



MILL BAY GARDEN CLUB NEWSLETTER

Website: www.millbaygardenclub.com Email: mbgcnewsletter@gmail.com

MAY 2016

Next Meeting

May 24, 2016

The May meeting of the Mill Bay Garden Club will take place on Tuesday, May 24th at 7:00 pm at the Mill Bay Community League Hall, 1001 Shawnigan Mill Bay Road. Doors open at 6:30pm.

Participate in library, plant sales, raffle, brag table, question & answer period, members forum, etc. Socialize over coffee and goodies, and enjoy and learn from our monthly guest speaker!

May Speaker:

Dan Jason

"The Power of Pulses"



For those who are committed to increasing self-reliance and supporting locally available food sources, pulses are often an over-looked source of ethical protein.

Dan Jason, owner of Salt Spring Seeds, is a long-time advocate of pulses. Dan will provide tips on how home growers can grow and save their own delicious, vividly-hued heirloom beans, peas, chickpeas, favas, and lentils.

As well as being incredibly versatile in the kitchen, pulses are also rich in fibre, high in vitamin B, gluten-free, and remarkably low on the glycemic index.

Dan will have his book **"The Power of Pulses"** for sale at the meeting.



May Brag Table Theme

"Ready to Show"

With plant and flower identification and commentary provided by Barb Kohlman (club member & Master Gardener), the Brag Table is a great part of our monthly meetings. A way to share what's going on in your garden and ... a chance to win the prize awarded randomly to one of the participants!

May Kitchen Duties:

Dianne Regan

1 litre of 2% milk:

Linda Nelson

Cookies/Goodies:

Janice Moseley; Ann Baty; Penny Jones

Kitchen Helpers:

Cecile Healey; Cori-Lee Fisher

Set up/Clean Up:

Kathy Code; Bernie Juurlink; Kathy Edmunds; Marion Johnston

REMEMBER TO BRING YOUR MUG !



President's Report

I hope everyone is enjoying this lovely gardening weather and the wonderful pink and orange hues, with some purple, that seem to be dominant at the moment. They are so pretty that I am not obliged to see the weeds that are lurking underneath!

As I was wandering around my garden I was noticing that some of the specimens I often enter in the Flower and Garden Show were in bloom and would be over by show time. There were some buds not opened yet so I gave those a gentle talking to and told them to hang on so they would be perfect for 28th May. I hope they will oblige! Ajay gave an excellent talk on preparations for showing last month but if you have any questions there will be time in the Members' Forum section for you to ask them. - so please do as it helps everyone else.

This is the last 'formal' meeting of the year as the June one will be the AGM which will be held in Bobbie Burns lovely garden on Tuesday, 28th June. It is in the Newsletter, and Cori-Lee will also be sending a special notice out about it nearer the time.

Good news! Most of the Executive positions for the next year have been filled but Mary Vandenberg is hoping that someone will come on as Vice-President.

Take the time to enjoy your gardens, and other people's and gloss over the weeds.

Pip Woodcock

ATTENTION CLUB MEMBERS !!



ALL borrowed books and magazines **MUST** be returned to the Library at this month's meeting on May 24th

PLEASE !!

.... And thank you :-)

Janice Rose (your friendly Librarian)

Vice-President's Report

Wow, I can't believe it's May already! The AGM is coming soon. That's when the elected positions are voted on.

We are still looking for three volunteers to fill positions (see below) for next year.

All positions involve two meetings a month: the second Tuesday for the executive meeting (usually at the president's house) and the fourth Tuesday for the General meeting.

The Executive and Committee are a great bunch of people who generally spend a lot of time laughing and joking. J Honestly, they get a lot done in a very relaxed and informal atmosphere.

- **Vice-President**

As vice-president you will be organizing speakers for the coming season. I already have leads on quite a few speakers that you could follow up on. Or, you can find other speakers and follow your interests!

I was surprised, it's not that hard to find speakers! Then, you help them get set up and introduce them at the meeting.

