



1 teaspoon HeatYourMeat™  
1/2 cup of your favorite yellow mustard  
1/2 cup of your favorite real honey  
Mix ingredients thoroughly and allow to chill  
for at least 1 hour!  
\*Same rule applies!!!  
The longer it sits the hotter It gets!!!

This one is AWESOME on Ham and Pork!!!  
Hot Honey Mustard Wings  
-Place chicken wings and drum sticks in a  
gallon zip bag and cover with Hot Honey Mustard.  
-Allow to marinade overnight.  
-Grill low and slow until desired doneness!  
-Enjoy!!!