

P DAILY PLANNER

Jot down your plan, let it motivate you.

20....



DR ARINOLA ARABA 2024
ACKNOWLEDGEMENTS: DESIGNS FROM CANVA

My Goals in 20....

Professional Goals

- _____
- _____
- _____
- _____
- _____

Personal Goals

- _____
- _____
- _____
- _____
- _____

Health Goals

- _____
- _____
- _____
- _____
- _____

Financial Goals

- _____
- _____
- _____
- _____
- _____

Love Goals

- _____
- _____
- _____
- _____
- _____

Passion Goals

- _____
- _____
- _____
- _____
- _____

- To Start
- Ok
- Delay
- Stuck
- Cancel

WEEKLY

Planner

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES

Weekly Meal

Planner

MONDAY

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TUESDAY

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WEDNESDAY

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THURSDAY

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FRIDAY

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SATURDAY

B
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D
S

SUNDAY

B
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D
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NOTES

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Gratitude Journal

Today I'm grateful for

Date: .../.../....

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Something that inspires me

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Today's affirmations

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Notes & Reminders

Daily Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERRYSAD ←→ VERY HAPPY

Space for Creativity

Things that I am grateful for:

My Goals and Intention:

Reflections:

What I accomplished today

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bMoneywize provides an innovative educational solution to teaching individuals financial, digital and numeracy skills in an increasingly “Cashless Society.”



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Barking Essex UK, IG11 7FN



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www.bmoneywize.co.uk