- **Raffle**

The duties for a third raffle person will be to help sell tickets, gather prizes, stand in when Janet or Bobbie are not able attend. But most of all have fun with Janet, Bobbie, and our club members and executive.

- **Membership**

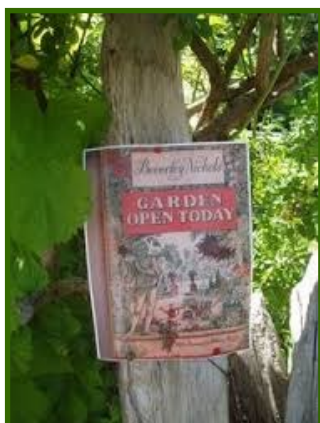
Membership greets and enrolls New Members and renewals. You keep track of them on a spreadsheet. The updated spreadsheet is then sent to the Newsletter and the President. Really, that's about it.

Open Gardens:

We currently have offers from two members to open their gardens to us. Thank you so much! Details are in this newsletter.

Are you thinking about sharing your garden with us? Let me know and we can set up a date and let club members know.

Happy gardening -
Mary Vandenberg



69th Community Flower & Garden Show 2016 Report

The Community Flower and Garden Show is on May 28th at the Cobble Hill Farmers Institute Hall. This is one of the major events of our Mill Bay Garden Club. Remember to bring your flowers and vegetables for display to the Hall on Friday May 27 between noon and 7:00 p.m. We are also looking for volunteers to place 6 roadside signs advertising the Show during the week of May 22nd.

Bernie Juurlink
Flower & Garden Show Chair



69th Community Flower & Garden Show 2016 SILENT AUCTION REPORT

SILENT AUCTION ITEMS

We are still looking for donations for our silent auction. Even if your donation cannot be delivered to me prior to the meeting or the event, it would be most helpful if you could provide me with the completed form by email, ahead of time.

Glad Roth

Raffle Table Report

APRIL RAFFLE NEWS

Thanks to the following Club Members for your generous donation and time:

Al Mikalishen - Fun garden sign
Marie Cooke - Handy key hanger

And with appreciation to the following local businesses:

Shar-Kare - 50lbs of dolomite lime & a beautiful rose bush
Serious Coffee - bucket of coffee grounds for the compost
Farm Girl's Moisturizer (*Proprietor: Effie Henry, henryandjonesgrassfedbeef.com*)



Your Raffle Team : Janet Abbott, Bobbie Burns and Carmel Haley

Thank you! everyone for supporting the MBGC Raffle

Plant Sales Table



Clearance Sale!

There will be lots of bargain plants at the meeting this month for a pre-sale before our big, amazing, Flower & Garden Show and sale on May 28th !

Monika Morgan:)

Social Media

"Share" the **COMMUNITY GARDEN & FLOWER SHOW** posting on our Facebook page at

www.facebook.com/millbaygardenclub

to help promote our flower show this year and encourage your friends to come and enjoy all the activity of this event maybe even submit an entry or two!

*Pauline Dueck
FaceBook Coordinator*

Cards

by Mary Gale



If you know of someone in the club who is sick, or in hospital please let Mary Gale know and she will send a card on behalf of the Mill Bay Garden Club.

Name Tags for Club Members

Order your permanent name tag from our treasurer,
Marie Cooke

There are two options available:

Pin-backed: \$7.50 or **Magnetic: \$10.50**

Gardening Tips

for June 2016

by

Barb Kohlman, Master Gardener



Finish planting out bedding plants..... or start if that is the case!!!!!!

Water and feed containers and hanging baskets on a regular basis, and dead-head to maintain good flowering through the season.

Sow perennials and biennials (columbines, delphiniums, oriental poppies, lupines, foxgloves and campanulas) for next season.

Check roses for blackspot (though there may be less with our dry weather) and pick off and destroy diseased leaves.

Mulch around your plants to help retain moisture - compost is best but fine bark mulch can be used as long as you sprinkle an organic, high nitrogen fertilizer under it. I use Borden's organic mix from Borden's Mercantile in Victoria.

