## Colorguard Sizing Guide

1. Chest - Measure around the body at the fullest part of the chest, under the arms, and with the arms down and relaxed.
2. Waist- Measure around the waist at the narrowest point (usually just below the belly button).
3. Hips - Measure around the hips at the widest point.
4. Girth - Measure from edge of left shoulder, down the front of the body, through the legs, up the back of the body, and to the edge of the right shoulder.

Female

| Size | Bust | Waist | Hip | Girth |
| :---: | :---: | :---: | :---: | :---: |
| $2 X S$ | 29 | 24 | 30.5 | 55.5 |
| XS | 31 | 26 | 32.5 | 57 |
| SM | 33 | 28 | 34.5 | 58.5 |
| MD | 36 | 31 | 37.5 | 60 |
| LG | 39 | 34 | 40.5 | 61.5 |
| XL | 42 | 38 | 43.5 | 63 |
| 2 XL $^{*}$ | 46 | 42 | 47.5 | 65 |
| 3 XL $^{*}$ | 50 | 46 | 51.5 | 66 |
| 4 XL $^{*}$ | 54 | 50 | 55.5 | 67 |
| 5 XL $^{*}$ | 58 | 54 | 59.5 | 67.5 |

*2XL-5XL will incur additional charges

## SYNCED UP

 PR@DUCTS

Male

| Size | Chest | Waist | Hip |
| :---: | :---: | :---: | :---: |
| 2XS | 33.5 | 29 | 33 |
| XS | 35.5 | 31 | 35 |
| SM | 37.5 | 33 | 37 |
| MD | 40.5 | 36 | 39 |
| LG | 43.5 | 39 | 42 |
| XL | 46.5 | 42 | 45 |
| 2XL* | 50.5 | 46 | 48 |
| $3 \times L^{*}$ | 54.5 | 50 | 52 |
| 4XL* | 58.5 | 54 | 56 |
| 5XL* | 62.5 | 58 | 60 |

* 2 XL- 5 XL will incur additional charges

