



Deoxycholic Acid Post Treatment Instructions

Redness and swelling develop shortly after your procedure. The injections will be working below the surface of the skin to break down the fat cells, which starts an inflammatory response. This inflammatory response causes swelling. The swelling is expected and will last for several days to a week or more.

It is possible that bruising may be experienced in the treatment area, as with any injection. Any bruising that occurs can easily be hidden with makeup and typically resolves within a few days.

You may ice the area intermittently for the first 24 hours for added comfort. Remember, swelling means the product is working.

Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, or high-doses of Omega 3, Vitamin E, or Turmeric for 48 hours. These agents may increase bruising and or bleeding at the injection site. You may take Tylenol if needed.

You may experience bruising, and/or redness at the injection site. This typically resolves within 2-3 days. You can use makeup to cover up any bruising, but wait at least 4 hours after your treatment to apply.

No strenuous physical activity/workouts for 48 hours following your treatment. You may elevate your head to sleep by using a few extra pillows, this may help to decrease the swelling.

Avoid facial massages, facials, laser or light based therapy for 2 weeks.

Until the redness and swelling have completely resolved, avoid exposure of the area to intense heat (sauna, hot tub, sunlamp, sunbathing), as this will also make for increased swelling.

Remember to schedule your next treatment in 4-6 weeks. Deoxycholic acid treatments require 2-6 treatments for optimal results.

We want you to have an outstanding result. If you have any questions or concerns following your treatment, please contact us: 613-281-5982