 & 24 2-4PM: DR. PAGE CLINIC

For more details on the Clinics, to book or to cancel
your appointment Contact
Health Office: (250) 342-6379



Naloxone kits are available for pickup at the
Health Center for anyone who would like them

*Please note that all Medical receipts should be
submitted directly to Patsy Nicholas at
patsy.nicholas@akisqnuk.org*

ʔakisq'nuknik, your feedback helps ʔakisq'nuk First Nation make
improvements to services provided.

Take a few minutes to fill out the Health and wellness survey.
visit <https://www.surveymonkey.com/r/XW2YVVM> or scan QR



code





Members Messages

A REMINDER OF THE QUILT PROJECT

The project group is accepting completed quilt squares. It is a slow process, but will keep it open as there are individuals working on their squares. If you are interested in the project and need assistance, you can reach out to Gayle Michel or Patsy Nicholas.

Gayle.michel@akisqnuq.org

Patsy.nicholas@akisqnuq.org

Quilting Project for a healing journey

This is an opportunity for Akisqnukniks to express how you are feeling on your journey by writing a statement about your experience of the residential school, '60's scoop or the Murdered/Missing Indigenous Women Girls/Boys on a quilt square. You may have been affected by one or two or all three. I am coordinating the project, and the possibilities are endless on how this project can take its course. However, the end project will be 3 quilts to showcase in the community. Please remember that this may be difficult and do take your time with this process. You can express your unique experience in words, sentences, paragraphs, images, color, symbols, pockets and more.

HOW IT WILL WORK

We will send you quilts squares to use, or you can utilize your own to design your masterpiece. We will also be available to put on the squares whatever you would like on a square for you, if you prefer. An opportunity for individuals to assist with the sewing will be set up when all quilt squares have been submitted. The completed projects will be displayed at the Akisqnuq First Nation. Submissions for the squares will be open until all interested individuals have completed their task.

WHY NOT...

Join the Community Connectivity Initiative



FREE
or
SUBSIDIZED

INTERNET FOR KTUNAXA

FREE

- FlexiNet would be your Internet provider

or

SUBSIDIZED

- \$55 per month
- You keep your existing Internet provider

All homes on Ktunaxa First Nations reserves are eligible.

NEED MORE INFORMATION?

Contact Shane Stewart
(250) 489-2464 ext. 4373
Shane.Stewart@Ktunaxa.org



Ktunaxa Nation Economic and Investment Sector Initiative
and approved by the Economic Sector Council

- **There are no catches. There is no fine print. This is Free internet or \$55 per month subsidized for every household on reserve.**
- 20 years ago the Nations wanted improved connection in communities and wanted it to be free. This is now possible.

You can get an application from your Band office, Shane or fill the application online by login into your Ktunaxa Hakqyit account

<https://ktunaxahakqyit.org/login>

You must register with the site to complete the application for free internet or subsidy for your internet

<https://ktunaxahakqyit.org/ktunaxa-community-connectivity>

For more information contact Shane Stewart with the Ktunaxa Nation at 250 489 2464 ext 4373 or shane.stewart@ktunaxa.org



Employment Opportunities

DO YOU WANT TO EARN EXTRA MONEY?

The ʔAkisq'nuq First Nation is looking for someone to help with a one-time cleaning job.

Contact Lisa at 250.342.6301 ext 3815 or lisa.cannady@akisqnuq.org if you are interested.



Check out full Postings at <https://akisqnuq.org/employment-opportunities>

- FireSmart and Emergency Program Coordinator
- Events Coordinator
- Casual workers
- Facilitator for Summer Programs
- Social Development Worker
- RN—Clinical Supervisor
- Registered Forest Technician

You may submit your application to Human Resources at hr@akisqnuq.org

WE NEED HELP WITH OUR SUMMER PROGRAMS FOR KIDS



Paid and volunteer positions:

- Paid Facilitator
- Lunch Volunteers

Join our team!

The program will run during the summer school holidays. A schedule of events will go out to Community by the end of May.

Contact us at hr@akisqnuq.org

Save the Date for the

Annual General Assembly

AUGUST 25 - 27

DETAILS TO FOLLOW



Reminders and Notices

Chief and Council Meetings

Band Meeting

The next meeting is TBD.

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before.

The next meeting is July 19. Deadline to submit items is July 13.

ʔakisqnuq Nation is inviting you to a scheduled Zoom meeting.

