

Essential Checklist

The following checklist is designed with the necessary items in mind, but feel free to add to or remove items if they don't your lifestyle....

MAKE A COPY OF THE FOLLOWING ITEMS

- Driver's license/State issued ID
- Birth certificates
- Social Security cards
- School and vaccination records
- Lease/rental agreement, house deed, mortgage details
- Passport (s)
- Keys (house/car/office)
- Car registration
- Insurance papers
- Divorce papers
- Medical Records (for all family members)
- Telephone numbers of TRUSTED people —write them down on the back of this form

IMPORTANT INFORMATION

- What is my code word if I need help?
- Who knows my code word?
- Number for the DV Hotline: 800.799.SAFE
- Take small items (underwear, toiletries, hygiene items) out of the house. Store them with a trusted friend/family
- Stockpile cash, as much as you can . Keep it with your clothes
- Make copies of keys, place them in jacket pockets, in the garage, etc., hidden from view
- Tell every trusted person you know about what is going on. Establish a safe place to go. Check in with them often.
- Establish authorized persons for pickup from your children's schools, make specific instructions for emergency pickup
- Inform your neighbors— especially if the perpetrator no longer lives in the home
- Stay off social media!!!
- Keep the new address a secret—get an unpublished new telephone number
- Change your driving routes, undo your regular habits.
- Keep all e-mails and text message threats —you may need them in court
- DON'T TELL HIM YOU'RE LEAVING!!!
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