Palmetto Shared Services Alliance
2023-2024
TRAINING COURSE CATALOG

Child Guidance

Challenging Classroom Behavior Strategies
2.5 hours
Providers will learn the causes of challenging behavior and ways to change that behavior over time.

⭐ Classroom Management Strategies
2 hours
Providers will explore strategies for classroom management and how to implement them in the classroom.

Foundations of Guidance and Child Abuse and Neglect
2 hours
This session will help providers be aware of best practices of guidance, be able to identify typical and atypical behaviors in children by age, learn the signs of abuse and neglect, and learn what to do if abuse is suspected.

Friendship vs. Kindness
1 hour
This interactive session will give providers strategies to foster friendship and kindness in the classroom.

⭐ Stress to Trauma & How to Build Resilience
1.5 hours
Providers will be introduced to common childhood stressors that can lead to trauma and how to help build a child's resilience.

Time & Space Matter
1 hours
In this session, providers will learn strategies to use in the classroom to improve their space and timing to enhance child behavior and learning.

⭐ You Can't Be My Friend.
1 hour
Providers will understand this typical behavior of preschoolers and how to address it in their classroom and curriculum.

You're Okay!
1 hour
Learn strategies providers can use to support toddler's social and emotional development through use of emotional language.

Growth & Development

Brain Development
1.5 hours

This session will give providers a quick course on the way the brain develops in the early years and how caregivers can best support early brain development.

Helping Children Cope with Stress & Loss
2 hours

This session will explore children's developmental stages of understanding and coping with stress and loss. Interventions that providers can use to support a child's coping will be explored.

Infant Play
2.5 hours

This session will explore the developmental stages of infancy and the best play materials to provide to meet the needs of each stage.

⭐ Piaget, Erikson, and Vygotsky: Who Were Those Guys?
1.5 hours

Providers will learn about well-known and lesser-known developmental theorists and how those theories inform their teaching practices today.

Growth & Development

Preschool Play
2.5 hours
This session will explore the developmental stages of preschoolers and the best play materials to provide to meet the needs of each stage.

Social-Emotional Development: A Classroom Priority
1.5 hours
This session will explore milestones of social-emotional development and how to support the mastery of those skills in the classroom.

Toddler Play
2.5 hours
This session will explore the developmental stages of toddlerhood and the best play materials to provide to meet the needs of each stage.

Two's Play
2.5 hours
This session will explore the developmental stages of two-year-olds and the best play materials to provide to meet the needs of each stage.

When It All Falls Apart: Understanding Touchpoints
2 hours
Providers will learn the Touchpoints model of development to help anticipate children's developmental needs and gain information they can share with parents to better understand their child's development.

When Pink and Blue are Not Enough: Gender Identity in Early Care and Education
1.5 hours
This session will provide early care educators with gender concepts to help them provide gender-inclusive classrooms for children and families.

Health& Safety

Biting
1 hour

Childcare providers will learn how to address biting in the classroom, how to talk with parents about biting, and how to eliminate some causes of biting.

Childhood Illness, Medication, & Poison
1 hour

This session will help providers to know what to do when children get sick, how to administer medicine, and how to keep children safe from poison.

⭐ **Hand Washing**
1.5 hours

This session will review proper hand washing procedures and discuss the rationale behind this necessary practice.

Safe Sleep
1 hour

Providers will learn safe sleep practices to reduce SIDS-related deaths of infants.

Toilet Learning
1 hour

This session will provide strategies for toilet learning in group settings and provide information for providers to share with families.

Nutrition

⭐ **Food Around the World**
1.5 hours
Providers will have the opportunity to explore foods from around the world and discuss ways to introduce these foods in their programs.

⭐ **Picky Eaters to Preferenced Eaters**
1.5 hours
Providers will be introduced to proven strategies to help picky eaters learn to eat a balanced and healthy diet.

Healthy Snacks & Celebrations
1 hour
This session provide information on healthy snacks and celebrations along with strategies for including families in planning and implementation.