Topic: Chief and Council Meeting

Join Zoom Meeting [https://us02web.zoom.us/j/89758249947?](https://us02web.zoom.us/j/89758249947?pwd=dYVNm9CSFdFVm4xa1dtM1lrndBvQT09)
[pwd=dYVNm9CSFdFVm4xa1dtM1lrndBvQT09](https://us02web.zoom.us/j/89758249947?pwd=dYVNm9CSFdFVm4xa1dtM1lrndBvQT09)
Meeting ID: 897 5824 9947 Passcode: 054045

Contact Executive Assistant Karen Vargas [ka-
ren.vargas@akisqnuq.org](mailto:karen.vargas@akisqnuq.org) to request to be on the agenda or if you have any questions.

ELDERS STEERING COMMITTEE 2023 DATES

On the Last Tuesday of every month
at 10:00 AM

Tuesday, May 30, 2023

Tuesday, Jun 27, 2023

Tuesday, Jul 25, 2023

Tuesday, Aug 29, 2023

Tuesday, Sep 26, 2023

Tuesday, Oct 31, 2023

Tuesday, Nov 28, 2023

We care about what you think.

ʔakisqnuqnik, your feedback helps ʔakisqnuq First Nation make improvements to our Health Plan.

Take a few minutes to fill out the Health Survey.

The results will help to inform our Akisqnuq Health Plan (2023 - 2027), and will be submitted to FNHA for funding.

visit <https://www.surveymonkey.com/r/XW2YVVM>



WWW.AKISQNUK.ORG





Reminders and Notices

In planning for the coming year, we need to gather information on Akisqnuq student needs. We are referring to ALL Akisqnuq students, regardless of where they reside.

If you have children in Kindergarten to Grade 12, please complete and submit the assessment form, to help us ensure we are striving to provide sufficient supports and services to all of our students.

If you have questions regarding this, please contact Stephanie Sam (250) 342-6301 Ext 3849 or email stephanie.sam@akisqnuq.org
Can download the PDF <https://akisqnuq.org/education>



Social Development update

Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker
email: christy.baker@akisqnuq.org

Due the 15th of every Month



Reminders and Notices



GOOD FOOD BOX \$7

The next Good Food Box
will be available August 1

To sign up or for more information
(or to cancel your box) contact
friends@columbialakerecentre.com,
or call 250-342-0804

Please confirm or sign up by
Wednesday July 26.
Pickup is between 12pm and 2pm,
Tuesday August 1.

Any boxes not picked up by 2pm will
be given to the next person in line,
and you will not be eligible to sign up
for the September Box.

ʔAKISQ'NUK FIRST NATION



Reminders and Notices

23rd Annual Malyan Michel Bursary

Awarded: Wed, July 26, 2023

This \$500.00 bursary was established in 2000 by friends and family of Malyan Michel to recognize deserving post-secondary students from the Ktunaxa Nation. Malyan was a language and culture teacher and always encouraged people to return to school and further their education while still holding onto their Ktunaxa heritage.

This bursary has been awarded to 35 Ktunaxa Nation students totalling \$17,500. The funds for these bursaries are raised every year through raffles and 50/50 draws, as well as donations from our generous supporters. We would like to thank everyone for their continued support over the years.

ELIGIBILITY:

Candidate must:

- be of Ktunaxa ancestry
- be an existing post-secondary student that will be returning to studies in Sept 2023.
- or be an adult 19 and over beginning or returning to studies in Sept 2023
- show an interest in their Ktunaxa language and culture

NOMINATION:(to be completed by any Ktunaxa Nation member or Education Coordinator)

Student name: _____

Name of Post Secondary Institution: _____

Area of Study: _____

Please tell us about the student, their schooling decisions and examples of how they are learning their Ktunaxa language and culture:

please use additional paper if necessary

Deadline for nominations: Friday, July 21, 2023

Submit nominations to: Cindy Sutherland 604-603-4733, gregncindy@shaw.ca



Reminders and Notices



WHAT IS THE PURPOSE OF BILL C-92?

- BILL C-92 WAS PASSED IN CANADA ON JANUARY 1, 2020.
- IT AFFIRMS THE INHERENT RIGHT OF THE FIRST NATIONS' JURISDICTION IN RELATION TO CHILD AND FAMILY SERVICES.
- TO CHANGE THE WAY IN WHICH CHILD AND FAMILY SERVICES ARE PROVIDED TO INDIGENOUS CHILDREN.
- ESTABLISHES NATIONAL PRINCIPLES (BEST INTERESTS OF THE INDIGENOUS CHILD; CULTURAL CONTINUITY; AND SUBSTANTIVE EQUALITY) AS WELL AS MINIMUM STANDARDS TO BE MET IN THE PROVISION OF CHILD & FAMILY SERVICES.
- THE BEST INTERESTS OF THE INDIGENOUS CHILD IS ALWAYS THE PARAMOUNT CONSIDERATION WHEN IT COMES TO DECISION MAKING FOR THAT CHILD.

