



PRESIDENT'S MESSAGE

Digging through newspaper archives often nets interesting articles about the Club and I like to share them with our readers. The article shared in this issue is from 1905 and referred to us as an “up-to-date organization.” We continue to be a well-informed organization.

At our board meetings, we are welcoming representatives from our partner agencies—TMCC, CFNN, and the Chamber of Commerce—to update the officers and directors on issues impacting our community. This is critically important to informed board decisions. Program VP Joy Orlich has planned some “Lunch & Learn” topics fostering attendees’ community awareness.

October is Domestic Violence Awareness Month. It’s not a pretty topic—we all see the news stories on television of domestic abuse—and all too frequent—fatalities. In Nevada, the statistics are quite shocking: nearly one of every two women will experience domestic abuse in her lifetime. Joy Orlich has arranged for Kristen Kennedy, executive director of the Domestic Violence Resource Center to share with us what they are doing to fight this often silent crime.

As TCC women we can collectively make a difference through both community awareness and philanthropy. At the September luncheon featuring award-winning author Todd Borg, we raised \$195. I like to call our luncheon fundraising the power of the fork. We end September with a “fundraiser in a glass” at Abby’s bar on Fourth Street raising funds to address Nevada’s critical nursing shortage through scholarships. The event’s proceeds will be reported in next month’s newsletter—along with photographs by Kendall Brown.

None of this happens without our membership. I always say that we have the most amazing group of “can do” women. We recently recognized Bev Waldron as a Lifetime Member—with 25 years. Bev has served as club president twice—in two different decades—and is currently serving on the board as a director. We have several new members—Joy, Robin, Chrystine, Jill, and Kendall—jumping in and bringing new perspectives.

I look forward to seeing you in October. Purple is definitely not my color, but I hope you will join me in wearing purple to acknowledge and show support of domestic violence survivors and the work of advocates.

Kimberly Elliott

THOUGHT FOR THE MONTH

“Be yourself and you will always be in fashion.”

Lucky Numbers
3, 18, 22, 28, 45, 54

Fortune Cookie

MEET THE MEMBERSHIP

We’ve started a wonderful new feature—video chats with our membership.

Our first two volunteers were Joy Orlich, this year’s VP of Programs and Kendall Brown, the club’s publicity coordinator. Attendees of the September luncheon saw the video’s premiere.

If you were unable to attend the luncheon in September, you can view it by scanning the QR code below. Then scroll down to “Meet the Members.”



OCTOBER 12TH | TCC’S LUNCH & LEARN

Domestic Violence Awareness Month

The numbers are shocking—almost one in every two women—44% of Nevada women will experience domestic violence in their lifetime. Join the TCC on October 12th for a presentation by the Domestic Violence Resource Center’s (DVRC) Executive Director Kristen Kennedy for an eye-opening look at the increasing number of hotline calls and need for overnight shelter in our community. Learn what the DVRC is doing to advocate for victims of abuse.



Domestic violence is different from other random crimes because a perpetrator and victim are not strangers. Instead they are intimate partners, family members or parents of common children—which binds a victim to his or her perpetrator. October was first declared as National Domestic Violence Awareness Month in 1989. Since then, October has been a time to acknowledge domestic violence survivors and be a voice for its victims. ■

OCTOBER’S LUNCHEON FUNDRAISING BENEFICIARY

Domestic Violence Resource Center



DOMESTIC VIOLENCE
Resource Center

The Domestic Violence Resource Center (formerly the Committee to Aid Abused Women) provides free services for people experiencing family violence. Founded in 1977 by Joni Kaiser, it was the first domestic violence program in Nevada. As a leader in domestic violence advocacy, its mission is to, “Rebuild safe and hopeful lives for victims of family violence.” With access to support groups, housing options and legal referrals, those who visit the DVRC for help are able to start rebuilding their lives immediately. ■

PROGRAM CORNER | TELL A FRIEND

We have a terrific lineup of luncheon programs that you won’t want to miss! In November, we turn our attention to Reno’s housing shortage. Monica DuPea, executive director of the Nevada Youth Empowerment Program teamed up with builder, Bob

Lissner, to create the GenDen, a creative housing solution pairing seniors with young adults to provide companionship and services for older residents and job skills training for young adults.

