



**Sarah Paton, ND**  
Naturopathic Doctor

**Medical Information Form**

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Current Concerns / Goals for Treatment:**

---

---

---

---

---

---

---

**Major Past/Present Illnesses, Dates and Treatments:**

---

---

---

---

---

---

---

---

---

---

---

**Brief Family History:** (Please indicate state of health, including current/past conditions. Please include the age of death if deceased.)

**Father:** \_\_\_\_\_

**Mother:** \_\_\_\_\_

—  
**Father's Mother:** \_\_\_\_\_

**Mother's Mother:** \_\_\_\_\_

**Father's Father:** \_\_\_\_\_

**Mother's Father:** \_\_\_\_\_

**Siblings:** \_\_\_\_\_

—



**Sarah Paton, ND**

Naturopathic Doctor

**Your Children:** \_\_\_\_\_

**Allergies to Medications, Foods, Animals, Environmental, Seasonal, etc**

**Please circle ONE:**

Allergen: \_\_\_\_\_ Reaction: \_\_\_\_\_ Severity: Mild / Moderate / Severe

Allergen: \_\_\_\_\_ Reaction: \_\_\_\_\_ Severity: Mild / Moderate / Severe

Allergen: \_\_\_\_\_ Reaction: \_\_\_\_\_ Severity: Mild / Moderate / Severe

Allergen: \_\_\_\_\_ Reaction: \_\_\_\_\_ Severity: Mild / Moderate / Severe

Allergen: \_\_\_\_\_ Reaction: \_\_\_\_\_ Severity: Mild / Moderate / Severe

**Medications and Supplements: (Please list including brand, dose and strength)**

**Name:**

**Strength/Dose:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you have any questions or concerns you specifically want to talk about?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_