

U and Universal

Safe driving:

More and more, using a mobile device is a vital part of our lives. We are often driving with a person served in our cars while navigating the phone's GPS to find a location. The greatest threat to safe driving is using a mobile device while driving.

- In a given day, 418,00 drivers are using their mobile phones or devices while driving
- Every day, 9 people are killed and more than 1000 are injured in crashes involving distracted drivers
- Mobile devices are a contributing factor in 6 million accidents per year
- The odds of an accident go up 23 times when texting and driving

In simple terms, distracted driving is multi-tasking behind the wheel. Here are some ways to avoid distracted driving:

- Use a hands-free device. It gives a boost in safety but does not eliminate all distractions.
- Set essential controls before you back out of your parking spot; queue up the playlist, set climate controls and program any destinations into your GPS.
- If you get lost, find a safe place to pull off the road to make changes to your GPS.
- Suspend phone conversations in heavy traffic or bad weather even if you're on a hands-free device.
- On long drives, take breaks to rest your eyes.

Remember that all Universal employees watch a defensive driving video upon hire. The video is available on the online training site to review at any time.

Did you know?

North Carolina has a Coronavirus hotline operated by N.C. Poison Control. If you have any questions about the virus, the number is: 866-462-3821. The hotline is available 24 hours a day, 7 days a week.