Our December, February, and March programs feature

fascinating stories about Nevada and Nevadans, and we’re planning a special treat for you at our April Philanthropy luncheon. ■

Joy Orlich
VP—Programs

2023-24 Luncheon Programs

November 9th	<i>Gen-Den: Affordable Housing for Youth and Seniors</i>
December 14th	<i>“Wild Nevada”—Lessons Learned with Program Host Chris Orr</i>
January 11th	<i>Libraries Under Fire</i>
February 8th	<i>Three Divorcees—They Came and They Stayed</i>
March 14th	<i>Growing Up at the Nevada State Prison</i>
April 11th	<i>Philanthropy Program</i>
May 9th	<i>Spring Basket Raffle (Charter Day Celebrating 130 Years)</i>

IMPORTANCE OF TCC’S EFFORTS TOWARD NURSING SHORTAGE

This past session Nevada’s lawmakers passed SB 375 allocating \$20 million over the next two years to increase the number of nursing faculty and graduates at seven state nursing programs — in an effort to address the state’s troubling nursing shortage.

According to a report from the Nevada Hospital Association earlier this year, Nevada’s nursing workforce is in “crisis.” Nevada needs thousands more nurses to get up to the national average of registered nurses per 1,000 jobs. Burnout among nurses has been a driver of the shortage, but it is also difficult to recruit nursing faculty because of the low pay and additional educational requirements beyond the clinical setting.

“A lot of nurses become nurses because they want to take care of patients,” said June Eastridge, the nursing school dean at Nevada State University. “To try to get the more experienced and talented nurses to then become educators ... That’s a hard sell.”

The funding will allow the schools to add 30 more faculty, student support staff, and new equipment to their programs.

Truckee Meadows Community College, which will receive more than \$500,000 in SB 375 funding each year, has also had trouble hiring nursing faculty. The school has had four vacancies open for years, said Julie Ellsworth, the dean who oversees the college’s nursing program.

The school plans to use the first year of funding to get its faculty level up to the normal levels, with plans to hire four additional faculty the following year. The school’s salary for a nursing instructor is \$80,000.

“That’s not very competitive for a master’s in nursing,” Ellsworth said.

SB 375 was not the only nursing legislation to pass this year. Legislators also passed AB 45, which creates a program to repay student loans for health providers (including nurses) working in underserved communities.

The TCC began awarding scholarships in 1898. Since 2012, the TCC has funded a nursing scholarship each year at TMCC. ■

Robin Mercer
VP—Philanthropy



“The measure of the worth of an organization to its community is found in its ability to embrace opportunities for service.”

TCC 2023-24 Fundraising Beneficiaries

TCC Nursing Scholarships		65.00
September	League to Save Lake Tahoe	195.00
October	Domestic Violence Resource Center	
November	Nevada Youth Empowerment Program	
December	PBS Nevada	
January	Friends of the Library	
February	Historic Reno Preservation Society	
March	Nevada Women’s History Project	
April	Nevada State Museum	
		\$260.00

MEMBERSHIP REPORT—NEW LIFETIME MEMBER

As of September 3, 2023, the current membership is 53. This represents a net loss of one member, Mary Ann O'Donnell, who passed away on July 28. Mary Ann was both a LIFE member and a Past President. She had been living in Texas with her daughter.

The Membership Packets were emailed on Wednesday, September 13. If you did not receive the email or if you are having any issues with it, please contact me and I will get the packet to you.

For those of you who did not attend the September lunch, Beverly Waldron was awarded her LIFE Membership.

