

The Great British Seaside

MARATHON



KINDLY SPONSORED BY...



**CURLY'S
ATHLETES**



HELLO!

... and welcome to year two of The Great British Seaside Marathon & Ultra!

Taking place on Saturday the 23rd of March 2024 with a start and finish in the traditional seaside resort of Skegness!

Visiting Ingoldmells, Chapel St Leonards, Sutton on Sea and Mablethorpe along the way!

The Marathon

A weird thing to say but this is now a normal Marathon length :) (In 2023 we did an extra mile to support our tourism goals for that year :)) So we're taking you on a 26.2 mile seaside adventure, from Skegness to Sutton on Sea and back!

The Ultra Marathon

35 miles of even more seaside adventure taking you all the way to Mablethorpe from Skegness and back!

An extra thank you to those clubs, groups and organisations getting involved and making the day special for our runners-you'll see volunteers at various points cheering you on, so if you're not too tired, then shout them a thank you :)



Introducing the Skegness Pier team, your lovely headline sponsor!

The Skegness Pier, the historic jewel of Lincolnshire's coast, are proud to be the sponsors of the 2024 Great British Seaside Marathon and Ultra Marathon.

An event embodying the spirit of community, perseverance, and health. Supporting fantastic charities that are close to our hearts, the RNLI, LIVES, and Lincs and Notts Air Ambulance.

We wish every athlete good luck and we will be cheering you along the way!

We' also invite you to pop along and see us over the event weekend, and read on to see what we've got going on.

Ps: The 2024 start line is right next to the pier!

08:30
Saturday 23 March 2024



A Beacon of Heritage, Entertainment, and Community Spirit

Skegness Pier, the historic jewel of Lincolnshire's coast, proud sponsors of the 2024 Great British Seaside Marathon and Ultra Marathon, an event embodying the spirit of community, perseverance, and health.

Celebrated as a landmark of heritage and entertainment, Skegness Pier stands as a testament to our commitment to community and safety, resonating deeply with the marathon's ethos, supported by fantastic charity partners.

Initially opened in 1881, Skegness Pier has gracefully evolved from a T-shaped marvel featuring a concert hall, surviving through wars and natural elements, into a vibrant entertainment centre. Today, it stretches 387 ft into the scenic embrace of the Lincolnshire coast, offering an array of attractions, including a bowling centre, laser quest, and an indoor children's play area.

As recent winners of the Skegness Business Awards 2023 – Community Award, our community engagement is at the core of what we do. From leading beach clean-up events alongside Lincolnshire Wildlife Trust and Skegness Coastal Access for All to creating inclusive experiences for children facing life-threatening illnesses in partnership with notable charities, our efforts consistently aim to enhance and uplift the community.

In sponsoring this marathon, Skegness Pier extends its ethos of safety, family fun, and community spirit. As the starting point of this inspiring athletic journey, we aim to provide a space where the values of endurance, community cohesion, and mutual support are celebrated. The Pier, rooted in a rich history and geared towards a future of inclusive and sustainable entertainment, reflects the marathon's commitment to promoting health, well-being, and community solidarity.

We invite participants, supporters, and visitors to experience Skegness Pier's unique blend of historic charm and modern entertainment. This event is more than a race; it's a celebration of community strength, resilience, and the enduring spirit of Skegness

23rd & 24th March 2024

The Great British Seaside MARATHON

WEEKEND MARATHON OFFERS!

50% OFF LASER QUEST
FOR 2 ADULTS & 2 CHILDREN (11 YEARS & UNDER)
WAS £21
NOW £9.99

KIDS EAT FREE
WITH ANY ADULTS BURGER OR MAIN MEAL PURCHASED FROM THE COFFEE LOUNGE
OR 25% OFF MAIN MEALS IN THE COFFEE LOUNGE

50% OFF CLIP n' CLIMB
WAS £12.95 EACH
NOW £6.50 PER PERSON

at **SKEGNESS PIER**
EST. 1881

OFFICIAL SPONSOR OF THE GREAT BRITISH SEASIDE MARATHON

Terms & conditions apply. Offer valid between 23rd March and 24th March. This promotion cannot be used in conjunction with any other offer. Please see our website: www.skegnesspier.co.uk for opening times.

Race numbers, event tops and help!

Numbers are collected on the Friday, or the Saturday from right next to the Skegness leisure centre (see our maps section to discover exactly where.) ps: it's a great place for spectators to go for a swim while you're runners are off enjoying themselves! <https://magnavita.org/venue/skegness-pool-fitness-suite/>

You can also pick up friends/team mates/family members numbers (great for the Friday) Just come armed with their surname or race number, their DOB, or postcode so we can verify :)

Every single runner receives an awesome long sleeve tech top to celebrate their achievement (or even run in them!) and you can collect at registration or pop and see us after the run.

DO NOT SWAP NUMBERS! This is to protect our runners, and in case of an emergency, we know who were looking after. We have a great LATE MATE system that helps you do this up to 48 hours before :)

Friday 18:00-19:00 Dance studio upstairs from the theatre just round the corner from the Leisure centre (no dancing allowed). The best time to collect your number, we're also on hand to cover off any last minute questions you may have as things are a bit calmer than even morning..

