**Bagel Chalet of Commack Chopped Salad Bar Menu**

Phone (631)499-9820

Fax (631)499-0406

**Circle Choices Below**

**Lettuce Choice**

Iceberg

Mesclun Greens

Romaine

Baby Spinach

Baby Kale

**Bowl Size**

Small$13.51

Large $14.55

**How We Chop**

Chopped

Lite Chopped

Not Chopped

**Unlimited Topping**

 Bacon Bits

Bagel Chips

Beets

Black Olives

Blue Cheese

Broccoli

Carrots

Celery

Cheddar Cheese

Chickpeas

Chinese Noodles

Corn

Croutons

Cucumbers

Dark Raisins

Dried Cranberries

Feta Cheese

Grated Cheese

Green Olives

Green Peppers

Hard-Boiled Egg

Hot Peppers

Kalamata Olives

Kidney Beans

Mandarin Oranges

Mozzarella

Pickled Onions

Pineapple

Portobello Mushroom

Red Cabbage

Red Onion

Red Pepper

Roasted Red Pepper

Scallions

Sesame Seeds

Sliced Almonds

Sundried Tomatoes

Sunflower Seeds

Sweet Potato

Tomatoes

Walnut Pieces

**NEW** Red & White Quinoa

**NEW** Brussel Sprouts

**Salad Dressing**

**On The Side Mixed In**

**Extra Dressing $.78 Each**

Balsamic Vinaigrette

Blue Cheese Dressing

Russian Dressing

Mango Pineapple Vinaigrette

Blood Orange Vinaigrette

Greek Dressing

Honey Mustard Dressing

Italian Dressing

Ranch Dressing **NEW** Lemon Vinaigrette

Caesar Dressing

Sesame Ginger Dressing

Citrus Vinaigrette

Raspberry Balsamic Vinaigrette

**Fat-Free Dressing**

Balsamic Vinegar

Balsamic Vinaigrette

Honey Dijon Dressing

Italian Dressing

Olive Oil

Ranch Dressing

Raspberry Vinaigrette

Red Vinegar

French Dressing

**Top It Off for Only $1.55**

Avocado

Artichoke Hearts

Goat Cheese

Hearts of Palm

Mango

**Top It Off for Only $3.11**

BBQ Chipotle Chicken

Egg Salad

Teriyaki Chicken

Chicken Salad

Grilled Chicken

Tuna Salad

Sliced Turkey

**Included With Your Salad: Choice of**

**Bagel**

**Bialy**

**Wrap**

**Pita**

**Bagel Chips**

**Salad To Stay**

**Salad To Go**

**Order Is Specially Prepared For: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Bagel Chalet 36 Veterans Memorial Highway, Commack, NY 11725**