

U and Universal

During the month of April, several agencies come together to encourage people to drive with focus and avoid distractions while driving. It is reported that 5 seconds is the average time your eyes are off the road while texting. At 55mph that is enough time to cover the length of a football field.

To avoid tragedies due to distracted driving, motorists are advised to:

- Put mobile devices out of reach before driving
- Talk to teens about responsible driving
- Be a good role model to young drivers in the car
- Speak up if you are a passenger and the driver starts to use a mobile device, offer to make the call for them
- Always wear a seat belt

You can take the pledge to drive safe at: <https://cloud.safe.nsc.org/ddam-pledge>

Did you know?

Vaccine update:

The rest of Group 4 became eligible March 31. This includes additional essential workers and people living in other congregate settings such as student dormitories. Essential workers include frontline workers and workers who do not have to be in-person for work in an expanded range of sectors such as construction, energy, financial services, and public works. A complete list is available [here](#).

All North Carolinians age 16 and older will be eligible to be vaccinated beginning on April 7.