



B. T. M. Psychiatric NP Services, PLLC

Informed Consent for Medical Marijuana/Cannabis

The following information is available in detail on NYS Department of Health Website:
https://www.health.ny.gov/regulations/medical_marijuana/patients/

- **Cannabidiol (CBD)** is a marijuana compound that has medical benefits but is not psychoactive. CBD is one of approximately 113 cannabinoids identified in cannabis.
- **Tetrahydrocannabinol (THC)** is the primary psychoactive component in marijuana, which binds to the cannabinoid receptors primarily in the brain.
- **Terpenes** are a diverse class of hydrocarbons that are responsible for the aroma of the marijuana plant.

Marijuana remains classified as a Schedule I drug and is not recognized by the Federal Government for medical use. States such as NY has modified their laws to allow marijuana as medicinal.

If you have one of the following problems marijuana/cannabis is NOT recommended.

- History of addiction to prescription, drugs or alcohol
- Are pregnant, trying to become pregnant or breastfeeding?
- History of psychosis, schizophrenia or unstable psychiatric disease such as depression, anxiety or manic-depression
- Unstable heart disease (because marijuana can increase or decrease your blood pressure or heart rate)
- History of allergy to marijuana/cannabis.
- If you are under the age of 18 you are at increased risk for developing paranoia, psychosis, and schizophrenia. If there is a family history of these psychiatric problems there is increased likelihood marijuana can exacerbate these symptoms.

Research continues to grow in support of medical marijuana for approved diseases as well as non-approved. There is also research that may be insufficient. Please utilize above link to explore and learn more information.