Saturday 07:00 - 08:00 Dance studio upstairs from the theatre just round the corner from the Leisure centre (still no dancing allowed). Come armed ready to get your number (they'll be in event then surname order... so example 'Marathon please, Smith) You can also check out your race number on the website beforehand to make it even speedier! The start line is then just along the seafront at the pier. New for 2024, it's about 200m along the sea front from last years start point (allow 10 mins).

Inside your race envelope

- Your race number. Don't worry about it not having a chip on it. Given we've now limited the event to just 300 we have a lovely team of timers logging you in :) Oh and we also pop in 4 x safety pins.

Long sleeve tech top (included with every entry) You told us your size when you enter the event, so we are unable to swap if you've grown or shrunk before the event starts as we will have very limited (if any) spares. You can always come and ask us towards the end of the event.

Help! Most answers to queries can be found in this information pack, or on our website www.curlysathletes.co.uk, but for anything further please get in touch. contact@curlysathletes.co.uk It's much better to get in touch ahead of the day vs leaving it for event morning ... we run to really strict timing plans so we will always be helpful ... but we may just be a tad busy :) ps: we will be out of office 48 hours before the day eating chips and preparing the event!!

Bags! We have limited space at race HQ so where possible please leave with spectators or in your vehicle :) we do have an emergency bag drop at registration but nothing next to the start line as it's on the seafront.



Event day timings

07:00-08:00 Number & Top collection

08:15 **The short walk** - we will begin moving/encouraging/dragging people to the start line, which is on the seafront right next to the Skegness Pier. Please position yourself sensibly at the start line, the course can narrow to a single track quite early on if we have to have the sea defences closed! So if you're taking things steady then pop to the back (you've plenty of time out there so don't set off too quick!)

08:25 **Race urgent announcements** - The race briefing will be filmed before the day and posted on our social media :) However, any urgent elements / changes we will announce at the start line via a portable PA at the start line, so listen up ... If we've nothing to say then we will be quiet (ish)!

08:30 Event starts with a horn and lots of cheering.

11:30-12:00 (est) First Marathon finisher

12:45-13:30 (est) First Ultra-Marathon finisher

We aim to gather the winners as we go for prize giving. We have overall winners male / female 1,2,3 for both the marathon and the ultra :)

13:30 Ultra and Marathon half way point cut off time. This is at the Mablethorpe Aid station for the Ultra runners and the Sutton on Sea turnaround point for the Marathon runners. If you make it to the point after this time we will retire you from the event, get you somewhere warm and liaise for you to be collected by your supporters or drop you back to the finish as and when our operations allow.

18:30 Event cut off (sunset at 18:43) we will retire and locate all runners on the course at this time and make the safest decision on how to get you to the finish.



Finding Your Way, Toilets, Parking & Spectators!

Toilets We've never had so many toilets on a run! Attached is a handy guide, some are FREE but you will also find toilets that are CHARGED on the route (these are shown on our plan) they mainly take 40p and some take card payments . . . so as we cant predict exactly when nature calls, we recommend taking an emergency bit of change with you and/or a bank card. Due to the nature of the event we aren't plastering it in signage like we normally would, to ensure we keep the aesthetics . . . so keep an eye out for normal toilets signs vs our big yellows. Each town you pass through has toilets available :) **TOILETS ARE ALSO NEXT TO THE START in the beach bar - thanks to Skegness Pier)**

Parking Most car parks near the start / finish are charged car parks, but you do have on street free parking (North Parade street for example) The closest car park to registration is The Embassy car park PE25 2UQ, this is also equal closest to the start line along with the main car park at PE25 3HH. We've also attached bigger guide with more car parks on. ***scroll to the back for more exciting toilet and car park maps!

Spectators Were assuming they'll be at the start to send you off, but we also have lots of great viewing options along the route. It's really important that spectators be aware that **at certain points we have runners on the road from 09:15-11:30, spectators do not park obstructing the road and proceed with care.**

Runners are on the road from the North Sea Observatory, Anderby Road, Roman Bank and Huttoft Bank until Sandilands outbound. Then on the return at Anderby Road from Chapel Six Marshes to North Sea Observatory.

Great spectator points are at Sutton on Sea (half away and ultra switch point) Mablethorpe (ultra runners leave and re-join the coastal path here). Plus on the route itself you have Anderby Creek, Wolla Bank, Chapel Six Marshes.

The best 'brew, cake and cheers spots!'

- The Admiral Benbow Beach Bar, Chapel St Leonards (runners go 'through' the bar twice!) and the team have a water and cheer station here. <http://www.admiralbenbowbeachbar.co.uk>
- North Sea Observatory, the runners get to enjoy a short spot of running on some sand here, while you can watch them from the comfort of the cafe (they run past your feet!) <https://www.chapelstleonards.info/chapel-point-and-the-north-sea-observatory> We also have a aid station manned by the Magna Vitae team at this point and you can see the runners twice.
- Huttoft Beach, The Vista at the boatshed. The runners pass nearby on the road section then return on the coastal path right past the cafe <https://www.facebook.com/thevistahuttoft/>

RUN IN WITH YOUR RUNNER! - Runners will pass the final mile at the North Shore Golf Club, a great spot for a final cheer and then quickly make your way to the finish, or run in with them for the final mile!

GET INVOLVED - If you fancy helping out on the course or setting up your own cheer station please get in touch and let us know. We always appreciate volunteers on the day and you'll get snacks! Get in touch here: contact@curlyathletes.co.uk



Getting here and the start / finish:

Please allow plenty of time and check out the below map to help understand where you're going!