Congratulations to Bev and a big *Thank You!* to her for all she has done for the organization during the past 25 years.

Bev is currently a director and is a Past President—serving as president in two different decades! She managed the Bridge Group for many years. She has been a great contributor.

Our membership numbers continue to be a challenge. Along with the Membership Packet this year we included the schedule of luncheon programs and charities that are planned for the coming year.

You can use the schedule to plan and invite lunch guests based on their interests. Our lunches are our best recruiting tool, so please continue to invite your friends to our lunch meetings. ■

Peggy Slattery
VP—Membership

CELEBRATING BIRTHDAYS IN OCTOBER



Did you know that babies born in October have the potential to be more athletic, live longer lives, and be elected to the Oval Office? More U.S. presidents have been born in October than any other month. October has two birth flowers the marigold and sunny cosmos—and, two birthstones: tourmaline and opal. Known for their excellent taste, their judiciousness, and charismatic personalities celebrating birthdays this month are:

Jan Browne, Jane Chapman, Sandra Macias, and Jan Watson

Wishing you a day filled with happiness and a year filled with joy. Happy Birthday!

FROM THE TCC'S COOKBOOK

Crab Stuffed Baked Potatoes

- 1/4 lb. fresh crab meat (or 1 small can crabmeat)
- 4 medium-sized baking potatoes
- 1/4 cup half and half
- 3 tbsp butter or margarine
- 1/2 tsp parsley
- Salt and pepper to taste
- 1/2 cup grated cheddar cheese (optional)



Scrub and bake whole potatoes. When cooked, cool slightly and cut in half. Scoop out potato shells and mix potatoes with half and half, butter, parsley, and seasonings. Mash thoroughly. Fold crab meat into potato mixture and heap lightly into scooped out shells. Top with grated cheese and bake at 300 degrees for approximately 1/2 hour.—Mrs. James Lorigan (1964 Edition)

FROM THE ARCHIVES: NEVADA STATE JOURNAL



January 27, 1905

The ladies of the club discussed matters tending to the “upbuilding of the Riverside metropolis.”

2023-2024 OFFICERS

PRESIDENT
KIMBERLY ELLIOTT

1ST VP-PROGRAMS
JOY ORLICH

2ND VP-PHILANTHROPY
ROBIN MERCER

3RD VP-MEMBERSHIP
PEGGY SLATTERY

SECRETARY
JILL NAVARRETTE

TREASURER
JAN BROWNE

DIRECTORS

RONI NICORA
(2022-2024)

BEV WALDRON
(2023-2024)

ROBERTA GERBER
(2023-2025)

TATJANA VUKOVIC
(2023-2025)

APPOINTEES

KENDALL BROWN
PUBLICITY

CHRISTINE KLETT
PHILANTHROPY CHAIR

TRICIA MURRAY
POWER POINT DESIGN

BARBARA OPPIO
CORRESPONDING
SECRETARY

TCC BOARD ACTIONS AND ACTIVITIES

Board Learns What’s New at the CFNN

The board is welcoming guest presenters at its meetings to keep abreast of the changes at our club’s affiliates such as the Community Foundation of Northern Nevada (CFNN). In 2016, the TCC established a donor-advised fund—the TCC Legacy Fund—at the CFNN. In September Lauren Renda, philanthropic advisor, updated the board on what’s new at the CFNN. Firstly, the new name, the CFNN has been serving Northern Nevada communities since 1998—so changing the foundation’s geographic name from “Western Nevada” to “Northern Nevada” seemed fitting. After two decades, president and CEO Chris Askin retired and Eric Dunkelberger has succeeded him. Despite the new name and leadership, their mission remains the same. Lauren, who also happens to be a TCC member, shared information about the foundation’s new fund portal that allows donors to view account activity (much like your bank account). She discussed needs they are seeing in the community. The dominant needs in the community are related to mental health, affordable housing, and educational access. This information will be important to the board when they consider this year’s TCC Legacy Fund awards.

