

The Scoop – July 2023

From the Desk of Pastor Sadler



“Let Freedom Ring”

Dr. Martin Luther King Jr. repeatedly emphasized the phrase let freedom ring. During this revered speech he encouraged us to work together, pray together, struggle together, go to jail together, and stand up for freedom forever. In addition to the new season of summer that has sprung upon us, there are many new seasons all around us that we must contend with. It is important that we maintain courage and faithfulness to our faith and our fellowman as well as hold on to the Biblical truth that maintains our liberty, justice, and freedom is in Christ Jesus.

In John Chapter 8 verses 23-32 Jesus repeatedly referred to the truth and concluded in this passage that it is the truth that makes us free.

“²³ And he said unto them, Ye are from beneath; I am from above: ye are of this world; I am not of this world. ²⁴ I said therefore unto you, that ye shall die in your sins: for if ye believe not that I am he, ye shall die in your sins. ²⁵ Then said they unto him, Who art thou? And Jesus saith unto them, Even the same that I said unto you from the beginning. ²⁶ I have many things to say and to judge of you: but he that sent me is true; and I speak to the world those things which I have heard of him. ²⁷ They understood not that he spake to them of the Father. ²⁸ Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself; but as my Father hath taught me, I speak these things. ²⁹ And he that sent me is with me: the Father hath not left me alone; for I do always those things that please him. ³⁰ As he spake these words, many believed on him. ³¹ Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; ³² And ye shall know the truth, and the truth shall make you free, (KJV).

Join us this summer as we are now open for full in-person worship each Sunday at 10:30am for Praise & Worship which is also continued on our Zoom Worship link.

The schedule for hybrid worship and activities will continue to be published via email, The Scoop e-newsletter, posted on the website, and will continue via Zoom. The in-person worship schedule for the month of June acknowledges our anniversary celebration for this year and launches the Anniversary for 2024.

In-Person Sunday Worship Schedule (Social Distancing Observed & Mask Required)

- July 23, 2023 @ 10:30 AM Regular Worship
- July 30, 2023 @ 10:30AM Youth Academic Achievement Recognition Day
- August 6, 2023 @ 10:30 AM
- August 13, 2023, @ 10:30 AM Regular Worship
- August 20, 2023 @ 10 am Communion
- August 27, 2023 @ 10:30 AM Regular Worship

Sunday Morning Worship on Zoom 9 am

- Zoom: <https://us04web.zoom.us/j/525898236> | Audio: (301) 715-8592 | Meeting ID: 525 898 236

[In-Person Worship Opinion Survey Link](#)

Upcoming Activities Highlights

S.A.L.T. - Serving and Learning Together (Growth & Development Series) - First Saturday of Every Month at 10 am (August 5, 2023) Zoom: <https://us02web.zoom.us/j/89126764163> / Audio: (301) 715-8592 / Meeting ID: 891 2676 4163

Central Mission Union Outreach In-person Worship “No One Should Live Hungry And Homeless”: Every third Monday at 7 pm (August 21, 2023), *in person only*, at 65 Massachusetts Avenue, NW Washington, DC, 20001.

Enlightenment, Enhancement, & Enrichment: Wednesday, August 23, 2023 @ 7 pm.

The Journey

(daily, weekly and monthly worship schedules)

You are invited to join us on “**The Journey**” as we continue during our weekly, daily, and monthly virtual experiences on Zoom and the conference call numbers.

Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy

Monday – Friday at 7 am | Conference Call Number (605) 475-4000 code 1018295#

Midweek Study, Testimonies, Prayer Request & Praise Report – Wednesdays

Use Conference Call Number (605) 475-4000 code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study: [Get the current Bible Study Schedule on the Resources page](#)
- 7:00 pm: Prayer, Praise and International Sunday School Lesson Exposition
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)

Devotional Reading

[Get the current Devotional Reading Schedule on the Resources page](#)



Focus on the Family: Men, Women, Children, Service

"The News @ Noon"

Hour of Power

Every Wednesday @ Noon

Conference Call Number: (605) 475-4000, code 1018295#

Care Partners Support Group

Wednesday, August 2 & August 16, 2023 @ 1-2 PM

Conference Call Number: (605) 475-4000, code 1018295#

Youth Ministry Rehearsal

Friday before 2nd Sunday at 5:30 pm

Zoom: <https://us02web.zoom.us/j/87474748295>

Audio: (301) 715-8592 | Meeting ID: 874 7474 8295

Men and Women's Ministry Joint Fellowship: Last Friday of the Month, July 28, 2023 @ 7 pm

Zoom: <https://us02web.zoom.us/j/89126764163>

Audio: (301)-715-8592 / Meeting ID: 891 2676 4163

New Morning Star is a SHARE Food Host Site!



HEALTHIER FAMILIES ♦ STRONGER COMMUNITY

The SHARE Food Network is a non-profit, community-based organization dedicated to offering healthy, nutritious groceries at a roughly 50 percent discount to everyone on a monthly basis. Value packages cost just \$25 every month with optional Special Premium packages that can be additionally purchased."

- Get your monthly menu at church or on the SHARE Food Network website:
<https://www.catholiccharitiesdc.org/share/>
- Purchase a value package in our Church's Share Food Network envelope or through Givelify
- Make your payment by the schedule deadline date (See SHARE Calendar)

Health & Wellness Corner

By Gwendolyn Sadler, RN

Minority Mental Health Awareness

According to the Substance Abuse and Mental Health Services Administration, in 2021, it was estimated that only 39 percent of Black or African American adults, 25 percent of Asian adults, and 36 percent of Hispanic/Latino adults with any mental illness were treated, compared to 52 percent of non-Hispanic white adults...

[Read more in the Health Corner](#)

Fibroid Awareness

According to the Office on Women's Health, African American women are more likely to develop fibroids than white women. Additionally, about 20 to 80 percent of women develop fibroids by the time they reach age 50. While most fibroids may not cause symptoms, some may cause abdominal pain, heavy bleeding, enlargement of the lower abdomen, frequent urination, complications with pregnancy, reproductive problems, and more...

[Read more in the Health Corner](#)

Hepatitis Awareness

Did you know that every 30 seconds someone loses their life to a hepatitis-related illness? According to the World Hepatitis Alliance, 325 million people globally live with hepatitis, with more than 1.1 million lives lost each year to hepatitis B and hepatitis C. Yet, there are tools available to eliminate the disease by 2030, including effective treatments and vaccines...

[Read more in the Health Corner](#)

I am available for questions and assistance!

Contact: Gwendolyn Sadler, RN, BSN, CCM | gbs0229@gmail.com | (301) 922-4259

⇒ ⇒ **[Visit New Morningstar Baptist Church Website!](#)**