Seeking Hormone Balance? Take the test.



PLEASE PLACE A CHECK MARK TO INDICATE ANY SYMPTOM THAT YOU ARE CURRENTLY EXPERIENCING. IF YOU HAVE

2 OR MORE CHECKS IN A BOX YOU MAY HAVE A HORMONE IMBALANCE

Low Progesterone Checklist	
PMS	
Insomnia/Waking	
Early miscarriage	
Painful and/or lumpy breasts	
Unexplained weight gain	
Cyclical headaches	
Anxiety	
Infertility	
TOTAL BOXES CHECKED	

Low Estrogen Checklist	
Vaginal dryness	
Night sweats	
Painful intercourse	
Memory problems	
Bladder infections	
Lethargic depression	
Hot flashes	
Dry Skin	
TOTAL BOXES CHECKED	

Hormone imbalances are very common and Dr. Yates helps clients with these concerns everyday. With our help, you can get back in balance.

BOOK YOUR HORMONE BALANCE CONSULTATION