

## U and Universal

### Alternative Family Living (AFL)

Universal is looking for caring people to provide AFL services. AFL is a service that allows you to invite a person with intellectual and developmental disabilities to move into your home and become a part of your household. The individuals in this program have an opportunity to become more independent with social skills, job skills, education and day to day living. The service can be provided by a family or individual in a home setting. For more information, or to apply visit the application section on our website at: [www.umhs.net](http://www.umhs.net)

### Did you know?

February 4 is the birthday of Rosa Parks. She was an American civil rights activist best known for her role in the Montgomery bus boycott. The United States Congress has honored her as “The First Lady of Civil Rights” and “The Mother of the Freedom Movement”