Nutrition in the Classroom
1 hour
This session will explore ways providers can meet children's nutritional needs in the classroom.

Curriculum

Activities to Promote Expressive Language Development
1.5 hours

This session will explore activities educators can provide in the classroom for toddlers and young preschoolers struggling with language expression.

Activities to Promote Gross Motor Development
1.5 hours

This session will explore activities educators can provide in the classroom for infants and toddlers struggling with gross motor development.

Big Play & Risky Behaviors
1.5 hours

Providers will explore the concept of big play, how it impacts development, and how to manage these risky behaviors during play.

Centered Learning
1.5 hours

From toddler rooms to preschool rooms centers are the main way that early childhood programs design their classrooms. These centers provide a framework for individual and small group play. The Creative curriculum recommends that activities in each center be changed at least monthly and that they correspond to the schema being emphasized that month.

DAP in the Classroom
2 hours

Providers will be introduced to Developmentally Appropriate Practice, an important curriculum tool, through case studies to make it come alive in the classroom.

Dual Language Learners
1.5 hours

This session will help you to see the changes that have occurred in the Dual-Language population and provide you with strategies to help all the children learn English, while promoting diversity of multiple languages and cultures in the classroom.

Feedback to Promote Engagement and Learning
1.5 hours

Effective feedback doesn't involve giving advice or evaluating performance. It is goals, concrete and doable, actions, specific and individualized for the user, timely, consistent, and ongoing. Quality feedback increases learning and motivation. Providing this kind of feedback can be challenging in a classroom full of young children. Today we are going to focus on three ways to promote engagement and learning.

Honeycomb Hypothesis: How Infants, Toddlers, and Two-Year-Olds Learn Through Nature Play
2.5 hours

This session will discuss the Patterns of Play for infants, toddlers, and two-year-olds and how to encourage exploration using nature items.

Curriculum

Infant, Toddler, Twos Reading
1.5 hours

This session will provide early care educators with tools to introduce infants, toddlers, and twos to books and early literacy skill development.

⭐ Integrated Curriculum & Literacy
2 hours

Participants will be introduced to the concept of integrated curriculums and will explore using it as a framework for literacy learning.

Inquiry Based Learning
1.5 hours

Inquiry based early learning is important to the future of early learning and this session will encourage teachers to use inquiry in their classroom.

Let's Play Indoors and Outdoors
1.5 hours

Participants will actively learn the types of pretend play that comes with growth and development and the social stages of play that children move through as they mature.

⭐ Math & Science Outdoors
1.5 hours

Hands-on session to explore math and science activities that address developmentally appropriate concepts outside.

Math for Young Children
1.5 hours

Interactive session to include information about math and young children including how to include math into daily activities in the classroom.

Media Literacy is Literacy
1.5 hours

Media is here to stay and this session will help early childhood educators understand how it can be used effectively with young children.

Curriculum

⭐ **Nature Based Learning** 👥
2 hours

Providers will be introduced to the components of nature based learning through hands-on activities they can implement in their classrooms.

⭐ **Outdoor Learning Classroom** 👥 🖥️
1.5 hours

This session will provide the reasoning behind the need for outdoor time, how teachers can use this time for learning, and activities that can be done from infants to 5-year-olds everyday outdoors.

Peace & Calm 👥 🖥️
2 hours

This session will help providers be models of mindfulness and give them strategies and activities to use specifically with toddlers to five-year-olds in the classroom.

Preschool Reading 👥 🖥️
1.5 hours

This session will provide early care educators with tools for engaging preschoolers in early literacy skills development.

⭐ **Product vs. Process Art and Nurturing Creativity** 👥
1.5 hours

Providers will be exploring art mediums to distinguish the value of product versus process and how to nurture children's creativity.

Reading Foundations 👥 🖥️
1.5 hours

This session will help early childhood educators provide the literacy foundation for further reading skills development.

Room Arrangement for Family Home Childcare Providers 👥 🖥️
1.5 hours

This session will present providers with options for space arrangements, materials needed, and how to make it work in a family home.