HOW CAN A FIRST NATION EXERCISE JURISDICTION OVER CHILD & FAMILY SERVICES?

- ONCE A FIRST NATION HAS AN EXISTING LAW IT CAN TRANSITION TOWARDS EXERCISING JURISDICTION OVER CHILD AND FAMILY SERVICES. ONCE A LAW IS IN PLACE THE FIRST NATION SENDS A REQUEST TO CANADA AND BRITISH COLUMBIA TO ENTER INTO A TRIPARTITE COORDINATION AGREEMENT RELATED TO THE EXERCISE OF FIRST NATION JURISDICTION.
- WITHIN 12 MONTHS OF THE REQUEST BEING MADE. IF AN AGREEMENT IS REACHED BUT REASONABLE EFFORTS WERE MADE TO REACH AN AGREEMENT. THE FIRST NATION LAW WOULD HAVE THE FORCE AND EFFECT OF FEDERAL LAW AND WOULD PREVAIL OVER PROVINCIAL LAW IN THE EVENT OF CONFLICT OR INCONSISTENCY.
- THE KTUNAXA NATION HAS DECIDED TO PURSUE FULL JURISDICTION AND HAS STARTED WORK ON THE KTUNAXA CHILD WELLNESS LAW.
- THE KTUNAXA LAW IS FORWARD LOOKING. ALLOWING FOR THE FUTURE ESTABLISHMENT OF AN INDIGENOUS COURT OR TRIBUNAL OR OTHER CULTURALLY APPROPRIATE SYSTEM TO DEAL WITH CHILD PROTECTION MATTERS.

WHAT IS THE IMPACT OF KTUNAXA LAW?

- IT REFLECTS THE SELF DETERMINATION OF THE KTUNAXA NATION BY IMPLEMENTING THE INHERENT RIGHTS OF THE NATION.
- THE KTUNAXA LAW WORKS TOWARDS KEEPING CHILDREN AND FAMILIES TOGETHER. ALTERNATIVELY, FAMILY AND KINSHIP CONNECTIONS WOULD BE PRIORITY.



WHAT IS BILL C-92? AN ACT REPRESENTING FIRST NATIONS, INUIT & METIS CHILDREN, YOUTH & FAMILIES



WHAT IS THE IMPACT OF BILL C-92?

- BILL C-92 WILL HELP CHILDREN STAY WITH THEIR FAMILIES AND PROMOTE CONNECTIONS TO THEIR CULTURE AND COMMUNITY. IT PROVIDES A FRAMEWORK THAT FIRST NATIONS CAN USE TO EXERCISE JURISDICTION IN RELATION TO CHILD AND FAMILY SERVICES.

WHAT DOES BILL C-92 MEAN FOR CHILDREN IN CARE NOW?

- THE IMPORTANCE OF REUNITING INDIGENOUS CHILDREN WITH THEIR FAMILIES AND COMMUNITIES IS RECOGNIZED.
- THERE IS A PRIORITY PLACEMENT FOR THE INDIGENOUS CHILD, WHICH PRIORITIZES FAMILY AND COMMUNITY PLACEMENT.
- ONGOING REASSESSMENT IS REQUIRED TO DETERMINE THE POTENTIAL FOR REUNIFICATION.

WHAT IS THE IMPACT OF BILL C-92?

- 12 MONTHS AFTER THE NATION GIVES NOTICE TO THE GOVERNMENTS AND DEPENDING ON SUCCESSFUL NEGOTIATION OF A COORDINATION AGREEMENT.

WHICH COURTS HAVE JURISDICTION TO HEAR CASES UNDER THE KTUNAXA LAW?

- THE KTUNAXA LAW WORKS TOWARDS KEEPING CHILDREN AND FAMILIES TOGETHER. ALTERNATIVELY, FAMILY AND KINSHIP CONNECTIONS PRIORITY AND FOCUS WOULD BE ON STRENGTHENING THESE TIES.
- THE KTUNAXA LAW MAY STILL USE THE BRITISH COLUMBIA COURT SYSTEM, BUT ALSO CREATES ALTERNATIVES TO THE COURT SYSTEM INCLUDE:
- CUSTOMARY CARE AGREEMENTS
- FAMILY SHARING CIRCLE
- COMMUNITY OF CIRCLE CARE
- FAMILY NETWORKS

WHAT LEVEL OF COMMUNITY ENGAGEMENT OF THE NEW KTUNAXA LAW IS COMING?