Registration is due to close at 08:00 as we have some logistics in place to get team out to key spots... we will have someone on hand until race start, but don't leave it late or if you can then pop and see us on the Friday :)



MUST KNOW SECTION

- **Results**, we are manually timing the event for 2024 as we've limited the event to 250 runners, this saves a good spot of carbon (around 320 miles of travel), reduces waste and helps us invest more into the event (snacks!) And releases more charity spots :) The full provisional results we will upload after our final finisher has crossed the line (this is 18:30, so provisional result will be up for 19:00. Any issues or queries, please email through to contact@curlysathletes.co.uk and we will pick up on the Sunday :) *Please don't distract our timing team on the day (they'll have a clipboard, a stopwatch and a general stern look about them :) ***ENSURE YOUR NUMBER IS ON YOUR FRONT AND VISIBLE** - this supports our turnaround monitoring and timing (leg is often best for ultras as you change tops)
- **Emergencies**, please call our **emergency number 07947 023 143** (and have this stored). Emergencies are only during the event operating hours from 08:30, this phone must be kept clear for our event operations. As always in case of a threat to life then please call 999, but ensure to also make contact to us. Our medical and event team will be quicker to respond.
- **Withdrawing from the event (during the event)**, please ensure you call our emergency contact number should you need support to withdraw from the event during the event day. We will then co-ordinate coming to meet you, this will vary in time depending where you are and other incidents. You will remain in our event vehicle and we will firstly attempt to arrange your spectators to come and collect you if possible, or will wait until the event vehicle is full and then return to finish. We won't depart earlier in case we are needed for an emergency, but we will keep you safe and warm (we also have snacks!) However if you can self coordinate spectator collection, you can just drop us a text and let us know you have been collected. You can also simply make it to an aid station and the team there can log you out of the event and arrange support. **FAILURE TO NOTIFY US WILL RESULT IN US CONTACTING YOUR EMERGENCY CONTACTS AND OUR TEAM POTENTIALLY SEARCHING THE COURSE.**
- **Medics**, our medical team will be on hand throughout the event. Based at the aid stations, bikes on course and vehicles moving up and down the course. For top tips visit <http://www.runnersmedicalresource.com/en/>
- **Runners Behaviour**, we are guests on the wonderful coastal path and the streets we use through the coastal towns. While we have permissions in place to use the paths along the route we are not the sole users. **Runners are expected to give-away to the public** and not assume a right to force our way through. So let's make the running community shine :) ... a pleasant excuse me and thank you goes along way. Our team will also be informing the public what's happening and all our directional signs will have information stickers on them. We've pointed out potentially busier sections on the route. ... this is quite weather variable! On the whole you'll have lots of space and were hoping for some livelier spots of cheering on the way back at lunch time when it's sunny, the Butlins gang are always good fun!
- **Road crossings**, At several points from mile 1 to 2 (on our way to the coastal path) runners will cross road ends on the way out and the way back. Out on the route we have then 2 points on the Marathon and 3 points on the Ultra where you cross the road. It is important to note that all runners should follow the normal highway code (like you were out running on your own) Ensure it's safe to cross and then do so when it's clear.
- **Rubbish**, if you run with your own water bottle or gel, please ensure you bring everything away with you, or bin it!

- [Self sufficiency](#), the Great British Seaside Marathon and Ultra was always designed to be 'an adventure' and like all good adventurers they are great at looking after themselves. So we advise ensuring you're familiar with the route (a GPX download is available as is a route guide... read on) you bring the essential kit along and you are self-briefed ready for the day. Now people that know Curlys, know we invest all our time in to making things great for you... this event is no different, but due to the distance and nature of the event we cant be everywhere at once. Plus we want it to feel like an adventure so we're keeping signage to a minimum (but it will be in place in critical spots) but were also aware the wind may remove these so knowing where to go is key (if in doubt keep the sea on the right on the way up... then on the left on the way down ;))

We also recommend bringing your essential 'food and snacks' to keep you going during the event . . . Looking to us for top ups and 'bonus snacks!' That way you know what you've got, and it's what you want!

- [Essential kit list](#) , Scroll on to find out more. All the items are on there for a reason and from our past experience of adventure racing... you may need none of them or all of them, but we plan for what if :) We also recommend looking at the recommended kit, these are things we advise taking with you (we would)



Things you will want to know

Aid stations - Thank you Haven, Butlins, County Care (with Skegness & District Running Club !) & Magna Vitae!

Feeding and hydration top tip... LITTLE AND OFTEN! Start fuelling every 30 mins with your chosen snack and bring what you want with you. Our aid stations will be well stocked but we try to advise against over feeding, we also select what's right for each one based on its location... it will come back to haunt you and not in a friendly casper the ghost way... so little snacks on a regular basis, and the same approach for hydration... keep drinking even when you're not thirsty. We **recommend bringing a portable / collapsable cup with you** or use your water bottles to re-fill, this helps us reduce waste and we have the liquid in jugs to aid pouring. We have a limited supply of cups at each station should you need to use them... But we're all for been a little bit better to the environment (our cups are biodegradable) When using an aid station be sure to get what you need and move to the side, others may want to get access and also keep the route clear through for runners as not everyone will stop.

