

TRITON WELLNESS SOLUTIONS  
& SoftWave Therapy

Patient Health History

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Medical Conditions:** (Check all that apply to you, currently or in the past)

- |                                         |                                                           |                                        |                                       |
|-----------------------------------------|-----------------------------------------------------------|----------------------------------------|---------------------------------------|
| <input type="checkbox"/> Arthritis      | <input type="checkbox"/> Cancer                           | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Kidney       |
| <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Mental Disorders                 | <input type="checkbox"/> Skin Disorder | <input type="checkbox"/> Stroke       |
| <input type="checkbox"/> Epilepsy       | <input type="checkbox"/> Rheumatic Fever                  | <input type="checkbox"/> HIV positive  | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Thyroid        | <input type="checkbox"/> High Blood Pressure/Hypertension | <input type="checkbox"/> Heart Disease |                                       |
| <input type="checkbox"/> Other _____    |                                                           |                                        |                                       |

**Surgeries:** (Check all that apply to you)

- |                                            |                                                   |                                            |                                       |
|--------------------------------------------|---------------------------------------------------|--------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Appendectomy      | <input type="checkbox"/> Cardiovascular procedure | <input type="checkbox"/> Cervical spine    | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> Joint Replacement | <input type="checkbox"/> Prostate                 | <input type="checkbox"/> Lumbar spine      | <input type="checkbox"/> Gall Bladder |
| <input type="checkbox"/> Knee              | <input type="checkbox"/> Shoulder                 | <input type="checkbox"/> Thoracic spine    | <input type="checkbox"/> Hernia       |
| <input type="checkbox"/> Hip               | <input type="checkbox"/> Female/Male Surgery      | <input type="checkbox"/> Gastro-intestinal | <input type="checkbox"/> Rectal       |
| <input type="checkbox"/> Tonsillectomy     | <input type="checkbox"/> Sinus                    | <input type="checkbox"/> Carpal Tunnel     | <input type="checkbox"/> Brain        |
| Others _____                               |                                                   |                                            |                                       |

**Allergies:**

Food/Environmental \_\_\_\_\_

Medications \_\_\_\_\_

**Social History:** (Check all that apply to you)

- |                |                                      |                                      |                                |
|----------------|--------------------------------------|--------------------------------------|--------------------------------|
| Caffeine use:  | <input type="checkbox"/> occasional  | <input type="checkbox"/> often       | <input type="checkbox"/> never |
| Drink Alcohol: | <input type="checkbox"/> occasional  | <input type="checkbox"/> often       | <input type="checkbox"/> never |
| Chew Tobacco:  | <input type="checkbox"/> occasional  | <input type="checkbox"/> often       | <input type="checkbox"/> never |
| Cigarettes:    | <input type="checkbox"/> <1 pack/day | <input type="checkbox"/> >1 pack/day | <input type="checkbox"/> never |

**Family History:** (Circle all that apply)

- |                |        |        |        |         |
|----------------|--------|--------|--------|---------|
| Arthritis:     | Mother | Father | Sister | Brother |
| Cancer:        | Mother | Father | Sister | Brother |
| Diabetes:      | Mother | Father | Sister | Brother |
| Heart Disease: | Mother | Father | Sister | Brother |
| Hypertension:  | Mother | Father | Sister | Brother |
| Kidney:        | Mother | Father | Sister | Brother |
| Stroke:        | Mother | Father | Sister | Brother |
| Thyroid:       | Mother | Father | Sister | Brother |
| Back Pain:     | Mother | Father | Sister | Brother |
| Headaches:     | Mother | Father | Sister | Brother |
| Other: _____   |        |        |        |         |

**Medications:** List all medications you are currently taking. 1) \_\_\_\_\_

- |          |          |
|----------|----------|
| 2) _____ | 3) _____ |
| 4) _____ | 5) _____ |
| 6) _____ | 7) _____ |
| 8) _____ | 9) _____ |

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**Review of Systems** – (Check the box if you have had or are having trouble with any of the following, if no issues check n/a)

<b>Cardiovascular</b>	Past	Present	n/a	<b>Respiratory</b>	Past	Present	n/a	<b>Allergic/Immunologic</b>	Past	Present	n/a
Poor Circulation				Asthma				Hives			
Hypertension				Tuberculosis				Immune Disorder			
Aortic Aneurysm				Short Breath				HIV/AIDS			
Heart Disease				Emphysema				Allergy Shots			
Heart Attack				Bronchitis				Cortisone Use			
Chest Pain				Cough/Cold/Flu				Medication			
High Cholesterol				Wheezing				Airborne Allergies			
Pacemaker				Pneumonia							
Jaw Pain								<b>Ear, Nose and Throat</b>	Past	Present	n/a
Irregular heartbeat				<b>Eyes</b>	Past	Present	n/a	Difficulty Swallowing			
Swelling of legs				Cataracts				Dizziness/Vertigo			
Left arm pain				Glaucoma				Hearing Loss			
				Double Vision				Ear Noises			
<b>Genitourinary</b>	Past	Present	n/a	Blurred Vision				Sore Throat			
Kidney Disease				Glasses				Nosebleeds			
Burning Urination								Bleeding Gums			
Frequent Urination				<b>Psychiatric</b>	Past	Present	n/a	Sinus Infections			
Blood in Urine				Mood Swings							
Kidney Stones				Depression				<b>Gastrointestinal</b>	Past	Present	n/a
Prostate Issues				Anxiety				Pancreatitis			
				Stress				Gallbladder Problems			
<b>Neurologic</b>	Past	Present	n/a					Bowel Problems			
Tingling				<b>Endocrine</b>	Past	Present	n/a	Constipation			
Numbness				Thyroid				Liver Problems			
Stroke				Diabetes				Ulcers			
Seizures/Epilepsy				Hair Loss				Diarrhea			
Head Injury				Menopausal				Nausea/Vomiting			
Brain Aneurysm				Menstrual				Bloody Stools			
Concussion				Goiter				Heartburn			
Severe Headaches								Colitis			
Pinched Nerves				<b>Hematologic</b>	Past	Present	n/a				
Parkinson's				Hepatitis				<b>Musculoskeletal</b>	Past	Present	n/a
Carpal Tunnel				Blood Clots				Gout			
Vertigo				Cancer				Arthritis			
Multiple Sclerosis				Bruising				Joint Stiffness			
				Bleeding				Muscle Weakness			
<b>Constitutional</b>	Past	Present	n/a	Fever, Chills				Osteoporosis			
Rheumatic Fever				Sweating				Broken Bones			
Weight Loss/Gain				Anemia				Joints Replaced			
Low Energy Level				Lymphoma				Spina Bifida			
Difficulty Sleeping				Slow Healing				Back Pain/Stiffness			
Poor Appetite								Neck Pain/Stiffness			

**WOMEN:** Are you pregnant? No \_\_\_\_\_ Yes \_\_\_\_\_ How many weeks? \_\_\_\_\_

**SIGNATURE OF PROVIDER:** \_\_\_\_\_ **Date:** \_\_\_\_\_

