

### P.E REPLACEMENT FOR SCHOOLS

Have one of our experienced coaches teach the children of your school. We can host a class at our facility our come to you.

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www.pegasusgym.co.uk/pegasus-p-e

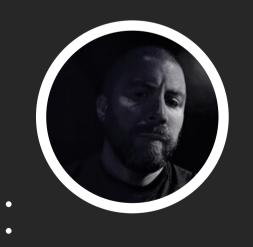
# PHYSICAL EDUCATION







All of our coaches are qualified to a PT 3 level 3 standard as a minimum. All are DBS checked and some even have SEN qualifications.



### LIAM JONES Professional Trainer & Pegasus Gym Ops Manager

info@pegasusgym.co.uk



## FIRST CLASS CLASSES

Our classes are taught by top personal training professionals with a background in teaching children aged 3 years - 15 years

## **Improved Fitness**

Boxing fitness is second to none in improving strength, cardiovascular fitness and stamina levels



attitude.

### **Improved Health**

Boxing fitness provides everyone better mental health, fitness, focus, discipline and



## P.E Solutions

Teaching assistants are always needed in education - including P.E staff. Hiring contract staff can be a gamble. Hiring Pegasus staff gives you a transparent and reliable package. That benefits the school and its students.















- RATES

We are happy to discuss options that suit you.

time.

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• £75 for an hour class at Pegasus Gym • £100 for an hour class at your school. • £300 for the day at your school.

Discounts available when block booking a week at a

**NEXT PAGE** 



Pegasus was established in 1978. We have taught tens of thousands of children and adults in that time. We are a family business who promote health, fitness and community in all that we do.



Contact Details-

info@pegasusgym.co.uk

Liam (Operations Manager) - 07398238769

Website - <u>www.pegasusgym.co.uk</u>





## SUPPORTIVE COMMUNITY

Everything at Pegasus Gym is aimed at family and benefitting our community.

## Community

We install and maintain a positive community in our gym.

## Charity

We happily work with many local charities on numerous projects.

## **Education**

Building up our younger members in our community is a huge focus and ethos of ours.



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Thank you for taking the time to read our proposal for Physical Education Please don't hesitate to contact us.