Marathon aid stations & essential stock items

- Mile 7: North Sea station (4) - Water, Cola, Cordial, sweet snack bar or chocolate, 1/2 banana, crisps
- Mile 13: Sutton station (6) - Water, Cola, sweet snack bar or chocolate, crisps
- Mile 20: North Sea station (4) - Water, Cola, Cordial, sweet snack bar or chocolate, 1/2 bananas, crisps
- Mile 24: Butlins station (3) - Water, Cola and a sweet booster snack (final 3 miles!)

Ultra aid stations & essential stock items

- Mile 7: North Sea station (4) - Water, Cola, Cordial, sweet snack bar or chocolate, 1/2 bananas, crisps
- Mile 13: Sutton station (6) - Water, Cola, sweet snack bar or chocolate, crisps
- Mile 18: Haven station (U) - Water, Cola, Cordials, sweet snack bar, chocolate, 1/2 bananas, crisps, jellied sweets, peanuts
- Mile 23: Sutton station (6) - Water, Cola, sweet snack bar or chocolate, crisps
- Mile 28.5: North Sea station(4) - Water, Cola, Cordial, sweet snack bar or chocolate, 1/2 bananas, crisps
- Mile 32.5 Butlins station (3) - Water, Cola and a sweet booster snack (final 3 miles!)

Finish area (some instant hydration / snack will be at the finish line and we also have the snack room where registration was... We know this is upstairs, next year its downstairs... but it has got a VIP runners lift :))

Finish line: Water, cola & sweet treat

Snack room: Biscuits (many biscuits), crisps, water, cola, tea & coffee, soup and rolls :)



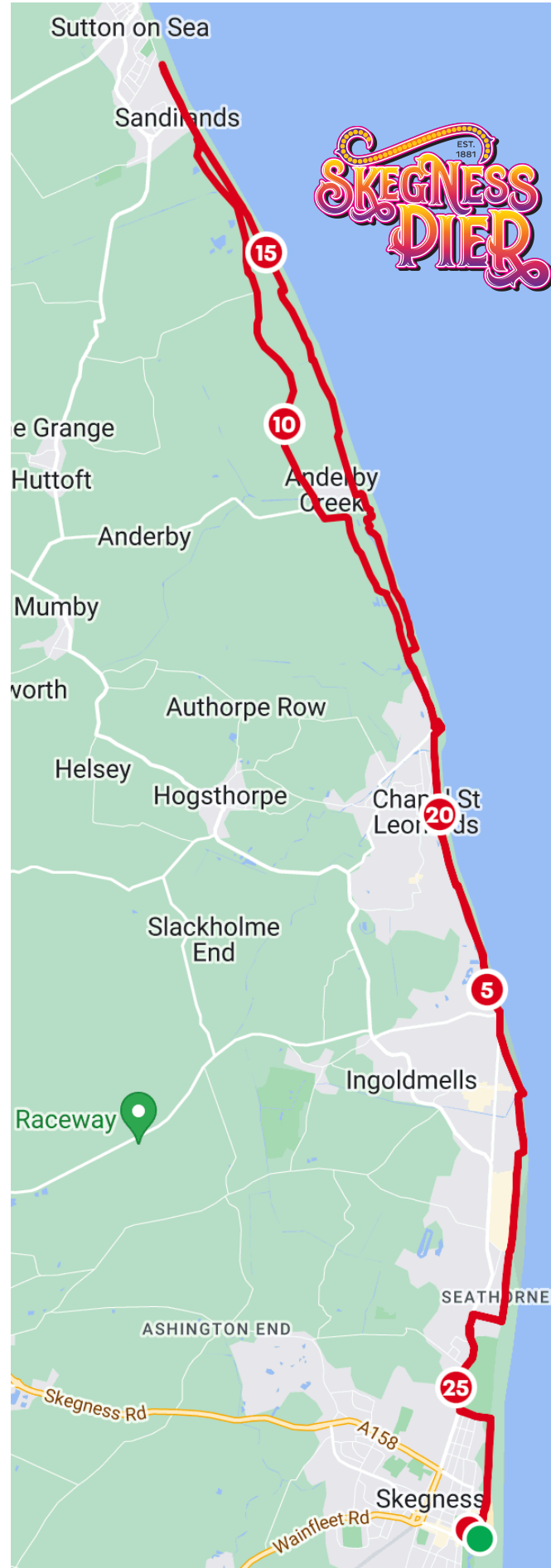
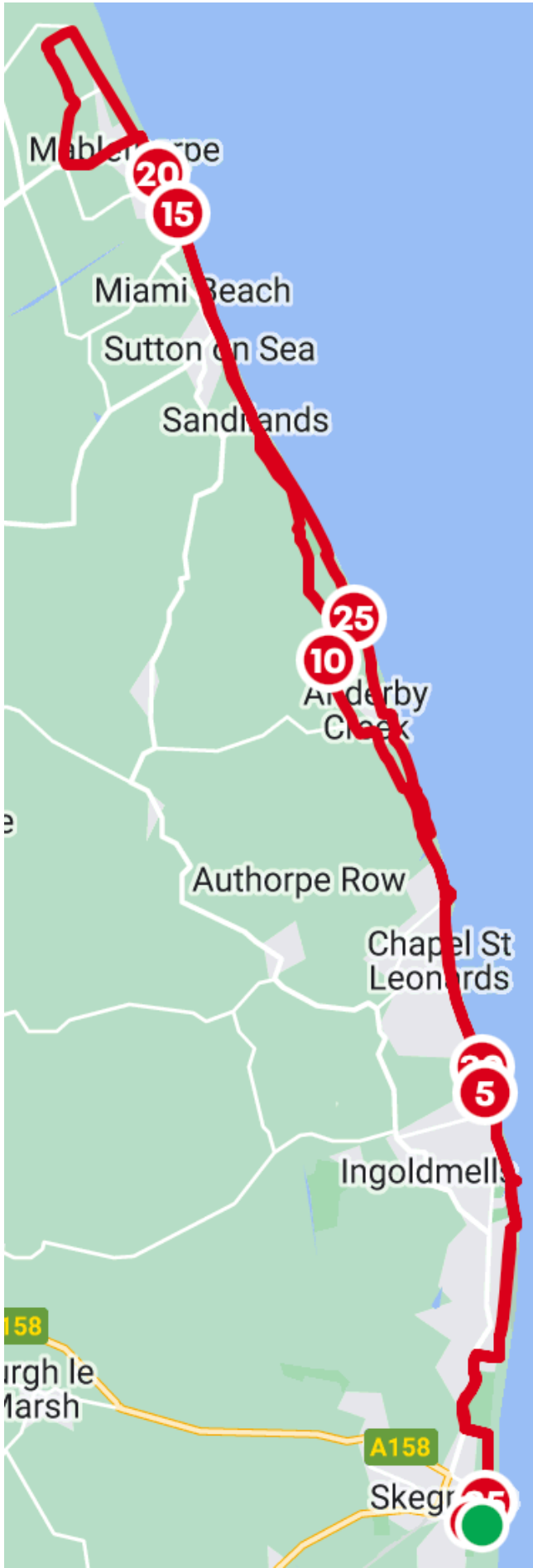
Other aid stations or cheer points!

