# Message from the Committee

NDCSA have provided social welfare, education, sport and leisure facilities for the local community at Bloomfield House Community Centre in Narberth since 1980. The organisation is a registered charity and the centre is managed by a volunteer committee.

## **BLOOMFIELD BUS**

We have a 16-seater, accessible community bus for hire at excellent rates to members and affiliated groups.

Your driver must be MIDAS trained.
Call 01834 860293 for further information.

### **DIAL-A-BUS**

Dial-A-Bus is a bus service for people who cannot use conventional buses and for communities with infrequent public transport. To book, call before 3.00pm the day before on free-phone 0800 7831584.

Contact us for more information on routes.

Contact us for more information on routes, times and days.



Opening hours vary. Contact us for up to date information



NDCSA@OUTLOOK.COM



01834 860 293



BLOOMFIELD HOUSE COMMUNITY CENTRE REDSTONE ROAD NARBERTH SA67 7ES



@BLOOMFIELDCENTRENARBERTH



WWW.BLOOMFIELDCOMMUNITYCENTRE.ORG

# WE ARE A MEMBERSHIP ORGANISATION

Membership costs from £3 - £5 per year and helps to support us as a charity.

Members are entitled to discounted rates, free Wi-Fi and the right to stand for election to the General Committee.







# **PROGRAMME 2023/2024**

www.bloomfieldcommunitycentre.org





### LEARNING PEMBROKESHIRE

# Adult education courses running in Narberth during 2023/24:

- IT Classes
- Pilates
- Spanish Year 1
- Spanish Year 2
- Art For All
- Italian Year 6+
- Yoga for beginners
- Yoga for the over 50s
- Photography Basic digital photography
- Photography Developing further skills
- · Welsh classes variety of levels

To book: 01437 770 136 / 01437 770 130 Narberth.Learning@pembrokeshire.gov.uk Or book online via My Account

www.pembrokeshire.gov.uk/adult-learning

www.learnwelsh.cvmru

# HIRE US!

Did you know you can hire our classrooms and sports halls for meetings, birthday parties and events?

We are easily accessible from all areas of Pembrokeshire, Ceredigion and West Carmarthenshire.

Prices start at £11 per hour, Catering can also be arranged!

## **FITNESS SUITE**

Our fitness suite contains twenty resistance and cardiovascular machines, with an extended free weights area, Pay as you go and monthly membership options available.

# **Our Activities**

# SOCIETIES & GROUPS

#### **Blockbusters P&Q:**

Judy Bunn 01437 767100 judynalec@msn.com

#### By the Sea Flowers:

Marie Lewis 07808065987 hello@bytheseaflowers.com

#### Narberth Geology Group:

A Crossley 07855154596 ancrossley@ancrossley.plus.com

#### Narberth U3A:

Juliet Burgess 07870799210 narberthu3a@gmail.com

#### **Tickle Tunes:**

Sue Mathias 07503511354 tickletunes@gmail.com



### **SPORTS & LEISURE**

#### Alice Russell School of Dance:

Alice Russell 07929226316 vacances5@sky.com

#### **Beth Howes Pilates:**

Beth Howes 07528880633 bethhowespilates@gmail.com

#### Circuits With Marie:

Marie Tilley 07572660662

#### **Gentle Exercise Class:**

Bloomfield 01834 860293 ndcsa@outlook.com

#### Health & Fitness Coaching:

Nico 07983342824 contact@onehabitcoaching.com

#### Little Legs Football:

Mark Murison 07961811303 mark@littlelegsfootball.com

#### Narberth Karate Club:

Mair Phillips 07868522808 mairphillips180@gmail.com

### Narberth Ninjas Netball Group:

Shannon Whateley 07733223628 swhateley@bluestonewales.com

#### Narberth Table Tennis Club:

Nigel Firth 07966 389931 nigelcfirth@aol.com

#### Tai chi:

Sian May Sianmay9@gmail.com

### Tiny Tiger's Kung Fu:

Caroline 07917526959 carolinejh@icloud.com

### **Weight Training Classes:**

Meg Hicks 07975746846

#### **Zumba Fitness:**

Tracey 07773126750 trace.keane@talktalk.net

# Community Childcare



### **Bloomfield Day Nursery**



Provides childcare for children aged 6 weeks to 4 years old. Open from 8am to 6pm

CIW registered and supports 'Childcare Offer for Wales' and 'Early Education Funding'

Email: bloomfieldnursery@outlook.com



# **Bloomfield After School** Club & Holiday Club



Provides childcare for ages 3 to 12 years old

Open until 6pm term time and 8am - 6pm during the holidays and is CIW registered

Email: bloomfieldascenguiries@outlook.com



# Cylch Meithrin & Cylch Ti A Fi



A Welsh medium playgroup. Open every weekday during term time: 9.15am - 11.45am

Contact Denise: 07379285310

### SPORTS FACILITIES

We have great sports facilities available. Members can book to play:

Netball

Sauash Badminton Football

Basketball **Table Tennis** 

Cricket Rugby

Tennis