- KICFSS HAS HOSTED ONLINE ZOOM ENGAGEMENT SESSIONS AND IN PERSON SESSIONS WITH KTUNAXA NATION MEMBERS INITIALLY. FOCUS GROUPS WITH THE FOLLOWING GROUPS FOR INPUT:
- ELDER'S
- FORMER CHILDREN IN CARE
- LEADERSHIP
- DELEGATED SOCIAL WORKERS/TEAMS
- LEADS KICFSS
- COMMUNITY MEMBERS

FEEDBACK AND COMMENTS:

IF YOU HAVE ANY COMMENTS/QUESTIONS OR WOULD LIKE TO HOST AN EVENT PLEASE CONTACT:

JULIE BIRDSTONE: JBIRDSTONE@KTUNAXA.ORG

CHELSEA HOLLINGSHEAD: CHELSEA.HOLLINGSHEAD@KTUNAXA.ORG

250-489-4563

ʔAKISQ'NUK FIRST NATION



Ktunaxa Language Learning

Ka 'a ·kʔukaqwaʔa

Our language, our time

Ktunaxa - Ksankanintik

Enjoy two hours of Ktunaxa Language sharing four times a month!

A safe place to explore learning our sounds and all the beautiful words they make.

Learn along with others while using beginner learning materials, word games and Kahoot!

Perhaps you have something you want to learn but don't know where to start or feel intimidated trying on your own? Four times a month we will come together for these and many more reasons.

Hun huɛpayaʔti kuɛ ɔ̄papiʔ ʔupxniskiʔ!

'a·kʔukqa'n̄am, *n.* speech, language (someone's). ka·kʔukqa (ka 'a·kʔukqa), my language. 'a·kʔukqa'n̄is, your language. 'a·kʔukqa'is, his, her, their language. ka·kʔukaqwaʔa (ka 'a·kʔukaqwaʔa), our language. 'a·kʔukaqwumniskiʔ, your (pl.) language.

Starting June 7th, 2023

Every second Wednesday from 10:30am to 12:30pm MST

Starting June 10th, 2023

Two Saturday evenings per month from 7:00pm to 9:00pm MST

For link, please contact Mara

Email: ktunaxalanguagelearner@gmail.com

Call: (403) 392-6682



KTUNAXA
NATION

*Traditional Knowledge
and Language*

ʔAKISQ'NUK FIRST NATION



Ktunaxa Language Learning



ʔA-kʔukaqwum

KTUNAXA

Language Course

Connecting to the local land through language

12 x 90 minute
virtual learning sessions

September - December
MONDAY NIGHTS
7 PM MT ON ZOOM

This course is designed for you to garner skills that will enable you to carry Ktunaxa Language forward to your classrooms, organizations, in schools and on the land.

REGISTER ONLINE

cbeen.ca/ktunaxa-language-course

Session topics include:

- Ktunaxa Creation Story and the connection to place
- Place names in the East Kootenays
- Why each place is named what it is
- Common classroom phrases
- Things around the town/community
- Plant names • Animal names
- Colors • Numbers • Family relationships
- Common expressions
- Calendar - seasons, months, days of the week



CBEEN

\$300 for all 12 sessions
(\$25/session)

\$240 for CBEEN members
(\$20/session)

Connecting to the local land through language

ʔAKISQ'NUK FIRST NATION



What's Happening at Ktunaxa Nation

2023 Ktunaxa Nation Annual General Assembly

July 26 & 27, 2023
Yaqit ʔa-knuqti'it

All Ktunaxaniḥtik & guests
are encouraged to attend!

Awesome prizes!

Info booths!

Cool swag!

Great food!

Registration forms at ktunaxa.org

Please send your forms

to Kyle Highwind

AGA@ktunaxa.org

Or fax to 250-489-2438

Or drop off at **BAND OFFICES** or

at Ktunaxa Nation Council,

220 Cranbrook St. N, Cranbrook

**YOU'RE
INVITED!**



**Check ktunaxa.org for agenda
and updates closer to the AGA.**

Some sessions are open to Ktunaxaniḥtik only.



**KTUNAXA
NATION**