- The Admiral Benbow, cheering you on and with a bonus water station (mile 6 on the way out and mile 21 and 29 (ultra) on the way back)
- Hollivans, for the ultra area at around mile 17 cheering you on

Keep an eye on our social media for more updates :)

- **Headphones**, please remove headphones for mile 1-2 and the road sections. For the ultra please remove for your Mablethorpe route. Outside of this and when you're on the coastal path then enjoy your music!
- **Showers, changing and swimming, at the finish!!!** A huge thank you to Magna Vitae for been such incredible hosts, supporting us with our registration and finish facilities, and have provided us with a loving registration room and a lovely warm leisure centre for runners to use after the event :) **SIMPLY FLASH YOUR MEDAL** (yes we said medal!)
- **Get your spectators swimming!** (Or yourself over the weekend!) A great way to keep those spectators happy while you're aloof having fun! and yes they have a slide!
- **Changing and showers**, hey we're happy with you going home 'post run fresh' but if you would like to clean up then we have free access to the changing rooms and showers until 18:30

The Routes:



The Routes:

You can find an interactive map of both routes and a GPX download (so you can pop it on your phone / watch to guide you around) on the event page here: <https://thegreatbritishseasidemarathon.com/the-challenges>

That start, has moved for 2024 and will set off from right next to the Skegness Pier, out on the sea front. We will have our gantry popped up (wind dependant, if not we will be waving and playing music!)

Signs - we have confirmation arrows along the route, and anywhere you may need to make a decision we will have arrows up (this are A4 size yellow arrows)... be aware of your route please as its a long distance and a long time for signs to remain in place (wind / people may move them)

SHOES - it's Been 100% road shoes (or light trail shoes) so far every time we've ran or ridden the course, you wont face mud just loose sandy surface, this is very weather dependant, but you are at the seaside and its part of the adventure :) You've big sections of the run on tarmac, costal paths, footpaths and firm trails... don't fight the sand, think 'fast light flat feet'

The Marathon:

Mile 0-1 is straight out on the prom and coastal path, it narrows after around half a mile and after a mile you have a sharp left turn past the North Shore golf course, this is a narrow and slightly hidden left turn, but like all our major points it will be signed and or marshalled..

Mile 1-2 is around residential paths in Skegness as we make our way around a no access point to get back onto the coastal path . We will have plenty of team members directing you on the way out and this section features road crossings so please take care. Keep on the paths and when you come across the spar shop you're going to turn right down Winthorpe Drive until you hit the coast where you turn left, ahead north and off you go!

Mile 2-7 follows the coastal path, (you have a stretch of around 200 metres of **SAND** on the path at mile 3) all the way until you reach the spectacular North Sea Observatory and your first aid station (and great spectator point) you have a short distance of **SAND** to cross (around 25 metres) around the front of the observatory. You pass the Admiral Benbow water station at mile six just ahead of the main aid station.

