

Quantum Healing Hypnosis Technique

Client Information and Agreement Form

Session Date: _____

Client Name: _____ Date of Birth: ____/____/____

Address: _____

City: _____ State: _____ Zip _____

Phone: _____ Email: _____

Gender _____ Marital Status _____ Number of Children _____

Occupation: _____ Have you been hypnotized before? _____

How did you find out about Yuling? _____

The reason for your session? _____

I voluntarily agree to sign this agreement based on the understanding that Apryl Lacina, the Quantum Healing Hypnosis Technique (QHHT) practitioner, is not a doctor, nor a psychiatrist, and can neither diagnose nor treat any type of physical or mental disorder.

1. I am participating in hypnosis because my inner guidance led me to it.
2. I understand that I am not a patient, but a co-participant in my hypnosis experience.
3. I understand that any suggestion that is made during this session is only a part an informative motivational programming.
4. I understand that my progress here involves how I care for myself physically, mentally, emotionally and spiritually.
5. I understand that this hypnosis session is exclusively for educational or emotional purposes. It is not intended in any way as medical or psychological advice.
6. I understand that transformation is a process and that it can take time.
7. I certify that I have not been diagnosed or having symptoms of neither Schizophrenia nor Split/Multi Personality Disorder.

*DISCLAIMER: Hypnosis is not intended to cure any special condition. Apryl Lacina makes absolutely no claims of a cure for any disease. Individual results may vary. Each session is unique and its success depends on your cooperation and faith in the process.

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1. I am willing to be guided through relaxation and hypnosis by my hypnotist. I am aware that these modalities are spiritual in nature. It is my responsibility to consult my medical doctor about any changes in my condition and medication.
2. I understand these modalities are not substitutes for regular medical care. I have been advised to consult my medical doctor for any old, new or existing physical conditions.
3. I understand that being hypnotized is not being asleep. During a deep hypnotic trance, I can open my eyes, laugh, carry on a conversation and be aware of people or happenings around me. I can even have the thought that I'm not hypnotized. However, when I allow those thoughts that come to my mind to flow freely as the hypnotist speaks to me, I will relax and remember forgotten events in this life or a past life.
4. I understand that change is completely my own responsibility. I understand all healing is done by my Subconscious on my behalf and that my hypnotist is only a facilitator guiding me through the process. It is my responsibility to be open and honest, provide an accurate feedback and be forthcoming with details and information that may help me achieve the best outcomes.
5. I understand that our session will be digitally recorded for my use later. I also understand that in these types of metaphysical sessions, the energy in the room can affect the equipment and recording resulting in static or blank recordings.
6. I understand that in hypnosis sessions, information often comes through that benefits others as well. I agree to allow my hypnotist to share this information and stories either through audio/video or in writing, provided that my personal information is not revealed.

I am of legal age and understand I am entering into a co-creative agreement of my own free will. I accept that I am a willing participant in this co-creation that will employ hypnotic techniques and regression by Apryl Lacina. Therefore, I do hereby release and discharge Apryl Lacina from all claims of damages, copyright, demands of action whatsoever in any manner arising from or growing out of my participation. I have read and understand this Client Information and Agreement.

Client Signature _____ Date _____

Apryl Lacina is a Quantum Healing Hypnosis Technique practitioner trained by Dolores Cannon and certified by Quantum Healing Hypnosis Academy. Dolores Cannon's unique technique works with the client in somnambulistic state, an ideal level of trance for more reliable information. Her technique allows access to the Subconscious, which plays a key role in the hypnotic healing.