## MHH Club Outings Check List

### Sign-in/waiver sheet

- O Stress: need for a contact number & not 911
- o Review sign-in looking for guests
- o Guest: take aside, welcome and if prepared for this hike & special concerns they may have.
- o Keep sign-in sheet with you on the hike

### Introductions

- o Inform your expectations as to hike route, length, difficulty, pace, identify sweep & roles
- Guest: Introduce them and let others introduce themselves

# • Size/grouping:

- Wilderness groups max GA 12, NC 10 if needed place time between groups
- O Ability: group lead, trail or more if needed each must have leader and sweep.
- Shuttle considerations required if grouping.
- o If carpooling: they decide you cannot assign.

#### Safety

- Designate a sweep.
- o Remind that each responsible for their own medical first aid.
- o Let you know if medical concerns they may personally have
- Location of nearest medical facility
- Water and food needs
- O Any known hazards for this hike Ex> poison ivy, briars, etc.
- $\circ \qquad \hbox{Hunting Season everyone needs bright orange}.$
- o If needed: hiker leaves trail leave pack on the trail and sweep will wait for them.