Mile 7-12 You cross the road as you exit the North Sea Observatory (take care) and join Anderby Road (be sure to **keep left at all times on the road**, don't be tempted to cut corners on right hand bends). Anderby Road then joins Roman Bank (you don't turn right to Anderby Creek and just stick on the road ahead) this road then joins / Huttoft Bank and you reach Sutton on Sea and Sandilands car park, where you again cross the road to re-join the coastal path heading up the sloper to the chalets and turn left towards the Sutton on Sea turnaround, you may see runners coming back from the turnaround point here but don't follow them right! (It will be signed)

Mile 13, Sutton on Sea aid station, the turnaround point for the Marathon and it's straight on to Mablethorpe for the Ultra :)

Mile 14-16 Continue south on the coastal path this will then turn from a paved surface to a trail route, keep going until you get to mile 16 where you will turn right out of Huttoft Beach car park, past the Vista Cafe at the boat shed and then take a very sharp left through a narrow point to join the stunning coastal path, amongst some lovely nature :)

Mile 16-18 Keeping on the coastal path you keep heading south heading straight across Marsh Yard car park see some fencing surrounding some industrial equipment, head past this (don't follow the road out) and towards a small wooded area and this will take you out on a small residential gravel road which leads to Anderby Creek car park. At Anderby Creek you will take a left out of the car park to head towards the beach (a short SAND section is through here around 100m) once you hit the sand you turn right and follow the coastal trail (not the public footpath) this then leads to the only hill in the event A set of wooden steps taking you up to a unique view point structure (like a big spiral) , from the view point you descend the straits to the left and continue on the coastal path.



Mile 18-20 Continue on the coastal trail and again go straight across Wolla bank car park, at mile 19.5 you will reach Chapel Six Marshes car park (mile 19.5) here you do turn right and follow the road out of the car park, rejoining Anderby Road where you turn left and head back to the North Sea Observatory

Mile 20-25 You join Anderby road and ensure you keep left, when you reach the North Sea Observatory then you head back in and back around the front and following the coastal path exactly the way you came out. On the return when you get to mile 24 and the beach view cafe are turn right off the coastal path and join Winthorpe Road. At the end of Winthorpe road past the spar and turn left heading back to Skegness on the path. At mile 25 turn left onto North Shore Road.

Mile 25 to 26 Soak it up folks it's the last mile! . . . you pass the golf club and then take a sharp right joining the coastal path and heading to Skegness seafront. You go past your original start point, past the RNLI building and then turn right join the path, keep straight on this path and cross the road that leads to the car park (keep chunky monkey on your right!) Head towards the tower and at the roundabout turn right and then about 50 metres down the road you will turn right into the finish at the leisure centre :)

The Ultra Marathon:

Mile 0-1 is straight out on the prom and coastal path, it narrows after around half a mile and after a mile you have a sharp left turn past the North Shore golf course, this is a narrow and slightly hidden left turn, but like all our major points it will be signed and or marshalled. .

Mile 1-2 is around residential paths in Skegness as we make our way around a no access point to get back onto the coastal path . We will have plenty of team members directing you on the way out and this section features road crossings so please take care. Keep on the paths and when you come across the spar shop you're going to turn right down Winthorpe Drive until you hit the coast where you turn left, ahead north and off you go!

Mile 2-7 follows the coastal path, (you have a stretch of around 200 metres of SAND on the path at mile 3) all the way until you reach the spectacular North Sea Observatory and your first aid station (and great spectator point) you have a short distance of SAND to cross (around 25 metres) around the front of the observatory. You pass the Admiral Benbow water station at mile six just ahead of the main aid station.



Mile 7-12 You cross the road as you exit the North Sea Observatory (take care) and join Anderby Road (be sure to **keep left at all times on the road**, don't be tempted to cut corners on right hand bends). Anderby Road then joins Roman Bank (you don't turn right to Anderby Creek and just stick on the road ahead) this road then joins / Huttoft Bank and you reach Sutton on Sea and Sandilands car park, where you again cross the road to re-join the coastal path heading up the sloper to the chalets and turn left towards the Sutton on Sea turnaround, you may see runners coming back from the turnaround point here but don't follow them right! (It will be signed)

Mile 13.8, Sutton on Sea aid station, the turnaround point for the Marathon and it's straight on to Mablethorpe for the Ultra :)

Mile 14-16 Continue north all the way on the coastal path to Mablethorpe. At mile 15.3 the coastal path turns right and down below some large brown building (underneath the sea defences, this is a short sand covered area but keep to the left and you'll find it pretty clear. At just before mile 16 you will turn left to leave the seafront and being a loop around Mablethorpe. You cross the road here using the zebra crossing and then turn right heading north on Quebec road.

Mile 16-18 Keeping on the path heading north on Quebec road you'll go past the cheering team at the Hollivans site! Then across the main entrance go Haven and you'll see a left turn indicated further along through a pedestrian entrance to the Haven site. . . yup you're going into the site for you BIG half way aid station, head into the site and follow the signs to the aid station.

Mile 18-20 From the aid station you will then join a trail path for a short stretch until you emerge and cross the road (take care when crossing) once you're across the road then join the path and turn right. You will cross several roads as you follow your way around the outskirts of Mablethorpe. At 18.5 miles you'll cross the entrance to Tescos, at mile 18.8 you will follow the path around to the left heading down Alford road and joining the high street all the way back to where you first left the coastal path. Heading across the zebra crossing you will then rejoin the coastal path and turn right to head south and head toward Skegness!

