



Health: RIASEC Classroom Connections

These examples of career connections across RIASEC themes help educators get started so they can further customize RIASEC-aligned examples for their content. RIASEC themes help students name and claim their interests and explore future options. Real-world examples as part of ongoing instruction improve engagement, relevance, and purpose.

Realistic (R)

- Physical Therapist Assistant: Discuss the hands-on aspect of assisting patients with rehabilitation exercises and treatments.
- Nutrition Technician: Explore the practical application of nutritional science in planning and evaluating meal programs for individuals and communities.

Investigative (I)

- Epidemiologist: Introduce the investigative role of tracking disease outbreaks and assessing public health risks.
- Biomedical Researcher: Highlight the importance of conducting research to develop new treatments and understand health conditions.

Artistic (A)

- Healthcare Interior Designer: Discuss how design principles can create healing environments in hospitals and clinics.
- Art Therapist: Explore the use of artistic expression as a therapeutic technique for mental and emotional well-being.

Social (S)

- Community Health Worker: Emphasize the role of providing health education, advocacy, and resources to communities.
- Mental Health Counselor: Highlight the importance of supporting individuals' mental health through counseling and therapeutic practices..

Enterprising (E)

- Healthcare Administrator: Discuss the business and management side of running healthcare facilities and services.
- Wellness Program Coordinator: Explore the development and management of health promotion programs within organizations.

Conventional (C)

- Medical Records Technician: Highlight the critical role of organizing and managing patients' health information for care continuity.
- Health Insurance Specialist: Discuss the processing of insurance claims, emphasizing the importance of accuracy and regulatory knowledge.

Know yourself. Develop your talents. Weigh your options. Dream big!