Here are a few resources for support. Each community has different options to help those they serve. Please take a moment to look up the local resources in your community and write them on this sheet as a quick reference if you need it. There is space provided. Nationwide support is listed here to assist you as well.

**Crisis Hotline** – Provides 24x7 support on the telephone or through the internet. The staff is trained on dealing with crisis and has resources to help both Veterans and non-Veterans.

800-273-8255

**Vets4Warriors** – Provides peer-to-peer support for military. There are representatives from each branch of service represented. You can reach them through phone, email, text or chat.

855-838-8255, www.vets4warriors.com

**Veteran Centers** – Support for combat Veterans and their families. Provide counseling, bereavement counseling, and various support to Veterans and their family members. Most require combat service to receive benefits, but they will refer you to local support if you do not qualify.

877-WAR-VETS, (877-927-8287), www.vetcenter.va.gov

**Tragedy Assistance Program for Survivors (TAPS**) – Provides support after loss. Conducts grief camps nationwide and support for families who lose a loved one in the Armed Forces.

800-959-TAPS (8277), <u>www.taps.org</u>

## My Community Resources:

Name of Business	Number and services provided