

JOIN THE FIGHT AGAINST COVID-19

COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of face coverings is particularly important in settings where people are close to each other.

- Health officials recommend that people wear face coverings in public settings and when around people who don't live in your household, especially when it's difficult to keep 6 feet apart.
- Face coverings help prevent people who have COVID-19 from spreading the virus to others.
- Face coverings are most likely to reduce the spread of COVID-19 when they are widely used by everyone in public settings.
- Face coverings should **NOT** be worn by children under the age of 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

Wearing a face covering is one of the ways you can help slow the spread of coronavirus. Here are other steps to take:

- Keep 6 feet apart from others
- Frequently wash your hands
- Stay home when you can
- Avoid large groups of people
- Avoid any party or social gathering where different households are together.

Doing all of these can reduce the spread of the disease by up to **95%**. **We are in this together and together we will get through this.**

WWW.RIVCOPH.ORG/CORONAVIRUS



LET'S STAY SAFE

DO NOT ENTER

- IF YOU -

- Have been in contact with any person with symptoms
- Have visited an area afflicted by COVID-19 in the past 14 days
- Are currently experiencing any symptoms

ARE YOU EXPERIENCING ANY OF THE FOLLOWING?



FEVER



WEAKNESS



**SHORTNESS OF
BREATH AND/OR
COUGH**



**FLU-LIKE
SYMPTOMS**

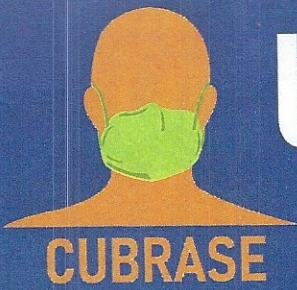
IF YOU HAVE ANY OF THE SYMPTOMS LISTED ABOVE PLEASE DO NOT ENTER

Practice Social Distancing and Sanitization Measures if you think you have been exposed to the NOVEL CORONAVIRUS and have contracted a fever and symptoms of respiratory illness indicative of COVID-19.

Call your healthcare provider for medical advice immediately



**NO
SMOKING**



UNASE A LA LUCHA CONTRA EL COVID-19

El **COVID-19** se transmite principalmente entre personas que están en contacto cercano (a menos de 6 pies de distancia), por lo que el uso de máscaras es indispensable sobre todo cuando están cerca los unos a los otros.

Al usar máscara usted ayuda a frenar el contagio de coronavirus.

- Funcionarios de salubridad recomiendan usar máscara en público y al estar alrededor de otras personas que no viven en su hogar, especialmente cuando es difícil mantener 6 pies de distancia.
- Las máscaras ayudan a prevenir que las personas infectadas con COVID-19 contagien a otras.
- Las máscaras tienen mayor probabilidad de reducir el contagio de COVID-19 cuando se usan en público.
- Las máscaras **no** deben ser usadas por niños menores de 2 años o por individuos que tienen problemas respiratorios, están inconsciente, incapacitados o que no pueden quitarse la máscara sin ayuda de alguien.

Eh aquí otras medidas que usted puede tomar:

- Mantenga 6 pies de distancia
- Lávese las manos frecuentemente
- Quédese en casa cuando pueda
- Evite grandes grupos de gente
- Evite fiestas o reuniones sociales donde se juntan personas que viven en diferentes hogares

Hacer todo esto puede reducir la propagación del virus hasta un **95%**. **Todos estamos unidos y juntos lo vamos a vencer.**