



## Physical Education: RIASEC Classroom Connections

These examples of career connections across RIASEC themes help educators get started so they can further customize RIASEC-aligned examples for their content. RIASEC themes help students name and claim their interests and explore future options. Real-world examples as part of ongoing instruction improve engagement, relevance, and purpose.

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### **Realistic (R)**

- Athletic Trainer: Emphasize the application of anatomical knowledge and injury prevention techniques, highlighting hands-on skills in sports medicine.
- Fitness Instructor: Discuss the importance of physical fitness programs, personalized training routines, and the science behind exercise.

### **Investigative (I)**

- Sports Scientist: Explore the use of data analysis to enhance athletic performance, including nutritional studies and biomechanical research.
- Exercise Physiologist: Highlight careers in studying the body's responses to physical activity and developing tailored exercise programs.

### **Artistic (A)**

- Dance Instructor: Connect artistic expression with physical education through dance, choreography, and performance arts.
- Sports Photographer: Discuss the art of capturing athletic events, motion, and the essence of competition through photography.

### **Social (S)**

- Coach/Physical Education Teacher: Emphasize the role of mentoring, teaching, and inspiring others in sports and physical activities.
- Recreational Therapist: Introduce careers focused on using sports and recreation as therapeutic methods for improvement in physical and mental health.

### **Enterprising (E)**

- Sports Marketer: Examine how to promote sports teams, events, and athletes, including event organization and fan engagement strategies.
- Fitness Center Manager: Discuss the business aspects of running fitness centers, including management, operations, and customer service.

### **Conventional (C)**

- Sports Statistician: Highlight the importance of data collection, analysis, and statistics in sports, from player performance to team strategy.
- Health Policy Analyst: Discuss the role of developing and analyzing policies that affect public health, sports safety, and wellness programs.

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Know yourself.  Develop your talents.  Weigh your options.  Dream big!