



May 4 — July 20

Teen Relapse Prevention Therapy Group

Join us for a 12 week skills-based therapeutic group for teens with substance use issues. This group will provide skills-based education and an opportunity to process through your teen's personal experience with substances. The group is facilitated by Robert Sorrentino, LPC, LAC, LMFT in Northglenn. To reserve your space contact Robert:

Robert: (720) 930-6475

Roberts@sensiblechoicescounseling.com

Engage with other teens
with similar experiences

Develop a personal
Relapse Prevention plan

Identify warning signs and
triggers for substance use

Learn skills for distress
tolerance

Develop healthy mental
health skills

Increase self-care and
balance in your life

Sensible Choices Counseling

10465 Melody Drive, Suite 215

Northglenn, CO 80234

\$30 per session, some insurance accepted, call for details.

Call: (720) 930-6475

Is your teen invested in examining his or her relationship with or preventing his or her return to substance use?

This group is a skill-building and process group designed to offer evidence-based group therapy for teens with current or historical struggles with substance use. The group incorporates evidence-based approaches to provide participants with tools to maintain their personal definition of abstinence.

What makes someone a good candidate for this group?

This group is for teens, ages 15-18, who would like to learn new behaviors and supports to manage their risks of relapse and maintain a clear lifestyle. Appropriate characteristics for group members are an investment in their desire to examine their relationship with substance use and improve their ability to manage underlying causes.

When is this group offered?

Saturday afternoons from 3:00pm until 4:00pm, May 4—July 10