Fertilize bulbs that have finished flowering, especially alliums - they are heavy feeders.

Prune spring flowering deciduous shrubs - lilacs, weigela, mock orange when they finish flowering and fertilize - Borden's again!!

Cheers barb k

Mill Bay Garden Club
General Meeting Minutes
Tuesday April 26, 2016

President – Pip Woodcock

- 7 p.m. Call to order.
- Motion to accept March 22, 2016 meeting minutes.
 - Moved by Janice Rose
 - Seconded by Al Mikalishen
 - Passed
- AGM – Will be held at Bobbie Burn's
- Syrian refugee family in Satellite Park is looking for gardening help and advice.
- Sylvan Church Spring Fling 10am – 2pm
S a t u r d a y M a y 7th, 2016
Fran Benton and Pip will be in attendance to promote MBGC and answer plant questions.
- Cairnsmore Place Volunteer Gardeners' Plant Sale, Saturday May 7 10am–1 pm, 250 Cairnsmore Street, Duncan.
- CVGC garden tour Wednesday June 22 to Victoria will include gardens at Government House, Cordova Bay, Cadboro Bay and more.
- Cowichan Green Community is looking for gardens to add to their Edible Garden Tour, Saturday, July 9th, 2016.
- Richard requires a ride home to Shawnigan this evening. A member volunteered to drive him.
- Cowichan Valley Rhododendron Society plant sale at the Cowichan Valley Garden Fair, Saturday April 30, 2016, 10:00am to 2:00pm, free admission.

Vice President – Mary Vandenberg

- Tonight's speaker is Connie Thompson of Connie's Dahlias, Nanoose. Lots of tubers for sale. \$5/tuber – size, height and photo on front of each package.
- Open gardens - contact Mary to arrange a date. Elaine Scott's garden will be open to MBGC in June.
We have vacancies for the positions of:
- Vice President for a one year term, following year will become President.
 - Secretary
 - Membership
 - Raffle – one more person required.
 - WebsiteContact Mary or Pip.

Treasurer – Marie Cooke

- \$1870.85 balance.

- Name tags available for \$8 or \$11 for a magnetic name tag.

Newsletter – Cori-Lee Fisher

- Nothing to report

Membership – Arlene Dench

- 2 renewals.
- 3 guests.

Website – Kerry Davis

- Kerry will provide free lessons for anyone who would like to update the MBGC webpage.
- Marie Cooke volunteered.

CFGS - Bernie Juurlink

- CFGS May 28th, set up May 27th.
- Entries for the show - Ajay will demonstrate how easy it is.
- 15 signs available to members whose properties have high traffic visibility. Signs to be put in place Sunday May 22nd.
- Merv & Glad Roth are looking for 45 donations from members for the silent auction. An additional 10 items will come from merchants and 15 items from vendors.

Library – Janice Rose

- 2 new books
 - *Food Plants of Native First Peoples* by Nancy Turner
 - *Gardening at the Dragon's Gate* by Wendy Johnson.
- 2 new issues of Fine Gardening magazine
- The book entitled "Trees" is back on the shelves.
- Last time to borrow books will be at May's meeting. Keep them for the summer, return them at September meeting.

Plant Sales – Monika Morgan

- Lavender, geranium, rhubarb, horseradish.
- Plantaholic plant sale held last weekend.

Historian – Mary Gale

- Cards sent to:
 - Kathy Code
 - Gail McIntyre - new hip
- Thank you for the card MBGC gave to me while in hospital.

(cont'd next page)

Mill Bay Garden Club
General Meeting Minutes
Tuesday April 26, 2016 (cont'd)

Facebook – Pauline Dueck

- Pauline is promoting CFGS. Send posts to your friends.

