

The Scoop – Sept / Oct 2023

From the Desk of Pastor Sadler



"Harvest Time"

The principles of the parables of the sower and the good seed found in Matthew have inspired us to be consistent in our drive to learn of God's word and continue to walk by faith.

The seeds of faith that we have sown throughout the last three years have grown and are beginning to mature and make a difference in our church ministry. The anticipated days of hope that we now enjoy were not seen but prayed for and God has and is still answering our prayers.

I sincerely recognize the principles of sowing and reaping as recorded in 1 Corinthians 3:6 (KJV):
"I have planted, Apollos watered; but God gave the increase."

We invite you to join in the faith walk with us as we continue to explore the journey that is ahead of us by planting seeds, sowing, growing, and knowing that God will give us the increase and send us a harvest.

Join us for full in-person worship each Sunday starting at 10:30am for Praise & Worship which is also continued on our Zoom Worship link.

The schedule for worship and activities will continue to be published via email, the Scoop e-newsletter, posted on the website, and will continue via Zoom.

In-Person Sunday Worship Schedule (Social Distancing Observed & Mask Required)

- October 1, 2023 @ 10:30 AM
- October 8, 2023 @ 10:30 AM
- October 15, 2023 @ 10 am Communion Sunday
- October 22, 2023 @ 10:30 AM
- **October 29, 2023 @ 10:30 AM***

Sunday Morning Worship on Zoom 9 am

Zoom: <https://us04web.zoom.us/j/525898236> | Audio: (301) 715-8592 | Meeting ID: 525 898 236 r

*October 29 is a Special Day! Join us for

- G.L.O.W. (God Lights Our Way)
- Church Night Out
- Missionary Cold Weather Item Kickoff (drive by and drop off coats, gloves, scarfs, socks for the disadvantaged)

[In-Person Worship Opinion Survey Link](#)

Upcoming Activities Highlights



**New Morning Star Baptist Church
Community and Health Fair**

**Saturday, September 30, 2023
12 - 4:00 pm**

**Food ~ Fun ~ Health Screenings
Horseback Riding ~ Give-Aways ~ More!**

5016 Sheriff Road, NE, Washington, DC 20019

BIBLE STUDY begins for the fall starting Wednesday, September 6th, 12 noon and 7 pm. For more information, visit: <https://newmorningstarbaptist.org/bible-study>

S.A.L.T. - Serving and Learning Together (Growth & Development Series) - First Saturday of Every Month at 10 am (August 5, 2023) Zoom: <https://us02web.zoom.us/j/89126764163> / Audio: (301) 715-8592 / Meeting ID: 891 2676 4163

Central Mission Union Outreach In-person Worship *“No One Should Live Hungry And Homeless”*: Every third Monday at 7 pm (August 21, 2023), *in person only*, at 65 Massachusetts Avenue, NW Washington, DC, 20001.

Enlightenment, Enhancement, & Enrichment: Every 4th Wednesday @ 7 pm.

The Journey

(daily, weekly and monthly worship schedules)

You are invited to join us on **“The Journey”** as we continue during our weekly, daily, and monthly virtual experiences on Zoom and the conference call numbers.

Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy

Monday – Friday at 7 am | Conference Call Number (605) 475-4000 code 1018295#

Midweek Study, Testimonies, Prayer Request & Praise Report – Wednesdays

Use Conference Call Number (605) 475-4000 code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study: [Get the current Bible Study Schedule on the Resources page](#)
- 7:00 pm: Prayer, Praise and International Sunday School Lesson Exposition
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)

Devotional Reading

[Get the current Devotional Reading Schedule on the Resources page](#)



Focus on the Family: Men, Women, Children, Service

“The News @ Noon”

Hour of Power

Every Wednesday @ Noon

Conference Call Number: (605) 475-4000, code 1018295#

Youth Ministry Rehearsal

Friday before 2nd Sunday at 5:30 pm

Zoom: <https://us02web.zoom.us/j/87474748295>

Audio: (301) 715-8592 | Meeting ID: 874 7474 8295

Care Partners Support Group

First and third Wednesday of every month, @ 1 pm.

Conference Call Number: (605) 475-4000, code 1018295#

Men and Women's Ministry Joint Fellowship: Last Friday of the month @ 7 pm

Zoom: <https://us02web.zoom.us/j/89126764163>

Audio: (301)-715-8592 / Meeting ID: 891 2676 4163

New Morning Star is a SHARE Food Host Site!



The SHARE Food Network is a non-profit, community-based organization dedicated to offering healthy, nutritious groceries at a roughly 50 percent discount to everyone on a monthly basis. Value packages cost just \$25 every month with optional Special Premium packages that can be additionally purchased.”

- Get your monthly menu at church or on the SHARE Food Network website:
<https://www.catholiccharitiesdc.org/share/>
- Purchase a value package in our Church’s Share Food Network envelope or through Givelify
- Make your payment by the schedule deadline date (See SHARE Calendar)

Health & Wellness Corner

By Gwendolyn Sadler, RN

Visit the [Health Corner](#) on our website for more information about:

Healthy Aging is a national multi-media lifestyle platform designed to broaden awareness of the positive aspects of aging and provide inspiration for active men and women over age 45 to improve their physical, mental, social, and financial health. The underlying theme is that it is never too late to achieve a better quality of life. Healthy Aging is all about what you can do next, how to re-de-fine your-self at any stage, and is not about the classic image of “retirement.”

National Childhood Obesity Awareness Month. Childhood obesity is a complex disease with many contributing factors, including genetics, eating patterns, physical activity levels, and sleep routines. About 1 in 5 American children has obesity. Compared to children with healthy weight, children with overweight or obesity are at a higher risk for asthma, sleep apnea, bone and joint problems, type 2 diabetes, and heart disease.

National Sickle Cell Awareness Month. September is National Sickle Cell Awareness Month, designated by Congress to help focus attention on the need for research and treatment of sickle cell disease. Sickle cell disease (SCD) is an inherited blood disorder in which red blood cells may become sickle-shaped and harden. Sickle cell disease is not contagious, and there is no universal cure.

I am available for questions and assistance!

Contact: Gwendolyn Sadler, RN, BSN, CCM | gbs0229@gmail.com | (301) 922-4259

⇒ ⇒ **[Visit New Morningstar Baptist Church Website!](#)**