Routines, Rituals, and Traditions 👥 🖥️
1 hour

This session will help providers recognize the importance of routines, rituals, and traditions in early childhood care and education and offer new strategies to use throughout the year.

Curriculum

Sensory Play: A Messy Necessity
2 hours

This session will discuss the benefits of sensory play, provide an introduction to sensory processing, and share tips for successfully providing sensory play experiences in the classroom.

Science for ECE: Infants, Toddlers, Twos
1.5 hours

This hands-on session will help providers create an environment that promotes science, integrates core principles of scientific & engineering practices, and activities for the four areas of science—physical, life, earth & space, and engineering.

Science for ECE: Preschool
1.5 hours

This hands-on session will share what ECE science looks like in the preschool classroom with activities and materials needed to help children learn about their world.

⭐ Social Emotional Learning: Class Activities & Books
1.5 hours

Providers will experience classroom activities to support social emotional learning and explore books to use when teaching these skills.

⭐ Teaching Children About Difference & Disability
1.5 hours

Providers will be introduced to strategies for teaching children about difference, disability, and inclusion.

Transitions
1 hour

This session will help providers be able to list the transition times that happen during a typical early childhood setting day and different types of transitions that can be used for them.

Professional Development

Active Supervision
1 hour
This session will share strategies to help us move from passive to active supervision in our classrooms and programs.

⭐ **Adult Learners**
1 hour
This session will help administrators to understand the difference in teaching children and adults, along with providing strategies to use with their staff.

Adverse Childhood Events: What They Are and How to Help
2 hours
This session will explore common adverse childhood events and how they impact the children in our care.We will share ways to support children and families coping with ACE's to change outcomes.

Being a Professional
2 hours
This session will explore what it means to be a professional and how we can encourage these professional behaviors in ourselves and our early education programs.

⭐ **Communication Between Home & School**
1.5 hours
Providers will explore the importance of communication between home and school to develop relationships in the digital age.

⭐ **DAP & Assessment**
1.5 hours
Providers will be introduced to using Developmentally Appropriate Practice as a framework for assessing children's development and learning.

⭐ **Examining Children's Literature with an Anti-Bias Lens**
2 hours
Providers will explore popular children's literature using an anti-bias lens and discuss ways to incorporate this perspective into their practice.

Families Are Part of the Job
1.5 hours
This session will discuss the importance of working with families and share strategies for building relationships between providers and families to support children's learning.

Family Workshops
3 hours
This session will share how to effectively provide family workshops on the topics of Toileting, Understanding and Dealing Effectively with Outbursts, and Play that also include the topics of child development, discipline, and curriculum.
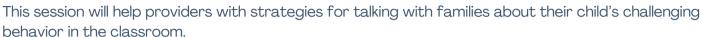
Professional Development

How to Talk with Families About Challenging Behavior
1.5 hours
This session will help providers with strategies for talking with families about their child's challenging behavior in the classroom.

⭐ **Maintaining Positivity in the Classroom**
1.5 hours
Providers will explore the concept of positivity and how to turn a frown into a smile.

Mindfulness for You
1.5 hours
This session will give you background on the use of personal mindfulness practices and share techniqu4es you can use today to start regaining your personal calm and peace.

⭐ **Respecting & Working with Others**
1.5 hours
Providers will explore common workplace challenges and best practices for managing workplace working relationships.

⭐ **Self-Compassion and Burnout**
1.5 hours
Providers will explore the practice of self-compassion and how to use it to prevent burnout.

⭐ **Zoom Training and Online Course Completion**
1.5 hours
Providers will receive hands-on step-by-step training in how to effectively use Zoom and online courses for professional development.

Program Administration

10 Mistakes Directors Make
2 hours

This session will help directors/administrators see some of the common mistakes that hurt directors and their programs, along with strategies to make a difference in how they do their job.

Behavioral Interviewing
2.5 hours

Administrators will learn behavioral interviewing techniques, explore ways to implement them in their hiring practices, along with gaining hands-on practice.

