

MAY --- FINALS/BLACK BELTS

FIRST HALF OF CLASS---REGULAR WARM-UP WITH KICKING/HAND TECHNIQUE COMBO'S -BREAKDOWN OF EACH TECHNIQUE
 SECOND HALF OF CLASS---FOCUSING ON POOMSES AND S/D

| MONDAY MAIN DOJANG 6-7PM | | WEDNESDAY MAIN DOJANG 6-7PM | | SATURDAY CLAYTON DOJANG 12-1PM |
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| | | 2 OPEN CLASS WORK ON CHECKILIST ITEMS & INSTRUCTOR TRAINING | | 5 OH/YUK/CHIL/PAL KORYO/KEUMGUM S/D |
| 7 SEMINAR TEST PREP | | 9 BLACK BELT POOMSE TEST PREP | | 12 IL/EE/SAM/SA & BLACK BELT POOMSES |
| 14 OPEN CLASS WORK ON CHECKILIST ITEMS & INSTRUCTOR TRAINING | | 16 STEPS 1-10 REFEREE POOMSE BASIC SPARRING KNOWLEDGE | | 19 LONG WEEKEND |
| 21 LONG WEEKEND | | 23 IL/EE/SAM/SA & BLACK BELT POOMSES | | 26 CHECKLIST REVIEW |
| 28 CHECKLIST REVIEW | | 30 OH/YUK/CHIL/PAL KORYO/KEUMGUM | | |