LYSOL IN THE GARDEN? GARDENING ARTS NEWS & COMING EVENTS

Our own master gardener and “Rose Whisperer” Diane Coons kicked off the first meeting of Gardening Arts on August 24th. She shared practical tips for the selection and care of roses. Did you know that you should disinfect your shears with Lysol spray before pruning your roses? Who knew?

Here’s a recipe for Rose Cocktail—no you don’t drink it—but it will make your roses very happy.

Rose Cocktail

1 cup Gypsum
1 tbsp Kelated Iron
1 tbsp Soil Sulfur
1/4 cup Epsom Salts

Apply 1 cup per plant in Jan/Feb, Apr/May, Aug/Sep:
never past October.

Mark your Calendar!

Thursday, October 26th @ 3:00 to 5:00 p.m. **Harvest Home—Fall Floral Arranging with Bridget**

Ever wonder what to do with old spaghetti sauce jars? They are a great start to making a festive fall floral arrangement.

While anyone can plop a handful of flowers into a vase, repurposing mason jars adds a little more home style. It’s easy to learn how to arrange flowers in a vase and make it look like a professional’s work. Once you learn the basics, flower arranging can be both fun and simple.

Join us for a hands-on floral design class with Bridget of Awesome Blossoms—get her expert tips on creating and maintaining beautiful and creative arrangements. This step-by-step class will help you put together your own floral arrangement to take home. \$85 per person. Proceeds to benefit TCC’s Nursing Scholarship Program.

Thursday, March 28th @ 9:30 to 10:30 a.m. **Planning a Spaghetti Garden with Katelyn**

Our guest speaker will be Katelyn Brinkerhoff with the UNR Cooperative Extension. Katelyn is a master gardener and statewide coordinator of the UNR Cooperative Extension. She will help you plan your own recipe garden. Let your favorite meals and recipes inspire a custom-designed garden. Why not start by growing your own spaghetti sauce ingredients in a themed garden? Whether you have a 6 by 6 foot garden bed or patio containers, you can grow delightful fresh ingredients to any recipe. Learn what plants to include and how companion plants can maximize your garden.



Thursday, April 25th @ Time TBD (to allow travel) **Guided Tour: Sol Cannabis (Washoe Valley)**

Nevada is home to many businesses. We blend the iconic golden-hued paint that is used on the Golden Gate Bridge and fabricate diving boards that are used by Olympian athletes—so it’s no surprise that we are home to the most awarded cannabis dispensary and greenhouse. Sol Cannabis lobbied the State of Nevada to allow greenhouse cultivation relying on our state’s plentiful natural resource—the sun. Join us for a private tour of this state-of-the-art greenhouse where more than 30 different strains of cannabis are grown.

Gardening Arts meets on the 4th Thursday of the month (dark November through February) to explore Reno’s gardening arts lifestyle. The group is chaired by Kimberly Elliott. ■

GARDENING ARTS PRESENTS



HARVEST HOME
FALL FLORAL
ARRANGING CLASS

THURSDAY OCTOBER 26TH		FROM 3:00 TO 5:00 IN THE AFTERNOON
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\$85 per person

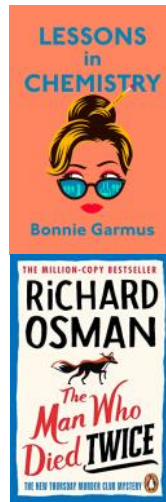
All supplies and fresh flowers will be provided by Awesome Blossoms to design your own fall arrangement to take home.

Swill Coffee & Wine | 3366 Lakeside Court, Reno Nevada

EXERCISING THE BRAIN: TCC'S BOOK & BRIDGE CLUBS

Thank you so much Kimberly for leading our August discussion of "Remarkably Bright Creatures"...even though you disliked the book.