Member's Forum

- Ajay gave us a demonstration on how to display entries for the CFGS.
- At noon on Friday May 27th, volunteers will begin accepting entries. The idea is to participate, not on the awards. Judges look for continuity of form. There are 4 copies of the Standards Manual in our library.
- \$.50/entry, entries from children under 18 are free. Vases supplied.
- Conditioning – cut entries for display the morning of the show. Immediately immerse greenery in water to wash off any dust, dirt, pollen, etc.
- Keep flowers hydrated. There will be buckets of water available.
- CVGC Spring Flower Show & Tea, Saturday May 14, 1pm – 4pm at St. Peter's Church Hall. \$4-admission, \$4-tea. Judged show.

Brag Table – Barb Kohlman

- April Theme – Parade of Colour

Coffee Break

Raffle – Bobbie Burns

- Thank you volunteers.
- Rusticana – dolomite lime.
- Grand Prize – rose bush from Shar-Kare.
- Mystery prize donated by Al Mikalishen.
- Farm Girl lotion, \$20 value.
- Coffee grounds from Serious Coffee.
- Keyholder donated by Marie Cooke.

Speaker – Connie Thompson, Connie's Dahlias, Nanoose.

- Dahlias are native to Mexico.
- Visit Connie's facebook page for many photos and how to videos.

Meeting adjourned 9:00pm.

***** Help for Syrian Family -- Satellite Park *****

Please consider assisting with garden supplies for a Syrian Family of 8 in Satellite Park. The family is excited at the prospect of growing their own plants and vegetables and has already planted a herb garden but would benefit from some starters, any mesh/farm fencing and posts you have lying about, any building materials for raised beds, and some big containers for herbs etc.

Thank you from Michelle Redfern at the Cowichan Intercultural Society. Please contact her at: michelle@cis-iwc.org or 250-748-3112

MILL BAY PLANTAHOLICS 2016 PLANT SALE

The Mill Bay Plantaholics: Ali Morris, Barb Kohlman, Sharon Martin, Noreen Carver and Elaine Scott would like to thank all of those wonderful Mill Bay Garden Club members who helped us to have a very successful sale. We made \$2,652 so \$1,326 goes to support a young woman in Malawi to complete her secondary school education and the same amount goes to Somenos House in Duncan.

- ◇ Thank you to all of those members who helped us to advertise the sale.
- ◇ Thank you to Pauline Dueck for putting the sale on Facebook and to Cori-Lee Fisher for including information in the Garden Club newsletter.
- ◇ Thank you to Norman and Gwen Redcliffe and Janice Moseley who donated plants to the sale.
- ◇ Thank you to Monika Morgan, Bernie and Barb Juurlink and Lyn and Jim Wisnia for helping us to set up the day before.
- ◇ Thank you to Bernie and Barb Juurlink, Monica Morgan, Doreen Wheeldon, Ron Martin, Cecile Healey and Mary Ames who helped us on the day of the sale.
- ◇ Thank you to all of you who came to the sale and bought plants.

Your help was greatly appreciated.



REMINDER !!!

MBGC Annual General Meeting and Potluck Dinner

JUNE 28, 2016, 6:00 PM !!

Where: Garden of Bobbie Burns

- Bring:**
- * Potluck dish for dinner table
 - * Beverage of your choosing
 - * All dishes/cutlery you require
 - * Chair to sit on (tables provided)

Other: Create and wear a garden-themed "hat". Prizes awarded! (Theme to be posted in next month's newsletter)



Upcoming Events



Mill Bay Garden Club's
69th Annual
**Community Flower
& Garden Show**
"Gardening for Mind,
Body and Soul"

Saturday, May 28th 2016
9am to 2pm
Cobble Hill Hall
3550 Watson Ave., Cobble Hill

Exhibits accepted Friday, May 27th 2016, Noon 'til 7pm

Inside: Flower & Vegetable Show, Silent Auction,
South Cowichan Healthcare Auxiliary Strawberry Tea
Outside: Plant Sales, Gardening Workshops, Commercial Plant
Vendors, Garden Accessories, Master Gardeners

Admission: \$2.00
Children free

- ✦ Show brochures available at: Buckerfield's, Dinter Nursery, Valley Vines to Wines, Thrifty Foods and Country Grocer
- ✦ A donation from the Show proceeds will be made to the CMS Food Bank
- ✦ For more information visit: www.millbaygardenclub.com