Mile 20-22 Follow the coastal path all the way back to Sutton on Sea Aid station :)

Mile 22-24 Continue south on the coastal path this will then turn from a paved surface to a trail route, keep going until you get to mile 16 where you will turn right out of Huttoft Beach car park, past the Vista Cafe at the boat shed and then take a very sharp left through a narrow point to join the stunning coastal path, amongst some lovely nature :)

Mile 24-26 Keeping on the coastal path you keep heading south heading straight across Marsh Yard car park, you may see some fencing surrounding some industrial equipment, head past this (don't follow the road out) and towards the small wooded area and this will you out on a small residential gravel road which leads to Anderby Creek car park. At Anderby Creek you will take a left out of the car park to head towards the beach (a short **SAND** section is through here around 100m) once you hit the sand you turn right and follow the coastal trail (not the public footpath) this then leads to the only hill in the event . . . A set of wooden steps taking you up to a unique view point structure (like a big spiral) , from the view point you descend the straits to the left and continue on the coastal path.

Mile 26-27 Continue on the coastal trail and again go straight across Wolla bank car park, at mile 27.4 you will reach Chapel Six Marshes car park, here you turn right and follow the road out of the car park, rejoining Anderby Road where you turn left and head back to the North Sea Observatory



Mile 27-34 You join Anderby road and ensure you keep left, when you reach the North Sea Observatory then you head back in and back around the front and following the coastal path exactly the way you came out. On the return when you get to mile 25 and the beach view cafe are turn right off the coastal path and join Winthorpe Road. At the end of Winthorpe road past the spar and turn left heading back to Skegness on the path. At mile 25 turn left onto North Shore Road and head past the golf course

Mile 34 to 35 Soak it up folks it's the last mile! . . . you pass the golf club and then take a sharp right joining the coastal path and heading to Skegness seafront. You go past your original start point, past the RNLI building and then turn right join the path, keep straight on this path and cross the road that leads to the car park (keep chunky monkey on your right!) Head towards the tower and at the roundabout turn right and then about 50 metres down the road you will turn right into the finish at the leisure centre :)

HAVE A GREAT EVENT, THANK YOU & WELL DONE - read on for some handy toilet and car parking info! !

It's taken 'a-lot' of hard-work to bring this even to the coast, with many challenges along the way and an incredible amount of planning. We we're so happy after year ones event and were glad to be back, a huge thank you to our supporters and the headline sponsor Skegness Pier for helping to bring the running community to the wonderful Lincs Coast!

So thank you, and an early well done! . . . you accomplished something truly amazing, so take a well earned rest and who knows we may see you in a bar in the evening, we will be the ones napping and you'll be the ones hobbling around and looking in dread at any stairs!

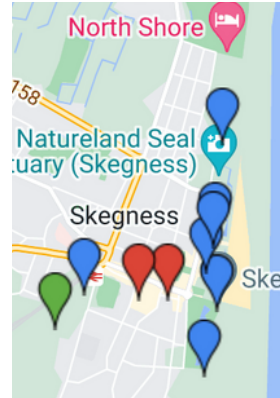
Keep up to date post event: <https://www.facebook.com/curlysathletes/>



PARKING

Skegness - Car Parks Free 6PM - 8AM

North Parade street, PE25 2UB - free on road parking
Arcadia, PE25 3EF - max 4 hours stay £3
Lawn park, PE25 3NU - max 4 hours stay £3
North end, PE25 1BF - £7 all day £3 for 3 hours
Pierside - £8 all day £3 for 3 hours
Princes Parade, PE25 3HR - £7 all day, £3 for 3 hours
Richmond Drive, PE25 3PQ - £3 all day
Scarborough Esplanade PE25 1BF - £1 per hour
Swimming Pool, PE25 2UQ - £1 per hour



Winthorpe

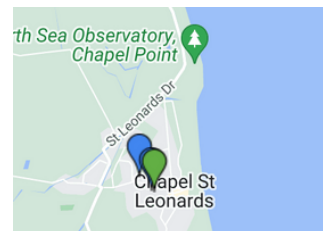
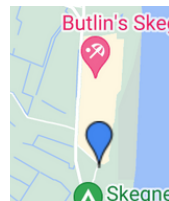
Jacksons Corner, PE25 1JA - £2 all day

Ingoldmells

Sea Lane, PE25 1SY - £0.80 an hour

Chapel St Leonards

Sea Road, PE24 5SJ - £3 max stay 4 hours
Well Vale, PE24 5SE - £2 all day or 2 hours free
North Sea Observatory, PE24 5XA - £3 all day
Chapel Six Marsh, PE24 5XA - Free
Wolla Bank Beach, PE24 5XH - Free



Anderby Creek -

Anderby, PE24 5XW - Free
Marsh Yard/Moggs Eye, LN13 9RT - Free

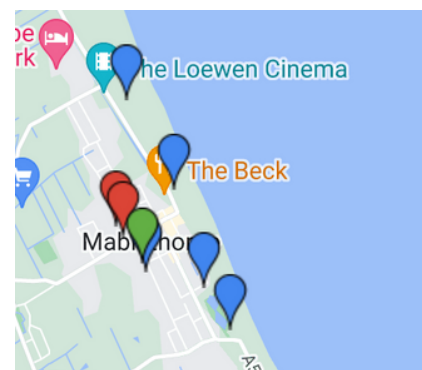
Sutton on Sea

Huttoft beach - LN13 9RR - Free
Broadway, LN12 2JL - £5 all day, £2 3 hours
Sandilands LN12 2RJ - £2 all day, free 2 hours



