



Transition to life after military service can be isolating.

Team Red, White & Blue takes the best of military service - the camaraderie, the physical challenges - and creates a new family of Eagles connected through physical activity.

We are the bridge connecting communities - where veterans and civilians work together and gain common understanding. This bridge is part of the formula that builds well-being in veterans - and in **all of us.**

**AT TEAM RWB,
WE GET VETS**

Connect with your local chapter today:

**Team RWB Philadelphia
Keith Wittstock, Chapter Captain
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For more information, check out teamrwb.org.