

U and Universal

May is Mental Health Awareness Month. It was started to raise awareness about mental illness and related issues in the United States. Negative attitudes and stigma associated with mental health have reduced and there has been growing support for people experiencing mental health issues. In conjunction with Mental Health Awareness Month, NAMI (National Alliances on Mental Illness) has launched the “Why Care” campaign. “Why Care” is an opportunity to share the importance of mental health treatment, support and services to the people and families who need them. You can be involved with the campaign by sharing stories about why you care for others or how support or care has affected you. To learn more about the campaign, go to: www.nami.org

Did You Know ?

Universal has a Morale Committee. The Morale Committee was started to find ways to show appreciation for Universal’s great employees. From this committee came the “longevity program” Many Universal employees have already received tee shirts or polo shirts for the time that they have worked here. The Morale Committee continues to explore ways to show appreciation for all you do!