In advance of Domestic Violence Awareness Month—our September 20th discussion was the historical fiction novel "The Lost Apothecary" by Sarah Penner. In a narrow, dark alley of eighteenth-century London, a mysterious woman dispenses well-disguised poisons used by abused women against the oppressive men in their lives. Two hundred years later, one of her phials emerges from the mud of the Thames connecting her life with that of a modern historian Caroline Parcellwell. As she broadens her research, Caroline's life collides with Nella's and Eliza's in a stunning twist—and not



everyone survives.

In October, Roni Nicora will lead a discussion of the best seller "Lessons in Chemistry" by Bonnie Garmus and currently a TV series on Apple.

And in November, Liz Shepard returns us to England and the Thursday murder group in "The Man Who Died Twice" by Richard Osman.

We meet the third Wednesday of the month at 10:30 a.m. at Barnes & Noble. Please join us for any of our discussions or just come to visit. I also invite any of you who would like to form an evening book club or another genre to contact me. *Barbara Oppio* ■



TCC BRIDGE GROUP AT PLAY

On October 6th the TCC Bridge Club will meet at the home of Jan Browne—4025 Bitter Creek Court, Reno. The Bridge Group meets on the 1st Friday morning of each month. Play begins at 10:00 and ends at 2:30 in the afternoon. Each player contributes to the prize pot distributed at the end of the afternoon to the winners. The Bridge Group proudly donated funds to the TCC's Nursing Scholarship Fund in 2022-23. The Bridge Co-Chairs: Joan Brick, Roberta Gerber and Jane Chapman. ■

Photography: Kendall Brown



LUNCHEON MEETINGS

The Twentieth Century Club meets September through May on the second Thursday of each month. Check-in and socializing begins at 11:30 a.m. with the luncheon service and program starting at noon. The meetings are held at the Atlantis Casino Resort which is conveniently located at 3800 South Virginia Street, Reno, Nevada.

For more information about the Club's activities and upcoming programs, please visit the website at twentiethcenturyclub.org.



Twentieth Century Club

**October 12, 2023
Lunch & Learn**

October is domestic violence awareness month. Join the TCC on October 12th for a presentation by the Domestic Violence Resource Center's (DVRC) Executive Director Kristen Kennedy for an eye-opening look increasing number of hotline calls and need for overnight shelter in our community. Learn what the DVRC is doing to advocate for victims of abuse.

Thursday, October 12, 2023
11:30 a.m. Check-in • 12:00 p.m. Luncheon and Program
Lunch \$35.00 Per Person

Pasta Atlantis or Chef's Choice Vegan

Tiramisu

Roasted Regular & Decaffeinated Coffee, Specialty Teas & Iced Tea

Payment or cancellation must be received by noon on Friday, October 6, 2023.
Mail reservation to: Jan Browne, Treasurer TCC, 4025 Bitter Creek Court, Reno, NV 89519

Member Name: _____ Phone: _____

E-mail Address: _____

Menu (Please circle choice): Pasta Atlantis Chef's Choice Vegan

Guest Name: _____ Phone: _____

E-mail Address: _____

Menu (Please circle choice): Pasta Atlantis Chef's Choice Vegan

Raffle Ticket Pre-Orders

To save you a trip to the ATM, we are offering the opportunity to purchase raffle tickets with your luncheon reservation.

Tickets are: 6 for \$5 12 for \$10 24 for \$20 Number of _____ tickets at \$ _____

Please add your luncheon order: Number of _____ lunches at \$35.00 \$ _____

Enclosed is my check made payable to Twentieth Century Club for: Total: \$ _____



Optional Program Support: Domestic Violence Resource Center

This luncheon's beneficiary is the Domestic Violence Resource Center. Yes, I would like to help the organization rebuild safe and hopeful lives for victims of family violence. Enclosed is my check for _____ payable to the: Domestic Violence Resource Center.