Upcoming Events, cont'd



MILL BAY GARDEN CLUB PLANT SALE

MAY 28, 2016. 9-2

AT THE COMMUNITY FLOWER AND GARDEN SHOW

Your plant sale committee (Barb Kohlman, Mary Gale, Margo Johnston, Lorraine Little, Heather Jenkins, Pat Stevens, Ruby Armour, Sharon Martin, Mary Vandenberg, Ali Morris, Fran Benton and Elaine Scott) want you to think about what plants you are going to donate to the plant sale, pot them up, label them and make sure that they look great. As you know, the money that the Club makes from the plant sale helps to support our contributions to projects ongoing in our Community. Our club is very community minded and the sale is important to us.

This year we are hoping that we get loads of plants for the sale. We kindly ask you to refrain from donating invasive plants. Sometimes you may not realize that your plants are invasive. The Committee will help you out there and remove any plants from the sale that it considers to be invasive.

The plants should be delivered to Elaine Scott's home **between May 24 and May 26 only**. The Committee will be organizing the plants on May 27 so we do need them a couple of days before then.

Please only deliver the plants on May 24, 25 or 26 as then Elaine can ensure that they are watered.

If you have any questions please feel free to contact Elaine Scott.

Thank you one and all !

The Market @ The Barn - Cobble Hill

1438 Fisher Road

Friday, May 27th: 6 - 9pm

Saturday, May 28th: 10am - 2pm



We are a new community market, located at the new barn with the red roof, 1438 Fisher Rd, behind the Cobble Hill Fairgrounds. Each event will feature over 40 eclectic local vendors.

We are an all inclusive market, and welcome artisans, farms, craftpersons, and home based businesses. Each market is balanced to provide a selection from each category.

You will also want to enter our door prize draw - Winner takes it all vendor door prize pack, a gift from every vendor. And if you're hungry, Vancouver Island Event Catering is on site with their awesome burgers, poutine, fish 'n' chips and eastern menu. Or if you feel like a sweet - Island Mini Donuts made to order hot, so yummy.

Visit our site: <https://www.facebook.com/The-Market-at-The-Barn-Cobble-Hill-1677157902522637/> for more info.

Upcoming Events, cont'd

MILL BAY GARDEN CLUB - OPEN GARDENS

Elaine Scott and Ian Rogers

Saturday, June 4th from 1 pm until 5 pm

Elaine and Ian began this garden about fifteen years ago. At that time the property was covered with broom and blackberries and was a very hot sunny spot. The front garden is ornamental and covers about 2/3 acre. It includes a pond which is fenced but the rest of the garden is open to the deer. The garden is watered via soaker hoses and each area gets about 1 ½ hours of watering a week. Bark mulch has been used extensively to reduce the loss of water via evaporation and also to suppress the weeds. Although this was originally a hot dry sunny slope the trees have grown up over the intervening years and provide some shade areas.

The vegetable garden is in the back area and is fenced to keep out the deer. It includes about eighteen raised beds and provides vegetables most of the year. A small greenhouse is used for propagation and holding tender plants over the winter.

The Kersten Family

Sunday, June 12th from 10:00 am until 4:00 pm



Living outside:

Over the past 4 years, with big excavators and many hours, we transformed a wild and rugged property into a plant oasis, with entertainment and outdoor living driving us. More than 6000 plants were planted in about 8000 sqft of plant bed. Over 1200 sqft of pond was built, divided into a swimming pond that rivals many chlorine pools and a plant/filter pond.



Multiple seating areas were created, including 2 outdoor cooking areas, both with a BBQ, and one with an authentic Napolitano wood burning fire place, good for weekly pizza parties. 2 gazebos with Green Roofs (Sedum) were built, as well as a fully outfitted outdoor bathroom, overlooking the planted pond and waterfall.



