

4STEPS Therapeutic Riding Program

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January 2023

Dear Riders, Parents, and Caregivers and Volunteers,

It's time to start planning for our 2023 riding season. Your 2-legged and 4-legged friends at 4STEPS look forward to serving with you and fulfilling the needs for recreational riding and equine assisted learning activities in the coming year. The Early Spring Session begins the week of March 5th.

Help us plan our 2023 sessions by completing the attached registration forms and sending it back to the office. A Program Calendar is also attached. Please keep for your scheduling.

<u>All participants should update their application and physicians referral form.</u> Go to our website at www.4stepstrp.org and print one out. PLEASE MAKE SURE IT IS ON FILE BEFORE THE BEGINNING OF THE SESSION. THANKYOU!

SESSION POLICIES: The Participant's manual can be found online at www.4stepstrp.org

Lessons take place on Tuesdays, Wednesdays, Thursdays, and Saturdays mornings and afternoons. Contact the office to reserve your special time with our AMAZING horses and staff.

Adaptive Riding (mounted) – Our program offers skill-based instruction in which students learn progressively at their own pace ultimately obtaining independence in the saddle. **Fee** - The cost of a 6-week riding session is \$240. Because we know that it is a hardship for families to pay for multiple participants, we offer siblings a reduced rate. Call for family rates and to discuss agency group rates.

Equine Assisted Learning Activities (unmounted) - Offered for individuals who are unable or unwilling to horseback ride but still enjoy spending time with the horses and learning about horsemanship. Program includes grooming, feeding, learning natural horsemanship and spending quality time with the animals and staff. **Fee** - The cost is \$180 for a regular 6-week session.

HORSEPLAY Adaptive Summer Camp (offered when grant funding is available) -

HORSEPLAY offers a safe and integrated horse experience for children with disabilities and their families. Horseplay camp varies depending on availability of funding. The immersion in nature with horses is a unique experience and allows for families to be together in a tribe of other families and caregivers. Contact for more information.

MAKE ARRANGEMENT FOR PAYMENT IN ADVANCE. All services require registration and payment up front to reserve spots. Riders unable to pay the session fee should apply for tuition assistance. If you are working with an agency for funding we will provide you an invoice upon request.

Inclement Weather and Adverse Conditions - If the weather is adverse for conducting lessons on your scheduled lesson date or time the instructor may cancel the lesson. However, the weather on the Eastern Shore is often different in one place than in another. Lessons may be cancelled if the conditions at the farm are adverse, therefore if the weather where you are is inclement do not assume the lesson will be cancelled.

Make-up Lessons. Makeup classes must be scheduled *during the current session* or arranged otherwise with the instructor. Makeup classes will be offered subject to availability of the instructor, horses and staff. Please call the office to make arrangements.

4STEPS THERAPEUTIC RIDING PROGRAM REGISTRATION FORM 2023

Participant's Na	ime				
Phone		_ email			
	e preferred day and scheduling during		•	• -	rence. If you
Early Spring	Late Spring	Summer 1	Summer 2	Early Fall	Late Fall
PAYMENT INC	CLUDED WITH F	REGISTRATIO	N FORM: \$		
Military Monda Tuesday AM Wednesday AM Thursday AM Saturday AM	[Tuesday afternoon (after school/work) Wednesday afternoon (after school/work) Thursday afternoon (after school/work) Saturday afternoon			
SCHOLARSHIP I	REQUESTED Ye	esNo			
If you would like	e to be considered	for tuition assis	stance, please p	rovide the infort	mation below.
Describe your n	eed for assistance				
Describe how th	ne participant will	benefit from eq	uine assisted ac	tivities	



4STEPS Program Calendar 2023

Please keep for planning

Winter Break and Program Planning Jan 1 – Mar 5 No Lessons

New Participant and New Volunteer Orientation Saturday February 25 11AM-1PM

Volunteer Training Saturday March 25 1PM—4PM Planned activities include safety procedures, role playing, and ride rewards

Early Spring		Mar 5 – Apr 16	6 weekly lessons				
Late Spring		April 18 – May 28	6 weekly lessons				
Saturday May 14 Mother's Day Open House							
Tribute to our Moms, our Friends, and our Families							
Early Summer		June 6 –July 2	4 weekly lessons				
Summer Recess (July 4- Jul 9) no lessons							
Late Summer		Jul 11 - Aug 6	4 weekly lessons				
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Summer Camp 1 (August 8 – 13)							
Summer Camp 2 (August 15-20)							

Volunteer Appreciation Thanks to our Volunteers Sunday Aug 6
Please help make this a special day for our hard working and dedicated volunteers!

Back to school Recess and Fall Planning (Aug 21-Oct 1) No Lessons

New Participant and New Volunteer Orientation (Saturday Sept 30th 11AM – 1PM)

Volunteer Training (Saturday, Oct 14th 1:00 – 4:00pm)

Planned activities include safety procedures, role playing, and ride rewards

Early Fall	Oct 3–Nov 12	6 weekly lessons			
Halloween Walk-Ride-a-thon Fundraiser (October 24-31)					
Late Fall	Nov 14 – Dec 31	6 weekly lessons			
		No Lessons on			
		Thanksgiving and			
		Christmas Days			