

## U and Universal

The holidays are here! Many people find themselves in need of assistance or wanting to help those in need at the holiday season. NC 2-1-1 is here to help. Families who are having trouble affording gifts or food this holiday season may find assistance from local resources. You can call 888-892-1162 or 2-1-1.

To learn more or visit: [www.nc211.org](http://www.nc211.org)

- For holiday meal and gift programs, search “Christmas Programs” or “Christmas Meals”
- 2-1-1 suggest local Rescue squads and Police Departments have gift giving programs as well as local DSS.
- Local religious organizations and schools may also provide or know of holiday programs
- Nationally, the Toys for Tots sponsors gift giving programs as well
- Locally and national, the Salvation Army is also a resource for holiday assistance

## Did you know?

Your energy cost increases in the winter. Here are some tips for cutting energy cost this winter season

- Add weather stripping to your doors
- Get a free home energy audit from the power company
- Replace light bulbs with CFL bulbs
- Wash clothes in cold water
- Turn down your water heaters temperature
- Purchase a programmable thermostat

Visit your power company’s website to learn more money saving tips.