Being a Supervisor
1.5 hours

This session will help everyone who is in a supervisory role in early childhood education to understand the fundamentals of working with adults and making their program succeed.

Being a Team Player
2.5 hours

This session will help directors and administrators define a team player, give you self-assessments and team building exercises, and reflective questions to help you work with your staff to make them all team players.

Budgeting, Projecting, & Planning
2.5 hours

This session encourages childcare owners and family care providers to understand financial terms, project income, budget, and plan for the future.

Budgets, Financial Reports, & Internal Controls
2 hours

This session encourages childcare owners, family care providers, and directors to understand budgets, common financial reports, and how to use internal controls to follow sound business practices.

Coaching Through Mistakes
1.5 hours

Administrators will learn how to respond to staff mistakes and turn them into coaching opportunities.

Creating a Work Environment That Supports Staff Retention
1.5 hours

This session will help directors understand the important supports that make a work environment one where staff stay and programs succeed.

Developmentally Appropriate Practice for Adult Learners
1 hour

This session will help administrators understand adult learning theory and make sure that all training provided for their staff will engage them, save time, and lead to better staff performance.

Program Administration

Emergency Preparedness
3 hours

This session will help directors and owners be prepared before an emergency arrives by providing information about what is needed in an Emergency Preparedness Plan, and where resources can be found developing a plan.

⭐ Financial Checkup for Your Childcare Program
2 hours

Directors and owners will have an opportunity to walk through a financial checkup and sound business practice model for home and center based programs.

Financial Reports & Internal Controls
2 hours

Directors and owners will learn the different types of financial reports that they can use in their business and types of internal controls that will strengthen their fiscal healthy and sustainability.

⭐ Generational Awareness: Embracing Them All in the Workplace
2 hours

Participants will explore all the generations currently in the workplace and strategies for building rapport with each one.

Insurance for Childcare Programs
1 hour

This session will prepare directors and owners to know why they should purchase insurance to protect their business and the types of insurance you can purchase.

⭐ Interviewee to Employee
1.5 hours

Administrators will explore the best practices for searching for, interviewing, and hiring the best person for the job.

⭐ Leadership: Learning to Lead
2 hours

Participants will explore their current leadership skills and learn new ones to succeed in their roles.

Leadership to Sustain
1 hour

This session will provide directors the opportunity to learn how to include staff and families into a winning team that fosters sustainability of the program for the future.

Program Administration

Marketing Your Program
2.5 hours

This session helps childcare administrators improve their ability to develop a marketing plan and use marketing tools to communicate with families about benefits of their program.

Motivating Staff: How to Win Their Hearts & Minds
1.5 hours

This session will provide directors and administrators with low or no cost ideas for motivating staff.

Orienting Staff for Success
1.5 hours

In this session, participants will learn how to use orientation as a way to make staff want to stay and be a part of the program.

Recruiting and Retaining Staff
2.5 hours

This session supports childcare administrators in their efforts to strengthen systems of staff recruitment and improve their ability to retain quality staff.

Staff Meeting Topics
2.5 hours

This session will introduce directors to a year's worth of staff meeting topics and how to implement effective staff meetings to get the most from their time and help improve the quality of their program.

Sound Business Practices
1.5 hours

This session teaches ways to increase your income and make ends meet through sound business practices.

Time Management for ECE Directors
1 hour

This session will help directors, owners, and administrators use their time well and not get caught going down rabbit holes that eat up the whole day.

Why ECE Directors Burnout
1 hour

This session will help directors look for the issues that you can change, those you cannot change, and the ways to make the changes so it doesn't burn you out.

Special Needs

Understanding Early Intervention
2 hours

This session will introduce early childhood educators to the early intervention assessment process in South Carolina and the services available to children with special needs.

⭐ He's Not Meeting Milestones: Now What?
1.5 hours

This session will explore what to do when you notice that a child in your program is not meeting developmental milestones and how you can help the child succeed.

Icon Key

In Person

Zoom Webinar

New Course

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