

Fitness Fanatic Mom
www.fitnessfanaticmom.ca
@fitness.fanatic.mom

APRIL 2024

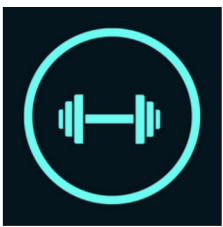
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
	Potential bonus week					
21	22	23	24	25	26	27
	Potential bonus week					
28	29	30				
	Week 1 April-May					



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MAY 2024

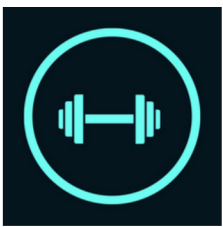
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
Week 1 April-May						
5	6	7	8	9	10	11
Week 2 May						
12	13	14	15	16	17	18
Week 3 May						
19	20	21	22	23	24	25
Week 4 May						
26	27	28	29	30	31	
WEEK OFF						



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JUNE 2024

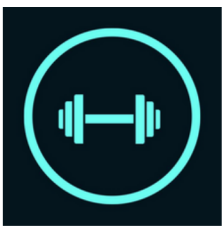
SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3	4	5	6	7	8
Week 1 June						
9	10	11	12	13	14	15
Week 2 June						
16	17	18	19	20	21	22
Week 3 June						
23	24	25	26	27	28	29
Week 4 June						



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JULY 2024

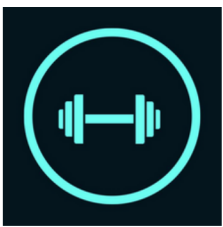
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
	WEEK OFF					
7	8	9	10	11	12	13
	Week 1 July					
14	15	16	17	18	19	20
	Week 2 July					
21	22	23	24	25	26	27
	Week 3 July					
28	29	30	31			
	Week 4 July					



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AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
Week 4 July-Aug						
4	5	6	7	8	9	10
WEEK OFF						
11	12	13	14	15	16	17
Week 1 August						
18	19	20	21	22	23	24
Week 2 August						
25	26	27	28	29	30	31
Week 3 August						



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SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3	4	5	6	7	8
Week 4 August-Sept						
9	10	11	12	13	14	15
WEEK OFF						
16	17	18	19	20	21	22
Week 1 September						
23	24	25	26	27	28	29
Week 2 September						

OCTOBER 2024

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SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
Week 3 Sept - Oct						
6	7	8	9	10	11	12
Week 4 Sept - Oct						
13	14	15	16	17	18	19
WEEK OFF / Potential bonus week						
20	21	22	23	24	25	26
Potential bonus week						
27	28	29	30	31	1	2