Upcoming Events, cont'd



22nd Annual Cowichan Valley Garden Tour

Sunday, June 5, 2016
10am to 4:30pm
Tickets \$20

Tickets are available
In Duncan
Buckerfield's
Dinter Nursery
Volume One Bookstore
and
Family Life Thrift Store

In Mill Bay--Third Addition Gifts & Toys
In Chemainus--Russell Farms Garden Centre
and Sandpiper Garden & Glass
In Nanaimo--Long Lake Nursery
In Colwood--Garden Works
and **in Victoria**--Elk Lake Garden Centre,
Dig This-Oak Bay, Dig This-Broadmead

Please call our office 748-8281 or visit
cowichanfamilylife.org for more information.



2016 Quadra Island Quilt and Garden Tour

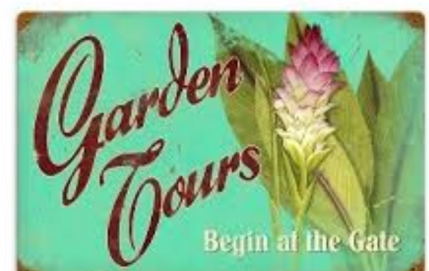
Saturday June 25 and Sunday
June 26
10 am - 4 pm

This is a self-guided tour of 11 gardens many displaying beautiful quilts. This year 8 of the gardens are in Granite Bay. The gardens are a unique blend of new homes and old homesteads, growing food accented by flowers.

Tickets: \$15.00 Good for both days and can be purchased on Quadra Island at:

- Tourist booth (up the road from the ferry on the right)
- Inspirations (in the plaza at the top of the hill)
- Works of H'Art (in Heriot Bay)

If you wish more information please contact Bev at johnbev@gicable.com



Upcoming Events, cont'd

The Mill Bay Garden Club received a warm invitation from Jennifer Urquhart of the Point Roberts Garden Club to attend their 14th bi-annual garden tour. See details below:

The 14th Point Roberts Garden Tour

Sunday, June 26, 2016

10:00am and 4:00pm

This tour, which is self-guided, includes afternoon tea and live music from 1pm to 4pm at the Point Roberts Community Center on Gulf Road. The tour, which is biennial, is usually in July, but in response to the early Spring, it has been moved up to late June and promises to be spectacular.



This year, there will be nine unique gardens to visit. From a garden designed to compliment a 1920's cottage barged to the Point from New Westminster, to a true English garden by the seaside, to a low maintenance slope-side gem, the gardens are a testament to their owners' vision and care. Gardens returning to the tour include favorites from past years—an artist's palette of pinks, blue and lavender; an Asian-inspired peaceful oasis hidden behind a privacy fence; and what has been termed one of the great emerging Northwest Coastal perennial gardens. Some of the gardens are close to the sea, which make their unique approach to design facing sun, wind and salt, worth the visit alone.

Ticket prices are C\$20 or US\$15 per person and are available at the Blue Heron Gallery and Nielson's Home Building Center in Point Roberts, Harris Nursery (Ladner, BC) or Sunnyside Nursery, (Tsawwassen, B.C). Visitors are reminded that a passport or enhanced drivers license is required to cross the border.

Tickets will also be available the day of the tour up until 2pm at 79 Tyee Drive, on the right, shortly after crossing the border into Point Roberts, and at the Blue Heron Gallery, 1360 Gulf Road and Nielson's Building Center, 391 Tyee Drive. No tickets will be sold after 3pm in order to give visitors enough time to tour the gardens.

Each ticket includes a map of Point Roberts clearly marked with the locations of the tour gardens, the afternoon tea, and restaurants for those who wish to have lunch.

More information about the tour is available on the Garden Club's website:

www.pointrobertsgardenclub.org and on its Facebook page.

Directions:

Point Roberts, WA, is a peninsula located due South of Tsawwassen, B.C. From Highway 99, turn West onto Highway 17, and then left onto 56th Street and follow the road until it ends at the border. From the Island Ferries, take Highway 17 East, turn right on 56th Street and continue to the border.

