

COVID-19

PREVENTION MEASURES



Avoid close contact with people who are sick



Avoid touching your eyes, nose, and mouth with unwashed hands



Avoid shaking hands



Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available



STAY HOME if you are feeling sick



Cover your cough or sneeze with your sleeve or a tissue, toss the tissue and wash your hands



Clean and disinfect frequently touched objects and surfaces



If traveling be extra cautious