Mablethorpe

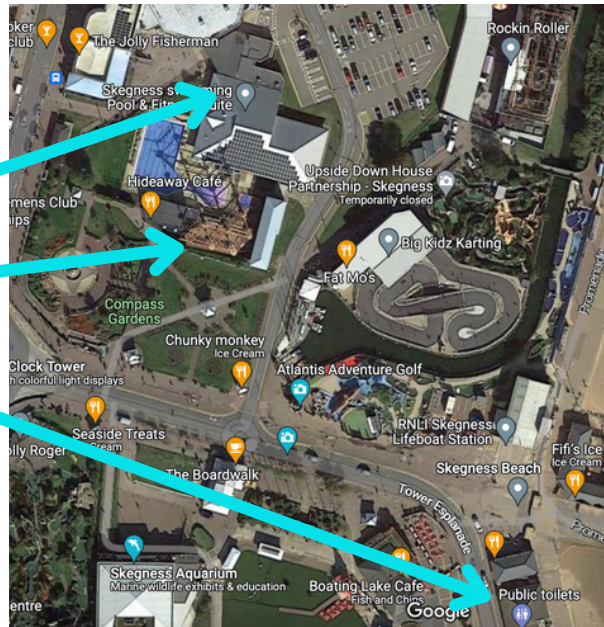
High Street - £3 4 hours
Park Square, LN12 1HA - 2 hours free, 4 hours £3
Queens Pk Main, LN12 2AD - £5 all day
Queens Pk South, LN12 2AW - £5 all day
Seacroft, LN12 2DT - £3 all day
Seaview, LN12 1LT - £1 1 hour, £5 all day



TOILETS

Skegness

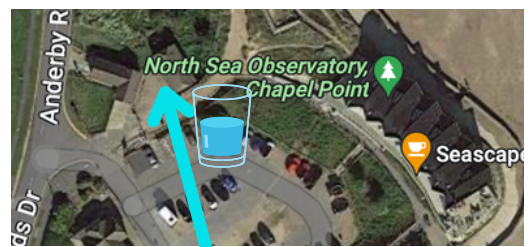
Skegness swimming pool & fitness suite
 Hideaway cafe
 Tower Esplanade - 40p (card only)
 Other public toilets are located around Skegness for 40p, cafes/restaurants may also be open e.g. McDonalds



Anderby Creek
 Sandy Lane



Huftoft
 Boatshed



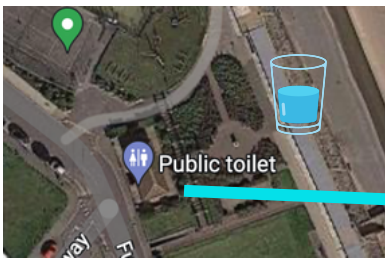
Chapel St Leanords
 North Sea Observatory



TOILETS



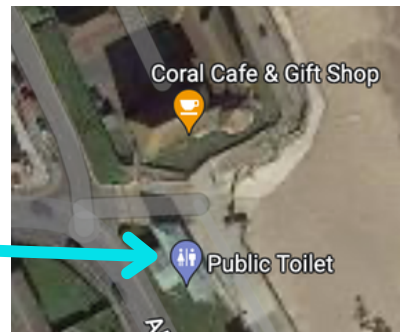
Sutton On Sea
Sandilands Golf Course - 40p



Pleasure Gardens - 40p



Mablethorpe
Haven Golden Sands Camping
- Just after your aid station



Coral Cafe



Terms and Conditions of Entry

*As an adult participating in an Adult event, I declare that I am 18 years of age or over on the day of the event

*As a junior participant under the age of 18 taking part in an event, I declare that a responsible adult has authorised my participation in this event and has read and accepted all the terms and conditions of the race on my behalf.

*I declare that I will not compete in the race unless I am medically fit on the day of the race.

*I enter this race entirely at my own risk. The organisers will not be liable for any personal injury or death, no matter how it was caused.

*I accept that the organisers and sponsors of the race, or any of their agents, will not be liable for any loss, damage, action, claims, costs or expenses which may arise in consequence of my participation of this event.

*Any belongings deposited at a bag drop are left at the owner's risk.

*I am fully aware of all associated risks involved with participating in this event

*By entering this race, I give my permission to Curly's, its sponsors, assignees & licensees to use or authorise others to use photographs, motion pictures, recordings, data or any other record of my participation in this event for any legitimate purpose without remuneration.

*I will listen to and respond to the advice given by race officials and marshals.

*Headphones must not be worn (unless otherwise stated.)

*Event Cancellation: If for reasons beyond the control of the Promoter, including an 'Act of God' due to unforeseen, naturally occurring events that were unavoidable, the event which applicants have entered is cancelled or postponed, the Promoters will issue a full Race Credit to the value of the original entry fee or transfer the applicant's entry to another race/events where requested. Alternatively, if an event is cancelled by the Promoter for non 'Act of God' reasons, the Promoters will offer a full refund.

• In the event of adverse weather or any other prevailing circumstances mean that the race is to be cancelled, details will be recorded on the web site and on the Facebook page.

Our refund policy is as such: We will refund entry costs to the tune of 100% 90 days prior to the event, 75% for 60 days before and 50% up until 28 days before. After this date, we are unable to process refunds.

nb: Due to the postponement of the June 2020 event the refund amount is based on the original event date and will remain at 75% until 60 days before the new event. However should you not be one of the transfers please get in touch for a 100% refund outside of 90 days from the new event date.

By entering this race, I am confirming that I have read and understood the above