

**Jaz Family Sport & APSK Martial Arts Academy**  
**April 22nd 2024 Spring Schedule**  
**3701 E Southern Ave. Mesa Az. 85206 480-924-1545**  
 www.apskmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parents MMA 4:30-5:15p		Parents MMA 4:30-5:15p			All Saturday classes must confirm
4:30-5:15 pm Tots 4-6 year old	4:30-5:15 pm Tots 4-6 year old	4:30-5:15 pm Tots 4-6 year old	4:30-5:15 pm Tots 4-6 year old	4:30-5:15 pm Tots 4-6 year old	9am-10am *Weapons Ask if you can attend
5:30-6:15 pm Kids all ranks 7-10 years old MMA, Forms, Tumbling - JuJitsu	5:30-6:15 pm Kids all ranks 7-10 years old MMA, Forms, Tumbling - JuJitsu	5:30-6:15 pm Kids all ranks 7-10 years old MMA, Forms, Tumbling - JuJitsu	5:30-6:15 pm Kids all ranks 7-10 years old MMA, Forms, Tumbling - JuJitsu	5:30-6:15 pm Kids all ranks 7-10 years old MMA, Forms, Tumbling - JuJitsu	Private classes available by apt.

6:30-7:15p Parents & Kids MMA		6:30-7:15p Parents & Kids MMA		
6:30 - 7:15pm White - Black 10 to Adult & Family	6:30 - 7:15pm White - Black 10 to Adult & Family	6:30 - 7:15pm White - Black 10 to Adult & Family	6:30 - 7:15pm White - Black 10 to Adult & Family	*6:15-7:30 pm White - Black Kids-Teen & adult All Rank (Competitors Only) *Demo & Tournament Team
*715 - 7:45 pm White - Black MMA, Sparring	*7:15-8:15 PM Floor C-2 Teen & Adult Grappling/BJJ	*715 - 7:45 pm White - Black MMA, Sparring	*7:15-8:15 PM Floor C-2 Teen & Adult Grappling/BJJ MMA, Sparring	

Attention Students: Want more classes? Ready to take your training to the next level?

Than ask about our Black Belt Club Program!

\* Requires an extra fee and/or extra equipment

Want To Improve Faster?

All APSK Instructors are available for private lessons. Schedule them through the front desk

Note to students: Bring your Full Uniform and All your equipment to every class.

Equipment is available for purchase at the APSK Pro-Shop!

Demo & Tournament Team	*Weapons	* Spar & Kick Box, S-D
Interm.-Adv Kenpo MMA	Parent Classes	Grappling/BJJ
	Beginners MMA-Kenpo	