

Biography for Chi T Mathias



Chi T Mathias is an inspired and creative, Visionary, PurposePreneur, Holistic Health Practitioner, and Philanthropist. Chi has over two decades of experience, commitment, and dedication to building community initiatives that improve the quality of life, increase awareness, and transform lives. Chi also serves as an international inspirational speaker, workshop facilitator, author, strategist, and breakthrough coach.

Chi's mission is to use her voice and influence to transform lives while leaving a legacy for her children, grandchildren, and great-grandchildren. She is a published author of two self-published books, in which she shares the wisdom she has gained through her pursuit of purpose and her personal transformation journey.

Chi handles the multiple hats that she wears on a daily basis with grace and effortlessly manages them all well. Chi serves her community as a Holistic Wellness Practitioner, and Full Spectrum Birth and Postpartum Doula at Inside Out Health & Beauty, LLC. In addition she serves as a Breakthrough and Endurance Coach, where she passionately walks with individuals who are ready to transform their lives and achieve their lifestyle and wellness goals.

As a Marketplace Pastor and PurposePreneur, she supports entrepreneurs spiritually and practically. At the same time, assisting them with taking their visions to the next level, by developing business strategies and implementing brand launches. She also leads as Founder of the For Our Daughters Foundation, Inc., which supports domestic violence organizations that serve individuals who have been impacted by domestic violence and/or sexual abuse through advocacy, education, fundraising, and support.

Chi is passionate about community and currently serves as Board Member of Common Sense Childbirth Inc., Community Advisory Board Member for Morehouse School of Medicine Center for Maternal Health Equity, and Co-Chair of the Atlanta Black Chambers Health & Wellness Committee.